

TOWN OF BROOKFIELD

PARKS & REC

WINTER 2026 PROGRAM GUIDE



HIGHLIGHTS

- Community Ice Skating
- Adult Fitness Classes
- Rec Basketball Leagues
- After - School Programs
- Get Out of Town!
- Adaptive Programs
- Coding & Gaming
- Summer 2026 Preview



WINTER 2026

Brookfield Parks & Recreation

162 Whisconier Rd.
Brookfield, CT 06804
203-775-7310

www.brookfieldparksandrec.com

Office Hours:

Monday - Friday | 8:30am - 4:30pm

Like us on Facebook for up to date
information and announcements.

@ Brookfield, Connecticut
Parks & Recreation



This brochure contains abbreviated information on Brookfield Parks & Recreation programs, events, and policies. Full details, updates, descriptions, and registration is available online at www.brookfieldparksandrec.com.

PARKS & RECREATION STAFF:

Laura Murphy	Director, Parks & Recreation
Dan Gagne	Recreation Supervisor
Liz Gavagan Burandt	Administrative Assistant

PARKS STAFF:

Chris Rabuse	Parks Supervisor
Chris Shaw	Crew Leader
Rob Haggarty	Parks Maintainer
Mike Schaniel	Parks Maintainer
Trevor Skok	Parks Maintainer
Jordan Gilchrist	Parks Maintainer
Jack Puglisi	Seasonal Maintainer

COMMISSION:

Ed Butt, Chair	Bryan Chnowski
Renee Santiago, Vice Chair	Brian Zimmerman
Cassie Dunn	Tom Murphy
Sarah Lynch Kincade	Bradley Koch
Recording Secretary: Liz Gavagan Burandt	

Mission Statement

It is the mission of the Brookfield Parks & Recreation Department to respond to the ever-changing needs of our residents by providing the foundation for enhanced community interaction and enjoyment. To enhance the quality of life for all ages and abilities by providing healthy and affordable recreation opportunities with an emphasis on safe, attractive and well managed properties, parks, and school grounds.

WINTER 2026

Sponsorships

Brookfield Parks & Recreation has several sponsorships available to local businesses and organizations.

Summer Concert Series ✨ Cadigan Park Banners

Halloween 5k Road Race ✨ Youth Basketball League

More information is available online at www.brookfieldparksandrec.com or by

calling the office. Sponsorships for the concert series and park banners are collected in January through March. Halloween 5k and basketball sponsors are collected August to October.



Policies to Know:

Refund Policy

Refunds will not be issued once a program has begun, except under the following conditions:

A waitlist exists and a substitute can be found. A medical issue occurs, in which case a doctor's note is required. Refunds are at the discretion of the Parks & Recreation Department and will not be granted after three months from the program's end date.

Winter Weather Policy

Parks & Recreation programs will be cancelled if Brookfield public schools dismiss early or are closed due to inclement weather. For programs outside of school hours, the decision will be at the discretion of the Parks & Recreation Department.

Employment Opportunities:

Brookfield Parks & Recreation has several seasonal positions for local high school students and young adults. Must be 16 to apply for Lifeguard and Camp Counselor. Applications will be available online starting February 1st. Deadline to apply is March 15th.

Camp Counselor: Camp Counselors supervisor children, ages 4 - 13 for half and full day camps from late June to mid - August.

Gate Guard: Gate guards can be hired at 15 years old. This position works at the Town Park Beach gate checking in residents and guests.

Lifeguard: Lifeguards are responsible for overseeing the safety and operation on the Town Park Beach. Applicants must be at least 16 years old and have a valid Lifeguard certification for open water.



Special Events

Improv Comedy Show

Through hilarious skits, spontaneous songs, and audience participation, Improv for Kids encourages children to tap into their creativity, build confidence, and develop essential communication skills. The show's talented cast of comedic singer/actors create original skits and songs on the spot, improvised based on audience suggestions and participation. No two shows are ever the same! This show is free and open to the public during the Brookfield Public Schools winter break. Hosted by Walt Frasier from appearances on TV shows from Nickelodeon, HBO, MTV, Blacklist and Blue Bloods.



Day: Tuesday **Time:** 10:00am - 11:00am
Date: 2/17 **Location:** BHS Auditorium

Ice Skating at Danbury Arena

Brookfield residents are invited to Danbury Ice Arena for a free community skate! One rink is rented for residents to get out on the ice. Bring your skates from home, if you have them, and a bicycle helmet. Skate rentals are included for those who need them. Light refreshments will be provided. This is a free event, however registration is required. Open to Brookfield residents only.



Day: Saturday **Time:** 11:15am - 12:45pm
Date: 2/28 **Location:** Danbury Ice Arena

Flashlight Egg Hunt

Just for Brookfield students in grades 3-5! The 26th annual egg hunt will be held at Kids Kingdom Playground. Participants should bring their own flashlight and bag for collecting. Pre-registration and payment is required. Start time is 7:45pm sharp.

