



Brookfield  
Parks and Recreation  
**2025**  
**WINTER**  
**PROGRAMS**

*203-775-7310*

BrookfieldParksAndRec.com

# WINTER 2025

Brookfield Parks & Recreation  
162 Whisconier Rd.  
Brookfield, CT 06804  
203-775-7310  
[www.brookfieldparksandrec.com](http://www.brookfieldparksandrec.com)

## Office Hours:

Monday – Friday | 8:30am – 4:30pm

Like us on Facebook for up to date information and announcements.  
@ Brookfield, Connecticut  
Parks & Recreation



This brochure contains abbreviated information on Brookfield Parks & Recreation programs, events, and general information. Full details, updates, descriptions, and registration is available online at [www.brookfieldparksandrec.com](http://www.brookfieldparksandrec.com).

## RECREATION STAFF:

Laura Murphy                      Director, Parks & Recreation  
Dan Gagne                         Recreation Supervisor  
Liz Gavagan Burandt          Administrative Assistant

## PARKS STAFF:

Chris Rabuse                      Parks Supervisor  
Chris Shaw                         Crew Leader  
Rob Haggarty                      Parks Maintainer  
Mike Schaniel                      Parks Maintainer  
Trevor Skok                         Parks Maintainer  
Jordan Gilchrist                      Parks Maintainer  
Jack Puglisi                         Seasonal Maintainer

## COMMISSION:


Ed Butt, Chair                         Cassie Dunn  
Renee Santiago, Vice Chair         Bryan Chnowski  
Holli Carl                                 Tom Murphy  
Brian Zimmerman  
Liz Gavagan Burandt, Recording Secretary

## Mission Statement

It is the mission of the Brookfield Parks & Recreation Department to respond to the ever-changing needs of our residents by providing the foundation for enhanced community interaction and enjoyment. To enhance the quality of life for all ages and abilities by providing healthy and affordable recreation opportunities with an emphasis on safe, attractive and well managed properties, parks, and school grounds.

# WINTER 2025

## Program Enrichment with The Brookfield Library!

Take your program experience to a deeper level this fall! The Brookfield Public Library  will offer a reading list coinciding with various programs to enrich your experience with a deeper level of understanding. Book lists are available on the website and will be emailed to participants when applicable.

## Instructors Wanted!



Show us what you got! Brookfield Parks & Recreation is seeking enthusiastic individuals with a passion or expertise they would like to share with the community. All proposals welcome! Program ideas include adult education, art, fitness, social groups, after school and evening youth programs among others. Proposal forms are available online, under department information or from our office.

## Sponsorships

Brookfield Parks & Recreation has several sponsorships available to local businesses and organizations.

Summer Concert Series \* Cadigan Park Banners  
Halloween 5k Road Race \* Youth Basketball League

More information is available online at [www.brookfieldparksandrec.com](http://www.brookfieldparksandrec.com) or by calling the office. Sponsorships for the concert series and park banners are collected in January through March. Halloween 5k and basketball sponsors are collected August to October.



## Policies to Know:

### Refund Policy

Refunds will not be issued once a program has commenced, except under the following conditions: A waitlist exists and a substitute can be found. A medical issue occurs, in which case a doctor's note is required. Refunds are at the discretion of the Parks & Recreation Department and will not be granted after three months from the program's end date.



### Winter Weather Policy

Parks & Recreation programs will be cancelled if Brookfield public schools dismiss early or are closed due to inclement weather. For programs outside of school hours, the decision will be at the discretion of the Parks & Recreation Department.

## Special Events

### Community Magic Show with Tom O'Brien!

Our favorite entertainer returns for a FREE community show on February 18th! Join us with friends and neighbors for a laugh with magician and comedian Tom O'Brien. Tom has performed hundreds of shows and appeared on Fox 61 and WSFB's Better Connecticut. He is a master of his craft and is superb at entertaining children and adults alike. He also teaches after school workshops for K-5 students in Brookfield. The show is open to Brookfield families.

**Day:** Tuesday

**Date:** 2/18



**Time:** 10:00am—10:45am **Location:** BHS Auditorium

### Ice Skating at Danbury Arena

Brookfield residents are invited to Danbury Ice Arena for a community skate! One rink will be rented out for you to get out on the ice. Bring your skates from home and a helmet. Skate rentals are included for those who need them. Light refreshments will be available. There is no charge for this event but you must RSVP. Plan on getting to the arena around 11:00am so you have time to enjoy the full time on the ice. Pay to park in the Patriot Garage at 21 Delay St.