Day: Friday **Time:** 7:45pm
Date: 3/27 **Fee:** \$5.00 (\$10.00 max/family)



Annual Egg Hunt

Join the Parks & Recreation Department on the grounds of Town Hall on Saturday, March 28th, for the 27th annual egg hunt! Open to students, grade 4 and below. Bring a bag to collect. Registration is required.

Day: Saturday **Fee:** \$5.00 (\$10.00 max/family)
Date: 3/28 **Location:** Brookfield Town Hall

Time: **Ages 5 & under:** 10:00am
Ages 6 & up: 10:45am



Get Out of Town

Daytrips with Friendship Tours

Culinary Institute of America: Lunch & Taste

Experience: April 8th, 2026



The Culinary Institute of America (CIA) has provided world-class culinary training since 1946. Located in Hyde Park, NY, the CIA enrolls over 1,900 students from all 50 states and numerous countries around the world. Enjoy a full course lunch at Catarina de Medici (Italian)! After lunch, enjoy an interactive CIA experience and get an inside look into the world of food education. Participate in an interactive demonstration where you will explore the science of taste. Deluxe motorcoach transportation. Pickup and return to Brookfield Town Hall. This trip is planned in cooperation with the Brookfield Senior Center and open to adults 50 and older. Register with Amy at the Senior Center, 100 Pocono Rd. in Brookfield.

Time: 8:30am - 4:00pm **Fee:** \$170.00

Overnight Trips: Travel with Kay!

Trip Questions: Contact Kay 203-417-8699

The Hills are Alive: Maple, Mountains &

Von Trapp: June 16th - 18th, 2026



Highlights include: Cruise on Lake Champlain, Burlington Church Street Marketplace, Morse Farm Maple Sugar. Gondola Skyride, Ben & Jerry's Von Trapp Lodge Tour & Dinner, and Shelburne.

Laughs, Lakes, and Lucy: August 18 - 21, 2026

Highlights include: Travel to Jamestown, NY, home of Lucielle Ball with tours of the her significant landmarks, Lucy Desi Museum, National Comedy Center, Dinner at the Tropicana Room, local Erie winery, Chautauqua Institution, Chautauqua Belle Steamboat ride & BBQ lunch, and driving tour of Letchworth State Park.



Legends, Leaves & Locks: October 7 - 9, 2026

Highlights include: Cooperstown stay and tour Baseball Hall of Fame or Farmers Museum, Stop at the Fly Creek Cider Mill & Orchard, Adirondack Railroad ride, Great Camp Sagamore, and Erie Canal cruise.

Mistletoe & Mansions: A Brandywine Christmas:

December 1 - 3, 2026



Highlights include: Longwood Christmas at Longwood Gardens, Noel at Nemours holiday celebration, Yuletide at Winterthur Museum, and Holiday at Hagley.

Ski @ Catamount

Brookfield Day @ Catamount Mtn

Brookfield Parks & Recreation is organizing group rates for a mid-week ski trip. Enjoy discounted skiing at Catamount Mountain in Hillsdale, NY on Wednesday, Feb. 11th! Take the half day off from school or work to enjoy a day on the slopes. This is not a group trip. Residents purchase their tickets through Parks & Rec but provide their own transportation, equipment and ski on their own.

Day: Wednesday **Date:** 2/11 **Fee:** \$42.00



LIVE2SWIM Lessons

Winter Swim Lessons



Your winter swim partner is here! LIVE2SWIM SWIM2LIVE and Brookfield Parks & Recreation have teamed up to offer families an exclusive deal on high-quality swim lessons! New members will receive 25% off your first month with the code *BrookfieldParks* when registering through live2swim.us! LIVE2SWIM offers expert instructors, small classes and a warm pool that results in big confidence in the water. Register today and make this winter your strongest season yet!

Adaptive Program

Irish Dance (Sensory Friendly)



Beginner Irish Step Dancing. Classes start with soft shoe movements, steps, dances (both solo and group) and technique. Once a dancer has the basics, we can integrate more advanced movements and start hard shoe teachings. Irish Step is one of the original dances that contributed to tap and has a long history. For the tots program, parents are welcome to participate with their littles. Ballet slippers (tots) or ghillies required. Tuesday and Saturday classes offered for each age group.

Day: Tuesdays **Dates:** 2/3 - 3/10

Ages 2-4: 5:00 - 5:30pm **Ages 5+:** 6:00 - 6:45pm

Day: Saturdays **Dates:** 2/7 - 3/14

Ages 2-4: 10:00 - 10:30am **Ages 5+:** 11:00 - 11:45am

Fee: \$54.00 (ages 2-4) \$66.00 (ages 5+)

Location: SG Studio, 34 Farview Rd., Brookfield

Spring Break 2026

Tennisclubz Tennis Camp



Students, ages 6-13 are invited to join our qualified instructors and collegiate players for an engaging program focused on developing fundamental tennis skills, strokes and on-court etiquette. USTA Net Generation activities and lesson plans will guide all instruction and participants will also be introduced to Pickleball. In the event of inclement weather, a day may be cancelled and program credit will be issued.

Day: Monday - Friday **Dates:** 4/13 - 4/17

Time: 1:00pm - 4:00pm **Fee:** \$200.00

Location: Cadigan Park Tennis Courts

Summer 2026 Preview

Camp PeeWee & Bobcat



Camp Peewee (Ages 4 to entering Grade 1) & Bobcat (Entering Grades 2-5) offer a fun, friendly, and safe setting for your little one to stay active and social this summer! Campers participate in a variety of themed activities ranging from arts and crafts, story time, sports, games, special events and free play. Water Day on Wednesdays! Campers are separated into age groups.

Day: Monday - Friday **Dates:** Weekly, 6/22 - 8/14

Time: 9:00am - 12:30pm **Location:** CLES

Camp Cadicopia

Entering Grades 3-6

Camp Cadicopia is a full day camp that takes place at Cadigan Park. This is a playground style camp with lots of free time to play, create, and explore with friends. Structured activities are offered everyday including arts & crafts, group games, challenges, basketball, tennis, swimming, board games, cards, and more! Field Trips each Thursday! Pizza parties on Friday are included! Early drop-off and late pick-up options are available.

Day: Monday - Friday **Dates:** Weekly, 6/22 - 8/21

Time: 9:00am - 5:00pm **Location:** Cadigan Park

Camp Voyager

Entering Grades 6-9

This travel camp meets Monday—Thursday on select weeks. Each day is a new destination including state parks, beaches, bowling, mini-golf, movies, laser tag, trampoline parks and Lake Compounce! School busses used. Coach busses will be used for select, longer trips. This camp is staffed by experienced, college-aged counselors. Camp Voyager will run four weeks in 2026.

Dates: 7/13/26 - 8/7/26 **Time:** 9:00am - 5:00pm



Adult Art & Education

Watercolor with Victoria



Beginners and experienced artists are invited to this class, designed to meet you at your level! Participants will learn to use color in exciting ways: the group will focus on color theory, learn to mix colors with the color wheel, mix compliments, mix various grays, discuss how color can express a wide range of emotions, learn about value and intensity, and different techniques. Instructor Victoria Lange is a professional artist and has been teaching for Parks & Rec for more than 20 years. The registration fee is \$136.00 for 8 classes, 16 hours of painting and instruction.

Evening: Tuesdays, 1/20 - 3/10 ~ 5:30pm-7:30pm

Morning: Thursdays, 1/22 - 3/19 ~ 10:00am-12:00pm

Location: Senior Center (Tues.) Town Hall (Thurs.)

Zentangle



Join Kathy Phillips and discover the calming and creative art of Zentangle in this beginner-friendly class! Zentangle is a meditative drawing method that uses simple, structured patterns, called "tangles", to create beautiful, abstract artwork. You'll learn the foundations: how to create and combine patterns, use shading to add depth, work with intention and focus.

Day: Thursdays **Date:** 1/29 - 3/19

Time: 6:00pm - 7:00pm **Fee:** \$96.00

Location: WMS Room

Evening Sketching with ShawnaLee

Artists of all abilities are welcome to join our sketching class! While working from seasonal still lifes, students will put new and reinforced skills to use! Learn about media, mark making, values, perspective and more!

Day: Mondays **Date:** 2/2 - 3/30

Time: 5:30pm - 7:00pm **Fee:** \$136.00

Location: WMS Room



AI Foundations: From Curious to Confident

This 8-week beginner-friendly course breaks down the buzz and gets you hands-on with real tools like ChatGPT, Prompt Engineering, and so much more. Whether you're a professional, a recent graduate, or just plain curious, you'll leave with practical skills and powerful new confidence. No tech background required. Just bring your curiosity, we'll take care of the rest.

Day: Wednesdays **Dates:** 1/21 - 3/18

Time: 6:30pm - 7:30pm **Fee:** \$140.00

Instructor: Kristina Martinelli **Location:** WMS Room



Adult Education

4-Week Weight Loss Challenge



This challenge is for those looking to lose weight or build healthier habits! Weekly classes focus on sustainable nutrition strategies and long-term wellness. Includes pre and post challenge body fat analysis and fun weekly challenges that will keep you motivated!

Day: Thursdays

Date: 2/5 - 2/26

Time: 5:30pm - 6:30pm

Fee: \$120.00

Location: Healthy Weighs, 366 Federal Rd.

Career Building

Join Tom Mix for career building workshops this winter. Tom has over 25 years of experience as a recruiter and is passionate about empowering career success.



Resume Writing, Customizing & Job Search

Strategy Class: We'll help you create a strong resume that stands out and develop effective job search strategies to get noticed and land more interviews.

Date: 2/23

Time: 6:00 - 7:30pm

Fee: \$75.00

Training on Interviewing Preparation & Salary

Negotiation Class: Gain the confidence to excel in interviews and negotiate the compensation you deserve, turning stressful situations into empowerment and a successful outcome.

Date: 3/16

Time: 6:00 - 7:30pm

Fee: \$75.00

Parliamo in Italiano

Focusing on conversational Italian, students will learn the language through immersion and explanation of classical grammar. Each class will have a portion on a cultural lesson, such as holidays or Italian historical elements. Some knowledge of basic vocabulary and grammar is recommended for the advanced beginner class.