**Day:** Saturday

**Time:** 11:15am—12:45pm

**Date:** 3/15

**Location:** Danbury Ice Arena

### Flashlight Egg Hunt

Just for Brookfield students in grades 3-5! The 26th annual hunt will be held at Kids Kingdom Playground. Participants should bring their own flashlight and bag for collecting. Cost is \$5 per child with a \$10 family max. Pre-registration and payment is required. Start time is 8:00pm sharp.

**Day:** Friday

**Time:** 8:00pm

**Date:** 4/11

**Fee:** \$5.00 (\$10.00 max/family)



### Annual Egg Hunt

Join the Parks & Recreation Department on the grounds of Town Hall on Saturday, April 12th, for the 26th annual egg hunt! Open to students, grade 4 and below. Bring a bag to collect. Cost is \$5 per child with a \$10 family max. Registration and payment is required.

**Day:** Saturday

**Fee:** \$5.00 (\$10.00 max/family)

**Date:** 4/12

**Location:** Brookfield Town Hall

**Time:** **Ages 5 & under:** 10:00am

**Ages 6 & up:** 10:45am



## Get Out of Town

### It's Better in the Bronx!

What a better way to explore the Bronx than with a proud Bronx native! Guided driving tour with former resident: Discover the Grand Concourse, Poe Park, Hall of Fame of Great Americans, Yankee Stadium, Belmont and of course, Little Italy of the Bronx. Sit down lunch at Ann & Tony's, a popular Italian restaurant of Arthur Avenue. In the afternoon, there is time for shopping on Arthur Avenue in the Bronx, the real little Italy of New York! Stroll the street and visit charming shops, eateries and the Arthur Avenue Retail Market, a covered Italian market bringing together all the Italian food specialties you could want under one roof. Bring a cooler! Depart/return to Brookfield Town Hall.

**Day:** Saturday

**Date:** 5/31



**Depart:** 9:30am

**Return:** 6:00pm (approximately)

### Blu Pointe & Pride of Hudson Cruise

Don't miss this amazing Sunday Brunch Buffet at Blu Pointe on the Newburgh waterfront. Blu Pointe is the premier fine dining experience in the Hudson Valley. After lunch, cruise through the majestic Hudson Highlands aboard the Pride of the Hudson from Newburgh. We'll cruise by Mt. Beacon, Bannerman Island, Storm King Mountain, Breakneck Mountain, The Catskill Aqueduct, Cold Spring & West Point.

**Day:** Sunday

**Date:** 7/20



### Lighthouse Cruise on Narragansett Bay



Cruise aboard a beautiful catamaran! This multi-million dollar vessel is state of the art: plush climate controlled interior, outside sun deck, enjoy 2 viewing levels for great views! 90 minute narrated cruise of Narragansett Bay, Rhode Island. Sail from North Kingston, RI that offers breathtaking sightseeing: 10 famous lighthouses along the coastline, sail under the Jamestown and Newport Bridges, visit the Newport Naval Base and experience Newport Harbor. Following the cruise, visit Olde Mistick Village, a delightful shopping experience with lots of options including a general store for fudge, ice cream shoppe and more!

**Day:** Sunday

**Date:** 9/14

The Brookfield Senior Center offers monthly trips (Apr.- Dec.) for residents ages 60+. For details, visit [www.brookfieldct.gov/senior-center](http://www.brookfieldct.gov/senior-center) or call 203-775-5308.

# Spring Break 2025

## Multi-Sport Camp



Stay active this spring! A multi-sport program at Candlewood Lake Elementary School will be offered over spring break. Boys and girls, grades 1-5 are invited to take part. Students will learn and play a variety of games and gym activities associated with basketball, kickball, frisbee, flag football, soccer, floor hockey and more! Students will have playground and snack time daily.