Elementary: Tuesdays, 1/27 - 3/24 **Fee:** \$144.00

Adv. Beg.: Thursdays, 1/29 - 3/19 **Fee:** \$144.00

Time: 6:30pm - 8:00pm

Location: WMS Room

Instructor: Chrys Prip

Adult, Child & Infant CPR/AED/First Aid



This course covers CPR/AED and basic first aid for adults, infants and children with hands-on practice and real-life scenarios. Upon successful completion, participants receive a American Health & Safety Institute Certification in Adult and Pediatric CPR/AED with Basic First Aid and hard case pocket mask.

Day: Saturday

Date: 3/7

Time: 9:00am - 2:00pm

Fee: \$119.00

Instructor: Charles Teich

Location: Town Hall

5

Adult Fitness

Dust off your Dancing Shoes!



Are you someone who used to dance and now feel like something is missing? Whether you stopped dancing a year ago, or 20 years ago, it is always a good time to jump back in! Join Alison DiPinto, a modern dancer of 35 years, to help you find that joy once again...because a dancer's got to dance no matter their age! Some knowledge of dance technique is required. Class will include a yoga inspired warm-up, modern/contemporary across the floor and center combinations that will have your body feeling good!

Day: Wednesday

Dates: 1/21 - 3/11

Fee: \$88.00

Time: 6:00pm - 7:00pm

Location: BHS Cafeteria

Instructor: Alison DiPinto

Functional Strength & Balance



Instructor Cassie Dunn leads this class geared towards helping individuals, ages 55+, maintain strong and healthy bodies as they age. Using dumbbells and body weight exercise, each class will work on upper and lower body strength, stability, balance and core strength for a full body workout.

Day: Mondays

Dates: 1/26 - 3/23

Fee: \$96.00

Time: 5:30pm - 6:30pm

Location: Brookfield Senior Center

Adult Yoga

Beginners welcome! This mixed level class strings together in a flowing, vinyasa style sequence of breath and movement. Class is infused with balance work and optional challenges; modified for all levels.



Day: Tuesdays

Dates: 1/27 - 3/24 (no class 2/17)

Fee: \$88.00

Time: 5:00pm - 6:00pm

Instructor: Sharon Poarch RPT, RYT-200

Location: Candlewood Lake Elementary

Indoor Pickleball



Stay on your game this winter! Two indoor courts will be setup weekly at Candlewood Lake Elementary School. Limited space available for each time slot. Players register for six weeks, no drop in. Open play with others, round robin style. No instruction is provided, gameplay only. Indoor courts with temporary lines are used.

Day: Tuesdays

Dates: 3/3 - 4/7

Beginner: 5:30pm—6:45pm

Fee: \$60.00

Intermediate: 6:45pm—8:00pm

Adult Fitness

Tai Chi Quan for Beginners



Tai Chi Quan is a fist system (Chinese boxing) that blends softness with energetic movement in accordance with the theory of Yin and Yang energies. The slow gradual movements are rooted in ancient traditional Chinese medicine to help reduce stress, increase balance, core strength and greatly improve overall health. Suitable for everyone regardless of age or physical condition.

Day: Mondays

Time: 6:30pm - 8:00pm

Tai Chi II: 1/26 - 3/23 (no class 2/16)

Tai Chi III: 4/6 - 6/8 (no class 4/13, 5/25)

Fee: \$136.00

Instructor: Vinny Candela

Location: Candlewood Lake Elementary School

Simply, Slowly, Stretch



Increase your flexibility and strengthen muscles that support your back and core! Through standing postures and floor work, use the resistance of your own body to gently increase your flexibility, strength & stability. Modified for all fitness levels.

Day: Tuesdays

Dates: 1/20 - 3/17

Time: 5:30 - 6:30pm

Fee: \$88.00

Instructor: Phyllis Babuini

Location: Brookfield Senior Center

Train for a 5k

Are you interested in running a 5k road race (3.1 miles)? Join Cassie Dunn in a group setting for a series of training runs this spring. Each participant will be given an individualized workout schedule with new routines as you progress. Work towards running the Mother's Day 5k on 5/10. Race registration is separate. All levels of fitness welcome! Meet at BHS track.

Day: Saturdays

Dates: 4/4 - 5/9

Fee: \$72.00

Time: 8:00am - 9:00am



Open Gyms

Open Gyms are open to Brookfield residents, ages 18+, and their guests. \$5 payable at the door. Open gyms are cancelled when Brookfield Public Schools cancel classes or dismiss early for weather. Other dates may be cancelled at any time due to school programs or athletics.

Open Volleyball



Wednesdays, 7:30pm - 9:00pm at WMS ~ Last day 4/8

Open Basketball



Mondays, 8:00 - 9:30pm at BHS ~ Last day 3/23

There is no open gym on 1/19, 2/16.

YOGASPACE



YogaSpace classes take place at
YogaSpace, 78 Stony Hill Rd., Bethel, CT.

Classes below: \$99 (six classes over nine weeks)

Dates: 9 weeks ~ Jan. - Mar. ~ Starts after 1st class.

Full class descriptions available online.

Intro Pass



Take any three classes over 30 days. Pass activates after first class. \$36.00. Full schedule available at www.yogaspaces-ct.com/schedule.

Yoga Basics

The perfect series for beginners or someone who is looking to bring their yoga "back to basics"! Discover foundational poses, tailored to your ability, alongside breathing techniques and relaxation methods. Engage in mindfulness, stress reduction and energy awareness. No prior experience necessary. Mixing and matching of days is allowed.

Day: Tuesdays **Time:** 9:30 - 10:45am

Day: Saturdays **Time:** 10:00 - 11:15am

Yin Yoga: Deepen your Practice

Designed to revitalize the body and mind. Experience a serene blend of physical and mental relaxation, guiding you into a meditative state, culminating in a serene seated meditation. Class focuses on postures targeting muscles around the hip, pelvis and lower back. All levels welcome.

Day: Tuesdays **Time:** 7:30 - 9:00pm

LYT Yoga

The LYT method was created to help Yogis find freedom through smarter, safer, and sustainable movement patterns that challenges mentally and physically in an enjoyable way. All abilities welcome!

Day: Mondays **Time:** 9:30 - 10:45am

Day: Wednesdays **Time:** 7:30 - 8:45pm

Day: Saturdays **Time:** 8:30 - 9:45am

Day: Sundays **Time:** 10:30 - 11:45am

Pre/Post Natal Yoga



Join this nurturing class, tailored to support women's bodies during and after pregnancy. Discover poses suitable for this stage, along with meditation and breathing techniques fostering concentration, relaxation and renewed energy. Connect with fellow moms and, building a special bond with your baby. Permission from your doctor is recommended.

Day: Tuesdays **Time:** 6:00 - 7:15pm

Parks & Recreation...The Benefits are Endless

YOGASPACE

Art of Meditation

Join a 4-week meditation course ideal for beginners as well as experienced practitioners seeking deeper insights. Discover inner stillness, understand meditation's values, and reap benefits like restored balance, enhanced calmness, improved health, concentration, productivity, joy, creativity, and purpose. Experience life through improved meditation.

Day: Tuesdays

Dates: 1/13 - 2/3

Time: 6:00pm—7:00pm

Fee: \$69.00



Yoga Freedom Pass

Explore a variety of classes! \$99.00 ~ Take any six classes over nine weeks from Jan. - Mar. Full schedule available at www.yogaspaces-ct.com/schedule.

FIT 4 YOU

Fit•For•You
training your way

Fit 4 You classes take place at

Fit 4 You Studio 355 Federal Rd., Brookfield, CT.

Beginner Reformer

Discover the fundamentals in a supportive, small-group setting designed for those new to the reformer or looking to build a strong foundation. Learn the basic principles, beginner level exercises, proper alignment, and how to use the reformer safely and effectively.

Day: Wednesdays or Thursdays **Fee:** \$140.00

Date: 1/21 - 2/11 & 1/22 - 2/12 **Time:** 6:30pm - 7:15pm



Pilates Mat

This open level class is safe and accessible for all fitness levels. Pilates Mat focuses on improving core strength, flexibility, and mobility to help in everyday life. Focus on basic principles and proper alignment will provide a total body workout.

Day: Mondays

Date: 1/26 - 2/16

Time: 4:30pm - 5:15pm

Fee: \$80.00



Pilates +

A high-energy fusion class designed to tone, lengthen, and strengthen from head to toe. This dynamic workout blends the core-focused precision of mat Pilates, the sculpting power of barre, and the strength-building moves of light resistance training. Expect low-impact, high-burn sequences that challenge balance, and build deep muscle endurance. Suitable for all levels.

Day: Saturdays

Date: 1/24 - 2/14

Time: 9:00am - 9:45am

Fee: \$80.00

Tot Programs

Preschool Soccer with USA Sport Group

Winter session now offered at Candlewood Lake Elementary School! USA Sport Group offers soccer programs for ages 2.5 to 4.5 years. Squirts and Parent-Assisted Squirts will be offered on Saturday mornings. Full details and registration available online at www.usasportgroup.com.



Day: Saturdays **Dates:** 1/10 - 2/21

Ballet for Tots

This class introduces children, ages 3-5, to the beginning of ballet exercises in an energetic, creative, and nurturing way. Students learn about the world of dance through exercises that enhance musicality, performance and coordination. This is a drop-off program. All dancers must be potty trained.



Day: Mondays **Dates:** 1/26 - 3/23

Time: 10:30 - 11:30am **Fee:** \$120.00

Instructor: Tatiana Prip

Location: Congregational Church, 160 Whisconier Rd.

Creative Kids Programs

Creative Kids programs are designed and run by Jessica Lutrus, a certified former elementary school teacher with 20 years of experience in both elementary and preschool education.



Fun with Food ~ Storytime Snacks: A fun introduction to food! Each class includes story time, hands-on activities, and a healthy snack! Parent & child class.