**Day:** Monday—Friday      **Dates:** 4/14—4/18

**Time:** 9:00am—12:00pm      **Fee:** \$150

**Location:** Candlewood Lake Elementary School

## Tennisclubz Tennis Camp



Students, ages 6-13 are invited to join our qualified and trained instructors and collegiate players to work interactively, learn and improve upon fundamental tennis strokes, skills and etiquette necessary to become successful players. USTA Net Generation activities and lesson plans will be used as the basis for instruction. Pickleball will be introduced. Participants should wear sneakers, athletic clothing, bring a tennis racquet, water bottle & two snacks each day. In case of inclement weather, a day may be cancelled and program credit will be issued.

**Day:** Monday—Friday      **Dates:** 4/14—4/18

**Time:** 1:00pm—4:00pm      **Fee:** \$200

# Summer 2025

*Registration for day camps will open March 3rd.*

Camps in the right-hand column are considered day camps and run every week between June 23rd and ends August 15th (August 23rd for Cadicopia). Voyager Camp currently only runs three consecutive weeks.

Registration for camps is on a week by week basis.

Additional details, including fees, trips, and special events for each camp, will be posted online in February.

Brookfield Parks & Recreation also offers a variety of themed camps that may run for one or multiple weeks over the summer. Camps include dance, art, musical theater, tennis, volleyball, basketball, and cooking among others details will be posted online in March.

*A 2025 spring/summer brochure will be mailed in April.*

# Summer 2025

## Camp PeeWee & Bobcat



**Camp PeeWee:** Ages 4 to entering Grade 1

**Camp Bobcat:** Entering Grades 2-5

Camp Peewee & Bobcat offer a fun, friendly, and safe setting for your little one to stay active and social this summer! Campers participate in a variety of themed activities ranging from arts and crafts, story time, sports, games, special events and free play. Water Day on Wednesdays! PeeWee's are at the school for water based activities while Camp Bobcat goes to the beach! Drop-off and pick-up are at Cadigan Park on Wednesdays. Campers are separated into age appropriate groups but will participate in whole camp games and activities.

**Day:** Monday—Friday      **Dates:** Weekly

**Time:** 9:00am—12:30pm      **Location:** CLES

## Camp Cadicopia

*Entering Grades 3-6*

Camp Cadicopia is a full day camp that takes place at Cadigan Park. This is a playground style camp with lots of free time to play, explore, and create with friends. Structured activities are offered everyday including arts & crafts, group games, challenges, basketball, tennis, swimming, board games, cards, and more! Weekly tennis lessons and yoga classes are offered. Campers in Cadicopia also have a field trip each Thursday. Bring your own lunch each day, however, pizza parties on Friday are included with your camp registration. Early drop-off and late pick-up options are available.

**Day:** Monday—Friday      **Dates:** Weekly

**Time:** 9:00am—5:00pm      **Location:** Cadigan Park

## Camp Voyager

*Entering Grades 6-9*

This travel camp meets Monday—Thursday on select weeks for adventures in CT and NY.



Each day is a new destination including state parks, beaches, bowling, mini-golf, movies, laser tag, trampoline parks and Lake Compounce! All trips, bus transportation, and a t-shirt are included in the fee. School busses and coach busses will be used for select, longer trips. This camp is staffed by experienced, college-aged counselors. Drop off each day is at a local school (TBD) with pickup at Cadigan Park. Early drop-off and late pick-up options are available at an additional fee.

Camp Voyager will run three weeks in 2025:

July 14-17 ~ July 21-24 ~ July 28-31

## Adult Art & Education

### Watercolor with Victoria



Beginners and experienced artists are invited to this class, designed to meet you at your level! Participants will learn to use color in exciting ways: the group will focus on color theory, learn to mix colors with the color wheel, mix compliments, mix various grays, discuss how color can express a wide range of emotions, learn about value and intensity, and different techniques. Instructor Victoria Lange is a professional artist and has been teaching for Parks & Rec for more than 20 years. The registration fee is \$136 for 8 weeks, 16 hours of painting and instruction. A materials list for beginners is included on your registration receipt. Spring and summer sessions are also offered.

**Evening:** Tuesdays, 1/21—3/11 6:00pm—8:00pm

**Morning:** Thursdays, 1/23—3/13 10:00am—12:00pm

**Location:** Senior Center (Tuesday)

**Location:** Town Hall (Thursday)

### Acrylic Creations: Winter's Songbirds



In this step-by-step class participants will learn to paint a male and female cardinal perched on a branch. Color mixing, blending and texture techniques will be covered as well as the basics of working with acrylic paint. Participants work at their own pace, all abilities welcome. All supplies and surfaces will be provided by the instructor for a materials fee of \$10, payable at the first class. Choice of morning or evening class time.