STEM & Sensory Play ~ Little Lab Adventures: Explore & experiment! Each class includes story time, STEM activity, sensory play and exploration stations. It's hands-on and full of fun - the perfect way for curious minds to explore and play!

Day: Tuesdays **Dates:** 1/27 - 3/10 **Fee:** \$150.00

Fund with Food: 9:45 - 10:30am

STEM & Sensory: 11:15am - 12:00pm



Creative Movement for Tots!

This 4-week program is all about developing your child's gross motor skills while fostering coordination, balance and independence. Each week, a new theme and skill focus will unite the children in movement designed to help your tot learn social skills in a playful way! The program is led by Dani Gelfand at Prince of Peace.

Day: Tuesdays **Time:** 12:15 - 1:00pm

Dates: 1/20 - 2/10 **Fee:** \$90.00

Music Lessons

Guitar Lessons



Have fun learning the fundamentals of guitar from talented local singer, songwriter, and guitarist! Frank Enea, creator of "The Night Begins to Shine" and character on "Teen Titans Go!", offers lessons. Playing guitar is a lifelong hobby and assists in a child's development, instills confidence, inspires creativity, and yeah, it's cool too! These one on one lessons are customized to meet the students own goals and skill sets. Register with Parks & Rec. Lesson times scheduled with Frank.

Lessons: Four, 30-min. lessons **Fee:** \$220.00

Drumming Lessons

Face the Music Together(!) with Don O'Keefe, private drum instructor and Berklee College of Music Alumni with over 40 years experience performing and teaching. He believes that anyone who is willing to put in the time can become a proficient drummer! Don can offer you or your kids the proper guidance on a musical journey! For information and to set up a lesson, visit Don's website or email below.

Website: www.facethemusicitogether.com

Email: facethemusicitogether@yahoo.com



Martial Arts

Intro to Taekwondo ~ Ages 4 & up



Master Kris focuses on respect and the love of the family. Taekwondo teaches much more than kicks, punches, and defense. It can also help children focus, become peaceful, and gain the confidence needed in school and life in a fun way! Registration through Parks & Rec is for first time students only. Uniform included. Teens adults are welcome! Class day and time options listed at www.wctbrookfield.com.

Fee: \$149.00 **Location:** WCT, 317 Federal Road

Carlson Gracie Brookfield Jui-Jitsu



Are you ready to start your jiu-jitsu or judo journey? Join us at Carlson Gracie Brookfield Team, where we offer a welcoming and supportive environment for all skills levels. At Carlson Gracie BJJ, you'll find a friendly atmosphere that makes learning both judo and jiu-jitsu fun and accessible. Classes for judo and jiu-jitsu are offered on multiple days each week with Sensei Marcio Alencar and Sensei Victoria Goncalves.

Fee: \$149.00 **Location:** 994 Federal Rd, Unit 1

8

Candlewood Lake Elementary After School Programs

Candlewood Lake Elementary School: After School programs are offered for students in grades K-5 at Candlewood Lake Elementary School. For your child to stay after school, parents must update their Pikmykid account each week indicating their child will stay for 'after school programs', otherwise they will be sent home on the bus. Parents pickup at the conclusion of the program, there is no transportation offered.

Full program descriptions, details and registration are available at www.brookfieldparksandrec.com

CLES After School	MON.	Intro to Taekwondo	Kids Yoga	Ballet	Fine Arts Club	
		Grades K—5	Grades 2-5	Grades K/1	Grades 3-5	
	TUES.	Food Explorers	Kids Yoga	Chess Club	Ballet	Intro to Volleyball
		Grades 2—5	Grades K/1	Grades 3-5	Grades K/1	Grades 3-5
	WED.	SPARK: Debate Club	Doodlebugs	Net Generation Tennis	KnowledgeNest STEM	Minecraft & Roblox Explorers
		Grades 3-5	Grades K-3	Grades 3-5	Grades 3-5	Grades 3-5
	THUR.	SPARK: Little Shoppers	Drawing Mixed Media	Net Generation Tennis	Creative Kids: Fun with Food	Intro to Acting
		Grades K-2	Grades K-3	Grades K-2	Grades K-2	Grades 3-5
	FRI.	Ballet	Advanced Drawing Mixed Media	Board Game Club		
		Grades 2-5	Grades 3-5	Grades 3-5		

Whisconier Middle School After School Programs

JAVA Explorers

WMS After School Program: The course introduces Java programming through fun, hands-on projects! Students learn coding basics, control structures, methods, and object-oriented programming while creating games and interactive applications. The course fosters problem-solving, creativity, and logical thinking, ending with a personal project showcase. A **Level II** class on Mondays will dive deeper into object-oriented programming, creative coding projects, and strengthen their problem-solving skills.

Days: Thursdays

Dates: 1/22 - 3/19

Time 3:00 - 4:00pm

Fee: \$120.00

SPARK: Bulls & Bears

WMS After School Program: Learn how to start investing at a young age in this fully interactive program! Build your own \$100,000 simulated stock portfolio and trade stocks like Apple, Nike or Amazon. This immersive experience empowers students with the tools and mindset for investment decisions and build a solid foundation for successful future investors.