**Instructor:** Pam Cassidy **Fee:** \$86

**Morning:** Tuesdays 2/18—3/11, 10:30am—1:00pm

**Evening:** Thursdays 2/20—3/13, 5:30pm—8:00pm

**Location:** Brookfield Town Hall

### Parliamo in Italiano—Adv. Beginner



Focusing on conversational Italian, students will learn the language through immersion and explanation of classical grammar. Some knowledge of basic vocabulary and grammar is recommended. A portion of each class will be devoted to a cultural lesson such as holidays or other Italian historical elements.

**Day:** Thursdays **Dates:** 1/23—3/13

**Time:** 6:30pm-8:00pm **Fee:** \$144

**Instructor:** Chrys Prip

**Location:** Whisconier Middle School

## Adult Education

### Building Blocks of Language: A Parent's Guide

Are you curious about the amazing journey of language development in children? Join Dr. Traci Casey, speech-language pathologist, for an informative and engaging evening to learn about the key milestones, strategies, and tips to support your child's language skills. Discover how to create a language-rich environment at home, and foster strong communication skills. Don't miss this opportunity to empower your child's language journey and unlock their full potential.



**Day:** Tuesday

**Date:** 2/25

**Time:** 6:30pm—7:45pm

**Fee:** \$20

### Women's Circles



When women gather, there is a collective power to heal, find our voice, to create a place to trust, love, and dream together. A women's circle is a space safe where we meet to share, meditate, create, play, and connect. Women's circles have been used throughout history to build community, friendships, and harmony for so many. When you participate in a circle, you will leave feeling free, loved, and peaceful just because you showed up! No Expectations, No judgment. Come as you are and see! Take this time for yourself to be surrounded by the kindness and gentleness of other women. Come as a stranger, leave as a sister.

**Day:** Wednesdays **Dates:** 1/29—3/19

**Time:** 6:30pm—7:45pm

**Fee:** \$78

**Instructor:** Kelly Viera

**Location:** WMS Library

### Adult, Child & Infant CPR/AED/First Aid

This course covers CPR/AED and basic first aid for adults, infants and children with hands-on practice and real-life scenarios.



Upon completion, course includes American Health & Safety Institute certification in Adult and Pediatric CPR/AED with basic first aid, valid for two years and hard case pocket mask.

**Day:** Saturday

**Date:** 3/29

**Time:** 9:00am—2:00pm

**Fee:** \$119

**Instructor:** Charles Teich

**Location:** Brookfield Town Hall

# Adult Fitness

## Dust off your Dancing Shoes!



Are you someone who used to dance and now feel like something is missing? Whether you stopped dancing a year ago, or 20 years ago, it is always a good time to jump back in! Join Alison DiPinto, a modern dancer of 35 years, to help you find that joy once again...because a dancer's got to dance no matter their age! Some knowledge of dance technique is required. Class will include a yoga inspired warm-up, modern/contemporary across the floor and center combinations that will have your body feeling good!

**Day:** Tuesdays **Dates:** 1/28—3/25 (no class 2/18)  
**Fee:** \$88 **Time:** 6:00pm—7:00pm  
**Location:** BHS Cafe **Instructor:** Alison DiPinto

## Functional Strength & Balance



Instructor Cassie Dunn leads this class geared towards helping individuals, ages 55+, maintain strong and healthy bodies as they age. Using dumbbells and body weight exercise, each class will work on upper and lower body strength, stability, balance and core strength for a full body workout.

**Day:** Mondays **Dates:** 1/27—3/24 (no class 2/17)  
**Fee:** \$96 **Time:** 5:30pm—6:30pm  
**Location:** Candlewood Lake Elementary School

## Adult Yoga

Beginners welcome! This mixed level class strings together in a flowing, vinyasa style sequence of breath and movement. Class is infused with balance work and optional challenges; modified for all levels.