Days: Mondays

Dates: 2/2 - 3/16

Time 3:00 - 4:00pm

Fee: \$132.00



Python Basics

WMS After School Program: Designed with a hands-on approach, the course focuses on practical coding activities using Python - one of the most popular coding languages. Students learn to write simple programs, use variables, loops, conditions, and create interactive mini-games like Rock-Paper-Scissors. Students will gain confidence in problem-solving, logical thinking, and using Python as a creative tool to bring their ideas to life.

Days: Tuesdays

Dates: 1/20 - 3/17

Time: 3:00 - 4:00pm

Fee: \$120.00

Zentangle Art Class

WMS After School Program: Zentangle is a meditative drawing method that uses simple, structured patterns - called "tangles" - to create beautiful, abstract artwork. It is a powerful tool for mindfulness, stress relief, and creative expression. If you're looking for a new hobby, a way to unwind, or a spark of inspiration, this class can offer a peaceful path to artistic exploration.

Days: Tuesdays

Dates: 1/27 - 3/31

Time 3:00 - 4:00pm

Fee: \$96.00



Youth Programs

Youth Wrestling Program

This Brookfield Youth Wrestling Program is open to boys & girls in grades 2-8. No prior wrestling experience is necessary. This program will emphasize proper techniques, strength, and coordination skills and cover all aspects of wrestling including takedowns, escapes, reversals, pinning combinations and tilts. Techniques are taught in sequence to help wrestlers learn and understand.

Program led by Josh Levine, USA Wrestling Certified.

Days: Mondays & Thursdays **Location:** WMS

Dates: 1/5 - 2/9 (no class 1/19)

Grades 2-4: 5:30 - 6:30pm **Fee:** \$100.00

Grades 5-8: 6:45 - 8:15pm **Fee:** \$120.00



Net Generation Tennis

WMS After School Program: This program is open to beginner and intermediate players on a path to develop their tennis skills. It is highly interactive with constant participation. USTA Net Generation games and lesson plans are used. Program held in the WMS small gym. Bring your own racquet or borrow one from the instructor.

Days: Tuesdays **Dates:** 1/20 - 3/10

Time: 3:00 - 4:00pm **Fee:** \$108.00



Rec Basketball ~ Grades 6-12

Rec basketball for boys & girls in grades 6+ begins the first Saturday in January. Evaluations are held the first two weeks and teams are formed by our supervisors. Each Saturday, teams practice for 30 minutes followed by a 1-hour game. Game times vary depending on overall enrollment and may differ from the times listed below.

Boys ~ Grades 6/7: 8:00am or 9:30am

Boys ~ Grades 8/9: 11:00am or 12:30pm

Boys ~ Grades 10-12: 2:30pm or 3:45pm

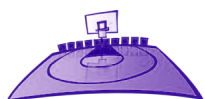
Girls ~ Grades 6-9: 12:00pm or 1:30pm

All practices and games take place at Brookfield High School and are officiated by IAABO certified officials.

Rec leagues rely on adult volunteer coaches who are vital for the leagues to run. If you are able to assist as a coach, please let us know at the time of registration.

Day: Saturdays **Dates:** 1/3 - 2/28

Times: Varies by age **Fee:** \$115.00



Affinity Esports Programs

Minecraft Builders:

CLES After School Program: Participants will explore the dynamic worlds of Minecraft, developing skills like teamwork, communication, problem-solving, and adaptability through engaging activities over five classes.

Day: Wednesdays **Dates:** 1/21 - 2/25

Time: 3:45 - 5:15pm **Fee:** \$130.00



Esports Foundations: Fortnite

Gaming Foundations gives players a structured introduction to competitive gaming, teamwork, and strategy through Fortnite gameplay over five classes.

Day: Wednesdays **Dates:** 1/21 - 2/25

Time: 5:30 - 7:00pm **Fee:** \$130.00

Content Creation & Live Streaming

CLES After School Program: Students learn on-camera presentation, storytelling, recording, editing basics, and safe online practices over five classes.

Day: Wednesdays **Dates:** 3/11 - 4/22

Time: 3:45 - 5:15pm **Fee:** \$130.00

Game Creation & Coding

A beginner friendly class where kids ages 7-13 learn to build their own games, strengthen problem solving skills, and have fun creating with technology over five classes.

Day: Wednesdays **Dates:** 3/11 - 4/22

Time: 5:30 - 7:00pm **Fee:** \$130.00

Competitive Esports Club Teams

Join the world of competitive gaming! Affinity hosts club teams in Fortnite, Smash Bros. Ultimate, Marvel Rivals, Minecrafts Bedwars, Rocket League, and Valorant! Registration for competitive teams is \$600 for the season. Players tryout at no charge and, if selected, register for the season. Additional information on the tryouts and seasons are available online.