**Day:** Tuesdays **Dates:** 1/28—3/25 (no class 2/18)  
**Fee:** \$88 **Time:** 5:00pm—6:00pm  
**Instructor:** Sharon Poarch RPT, RYT-200  
**Location:** Candlewood Lake Elementary

## Indoor Pickleball



Stay on your game this winter! Two indoor courts will be setup weekly at Candlewood Lake Elementary. Drop in and play with friends, round robin! No instruction is provided, gameplay only. Indoor courts with temporary lines are used. Limited space available. \$56 per person for eight weeks. No pickleball 2/4, 2/18.

**Day:** Tuesdays **Dates:** 1/21—3/25  
**Beginner:** 5:30pm—6:45pm **Location:** CLES  
**Intermediate:** 6:45pm—8:00pm

# Adult Fitness

## Tai Chi Quan for Beginners



Tai Chi Quan is a fist system (Chinese boxing) that blends softness with energetic movement in accordance with the theory of Yin and Yang energies. The slow gradual movements are rooted in ancient traditional Chinese Medicine to help reduce stress, increase balance, core strength and greatly improve overall health. Suitable for everyone regardless of age or physical condition.

**Day:** Mondays **Time:** 6:30pm—8:00pm  
**Tai Chi II:** 1/27—3/24 (no class 2/17)  
**Tai Chi III:** 4/7—6/9 (no class 4/14, 5/26)  
**Fee:** \$136 **Instructor:** Vinny Candela  
**Location:** BHS Cafe

## Simply, Slowly, Stretch



Increase your flexibility and strengthen muscles that support your back and core! Through standing postures and floor work, use the resistance of your own body to gently increase your flexibility, strength & stability. Modified for all fitness levels. No class 2/18.

**Day:** Tuesdays **Dates:** 1/28—3/25  
**Time:** 6:30pm—7:30pm **Fee:** \$88  
**Instructor:** Phyllis Babuini  
**Location:** Candlewood Lake Elementary

## Train for a 5k

Are you interested in running a 5k road race (3.1 miles)? Join Cassie Dunn in a group setting for a series of training runs this spring. Each participant will be given an individualized workout schedule with new routines as you progress. Work towards running the Mother's Day 5k. Race fee not included. All levels of fitness welcome! Meet at BHS track.

**Day:** Saturdays **Dates:** 4/5—5/10  
**Fee:** \$72 **Time:** 8:00am—9:00am



## Open Gyms

Open Gyms are open to Brookfield residents, ages 18+, and their guests. \$5 payable at the door. Open gyms are cancelled when Brookfield Public Schools cancel classes or dismiss early for weather. Other dates may be cancelled at any time due to school programs or athletics.

## Open Volleyball



**Wednesdays,** 7:30pm—9:00pm at WMS ~ Last day 4/9

## Open Basketball



**Mondays,** 9:00—10:15pm at BHS ~ Last day 3/24

There is no open gym on 1/20 & 2/17

# YOGASPACE



YogaSpace classes take place at  
YogaSpace, 78 Stony Hill Rd., Bethel, CT.

Classes below: **\$99** (six classes over nine weeks)

**Dates:** : 9 weeks ~ Jan.—Mar. ~ Starts after 1st class.

Full class descriptions available online.



## Yoga Basics

The perfect series for beginners or someone who is looking to bring their yoga “back to basics”! Discover foundational poses, tailored to your ability, alongside breathing techniques and relaxation methods. Engage in mindfulness, stress reduction and energy awareness. No prior experience necessary. Mixing and matching of days is allowed.

**Day:** Tuesday **Time:** 9:30am—10:45am

**Day:** Saturday **Time:** 10:00am—11:15am

## Yin Yoga: Deepen your Practice

Designed to revitalize the body and mind. Experience a serene blend of physical and mental relaxation, guiding you into a meditative state, culminating in a serene seated meditation. Class focuses on postures targeting muscles around the hip, pelvis and lower back. All levels welcome.

**Day:** Tuesday **Time:** 7:30pm—9:00pm

## LYT Yoga

The LYT method was created to help Yogis find freedom through smarter, safer, and sustainable movement patterns that challenges mentally and physically in an enjoyable way. All abilities welcome!

**Day:** Monday **Time:** 9:30am—10:45am

**Day:** Wednesday **Time:** 7:30pm—8:45pm

**Day:** Saturday **Time:** 8:30am—9:45am

## Pre/Post Natal Yoga

Join this nurturing class, tailored to support women’s bodies during and after pregnancy. Discover poses suitable for this stage, along with meditation and breathing techniques fostering concentration, relaxation and renewed energy. Connect with fellow moms and, building a special bond with your baby. Permission from your doctor is recommended.

**Day:** Tuesday **Time:** 6:00pm—7:15pm

**Instructor:** Heather Morgado



## Yoga Freedom Pass

Explore a variety of classes! \$99 ~ Take any six classes over 9 weeks from Jan. - Mar. Full schedule available at [www.yogaspace-ct.com/schedule](http://www.yogaspace-ct.com/schedule).

# YOGASPACE

## Art of Meditation

Join a 4-week meditation course ideal for beginners and experienced practitioners seeking deeper insights. Discover inner stillness, understand meditation’s values, and reap benefits like restored balance, enhanced calmness, improved health, concentration, productivity, joy, creativity, and purpose. Experience life through improved meditation.

**Day:** Tuesdays

**Dates:** 1/14—2/4

**Time:** 6:00pm—7:00pm

**Fee:** \$59



## Intro Pass

Take any three classes over 30 days. Pass activates after first class. \$36. Full schedule available at [www.yogaspace-ct.com/schedule](http://www.yogaspace-ct.com/schedule).

# FIT 4 YOU

FitForYou  
training your way

Fit 4 You classes take place at  
Fit 4 You Studio 195 Federal Rd., Brookfield, CT.

## All Levels Reformer



Come join us at "Fit for You" for a full body Pilates reformer workout! Strengthen your core and more while focusing on alignment and flexibility. You will feel better and achieve greater overall strength through this integrated workout series. Emphasis on strength and stretching. Participants must attend classes within date range, unless a makeup for inclement weather. Sticky socks required for safety. Available for purchase at studio. Class taught by Christina or Alyssa.

**Day:** Mondays **Fee:** \$140

**Dates:** 2/24—3/17 **Time:** 5:15pm—6:00pm

**Day:** Wednesdays **Fee:** \$140

**Dates:** 2/26—3/19 **Time:** 4:30pm—5:15pm

**Day:** Thursdays **Fee:** \$140

**Dates:** 2/27—3/20 **Time:** 5:30pm—6:15pm

## Barre Class with Krissy

Krissy’s 45 minute barre classes are designed to give you a full body workout to improve strength, flexibility, and endurance. Classes focus on proper form, alignment and are accessible and safe for all fitness levels. Krissy’s goal is for you to challenge your body, have fun, & move with greater ease in their daily life.

**Day:** Fridays

**Dates:** 2/21—3/14

**Time:** 9:30am-10:15am

**Fee:** \$80

# Tot Programs

## Preschool Classes with USA Sport Group



Winter session now offered at Candlewood Lake Elementary School! USA Sport Group offers programs for ages 2.5 to 5.5 years. Multi-sport and soccer programs will be offered on Saturday mornings. Full details and registration available online at [www.usasportgroup.com](http://www.usasportgroup.com).

**Day:** Saturdays **Dates:** 1/11—3/1 (no class 2/15)

**Multi-Sports—Squirts:** 8:45am-9:30am

**Soccer-Parent Assisted Squirts:** 9:35am-10:20am

**Soccer-Squirts (Ages 3-4.5):** 10:35am-11:10am

**Soccer-Squirts (Ages 4-5.5):** 11:15am-12:00pm

Classes are offered year round with spring programs starting outside on April 26th & 27th. Summer and fall session dates will be posted online in April.

## Ballet for Tots



This class will introduce children, ages 3-5, beginning ballet exercises in an energetic, creative, and nurturing way. Students are introduced to the world of dance through exercises that enhance musicality, performance and coordination. This is a drop-off program and all dancers need to be potty trained.

**Day:** Thursdays **Dates:** 1/30—3/20

**Time:** 10:30am—11:30am **Fee:** \$120

**Instructor:** Tatiana Prip

**Location:** Congregational Church, 160 Whisconier Rd.

## Creative Movement for Tots!

This 6-week program is all about developing your child's gross motor skills while fostering coordination, balance and independence. Each week, a new theme and skill focus will unite the children in movement designed to help your tot learn social skills in a playful way! The program is led by Dani Gelfand.