Tryouts: Saturdays, 1/31, 2/7 & 2/14

- **Fortnite:** 1:00 - 2:30pm
- **Smash Ultimate:** 2:45 - 4:15pm
- **Marvel Rivals:** 4:30 - 6:00pm



Tryouts: Sundays, 2/1, 2/8 & 2/15

- **Minecraft Bedwars:** 1:00 - 2:30pm
- **Rocket League:** 2:45 - 4:15pm
- **Valorant:** 4:30 - 6:00pm

Community

Brookfield Library

Join us at the Brookfield Library this winter for a variety of social and education programs! Details and descriptions for each program can be found on the library website.

www.brookfieldlibrary.org



Houseplants for Teens: Thursday, Jan. 15th

Teddy Bear Sleepover: Friday, Feb. 6th

Take Your Child to the Library Day: Saturday, Feb. 7th

Celebrate Black History Month: Saturday, Feb. 21st

Ashurst Irish Dance: Saturday, Mar. 7th

18th Century Chocolate: Friday, Mar. 13th

The Kerry Brothers in Concert: Saturday, Mar. 21st

Brookfield Lions Club

The Brookfield Lions Club has many community events this coming spring. Look forward to our **Pancake Breakfast** at CLES on a Sunday in March. Look to social media for the exact date; **Shred Day** is scheduled for April 18 at Town Hall - after tax season; The **Memorial Day Parade** on Sunday, May 24 and **STRIDES to Cure Diabetes 5-Miler Road Race** on Sunday, June 7. Please visit our website <https://e-clubhouse.org/sites/brookfieldct/> for more information about this great volunteer organization!



Brookfield Senior Center

Join us at the Senior Center for daily exercise, life-long learning, lunch and socialization. Our membership is growing! Visit www.brookfieldct.gov/senior-center to get our up-to-date newsletter, monthly program registration and lunch registration. Feeling social? Stop in to visit us, say hello and grab the latest information.



Brookfield Arts Commission

The Brookfield Arts Commission will hold its **18th annual Brookfield Film Festival** March 26th-29th. The festival will be composed of four major blocks: Music Indie Evening, Regional Indie Afternoon, Read-Through Indie Morning, and Shorts to the Point. For more information, visit: www.brookfieldarts.org/



Youth Sports Orgs.

Brookfield Baseball & Softball Association (BBSA)



www.brookfieldbbsa.com

Registration for the 2026 season is now open! BBSA offers rec and travel programs for ages 4-15 (baseball) and softball rec leagues for ages 4-12. Details and registration online.

Brookfield Basketball Association (BBA)

Travel Basketball for grades 4-8

www.bbabrookfield.com



Brookfield Flag Football League

Registration begins February 1st.

Brookfieldffl@gmail.com ~ 770-885-8177



<https://leagues.teamlinkt.com/brookfieldflagfootballleaguecorp>

Brookfield Lacrosse Club

www.brookfieldlacrosseclub.org/

Registration for the spring season is currently open for grades 1-8, visit the website for more information and registration.



Brookfield Football & Cheer

<https://brookfieldfootballandcheer.com/>

Flag football registration will open on February 15th for boys and girls, grades 1-8. Season begins in April.

Registration for fall 2026 Football and Cheer will open in April with the season starting in July. Visit the website for more information.



Brookfield Soccer Club

www.brookfieldsoccer.org

Winter Training: Begins 1/5/26 - 2/27/26

Open to boys & girls U8-U15, includes t-shirt.

Spring Travel: Registration Deadline: 2/1/26

Open to boys & girls born between 2010-2016.

Season starts week of 3/23—weather permitting.

Spring Recreational: Registration Deadline: 3/28/26

Eligibility: born between 2011-2022, t-shirt included.

Season starts week of 4/4—weather permitting.

Full details and registration online!





P.O. Box 5106
Brookfield, CT 06804

PRSRT STD
ECRWSS
USPOSTAGE

POSTAL PATRON

BROOKFIELD, CT 06804



The Brookfield Parks & Recreation Department does not discriminate on the basis of race, color, national origin, gender, religion, age or disability in provision of programs and services. Individuals with disabilities are encouraged to register.

The Brookfield Parks & Recreation Department is complying with the Americans with Disabilities Act (ADA) Public Law 101336. The law addresses issues of accessibility of facilities and programs. Provisions of reasonable program accommodations will be made on a case-by-case basis to allow people with disabilities to participate in and benefit from programs. Documentation of disability is required when requesting reasonable modifications.

WHAT'S INSIDE...

PRESENTING THE 2026 WINTER PROGRAM GUIDE!

Inside your will find information and details on upcoming special events, trips, fitness, tot, youth, and adult programs. Information has been abbreviated for the purpose of space and printing. Full details and updates for all items listed in this brochure are available online at www.brookfieldparksandrec.com

**Program dates and times are subject to change. Please check our website for the most current information.*

Adult Art	5	Basketball	10	Music Lessons	8	Staff Information	2
Adult Education	5	Community	11	Open Gyms	6	Summer Camps	4
Adult Fitness	6-7	Get Out of Town	3	Special Events	3	Tot Programs	8
After School Programs	9	Martial Arts	8	Spring Break	4	Youth Programs	9-10