**Day:** Mondays **Time:** 2:30pm-3:15pm

**Dates:** 2/24—3/31 **Fee:** \$90

**Instructor:** Dani Gelfand

**Location:** Prince of Peace, 119 Junction Rd.



# Music Lessons

## Guitar Lessons



Have fun learning the fundamentals of guitar from talented local singer, songwriter, and guitarist! Frank Enea, creator of "The Night Begins to Shine" and character on "Teen Titans Go!", offers lessons. These one on one lessons are customized to meet the students own goals and skill sets. Register with Parks & Rec. Lesson times scheduled with Frank.

**Lessons:** Four, 30-min. lessons **Fee:** \$220

## Drumming Lessons

Face the Music Together(!) with Don O'Keefe, private drum instructor and Berklee College of Music Alumni with over 40 years experience performing and teaching. He believes that every drummer willing to put in the time can become proficient. Don can offer you or your kids the proper guidance on a musical journey! For information and to set up a lesson, visit Don's website or email below.

**Website:** [www.facethemusicitogether.com](http://www.facethemusicitogether.com)

**Email:** [facethemusicitogether@yahoo.com](mailto:facethemusicitogether@yahoo.com)



# Martial Arts

## Intro to Taekwondo ~ Ages 4 & up



Master Kris focuses on respect and the love of the family. Taekwondo teaches much more than kicks, punches, and defense. It can also help children focus, become peaceful, and gain the confidence needed in school and life in a fun way! Registration through Parks & Rec is for first time students only. Uniform included. Teens adults are welcome! Class day and time options listed at [www.wctbrookfield.com](http://www.wctbrookfield.com).

**Fee:** \$149 **Place:** WCT, 317 Federal Rd., Brookfield

## Rapadura Brazilian Jiu Jitsu & Kickboxing



Jiu Jitsu—Ages 5–12 & 13+ ~ Kickboxing—Ages 14+ Rapadura Gym in Hawleyville presents an introductory offer for new students interested in Jiu Jitsu and Kickboxing, uniform included! Students will develop quick recall of physical responses. All of these skills encourage self-esteem, friendship and the practice of patience. Learn to be calm and think through the steps! Registration through Parks & Rec is for first time students only.

**Location:** 117 Mount Pleasant Rd., Newtown



# Candlewood Lake Elementary After School Programs

**Candlewood Lake Elementary School:** After School programs are offered for students in grades K-5 at Candlewood Lake Elementary School. Full descriptions, details and registration are available online. After registration, parents must update their Pikmykid account indicating their child will stay after school for the program otherwise they will be sent home on the bus. Parents pickup at the conclusion of the program.

*Program descriptions, details and registration are available at [www.brookfieldparksandrec.com](http://www.brookfieldparksandrec.com)*

<b>CLES After School</b>	<b>MON.</b>	Net Generation Tennis	Kids Yoga	Ballet	Piano Club	
		Grades 4/5	Grades 2-4	Grades K/1	Grades K-2	
	<b>TUES.</b>	Food Explorers	Kids Yoga	Intro to LAX	Flag Football	Ballet
		Grades 2-5	Grades K/1	Grades 3-5	Grades 2/3	Grades K/1
	<b>WED.</b>	Net Generation Tennis	Field Hockey	Green Earth Crafts	Minecraft & Roblox	
		Grades K-3	Grades K-5	Grades 3-5	Grades 3-5	
	<b>THUR.</b>	Drawing Mixed Media	Intro to LAX	Flag Football	Piano Club	
		Grades K-2	Grades K-2	Grades 4/5	Grades 3-5	
	<b>FRI.</b>	Drawing Mixed Media	Futsal & Street Soccer	Intro to Acting	Ballet	
		Grades 3-5	Grades K-2	Grades 3-5	Grades 2-5	

## Youth Wrestling Program

This Brookfield Youth Wrestling Program is open to all in grades 2-8. No prior wrestling experience is necessary. This program will emphasize enhancing proper techniques, strength, and coordination skills and cover all aspects of wrestling. Program led by Josh Levine, USA Wrestling Certified.



**Days:** Mondays & Thursdays      **Location:** WMS

**Dates:** 1/2—2/6 (no meeting 1/20)

**Grades 2-4:** 5:30pm—6:30pm      **Fee:** \$100

**Grades 5-8:** 6:45pm—8:15pm      **Fee:** \$120

## Kids Functional Fitness

Looking for a fun and engaging way to keep your kids active? This Kids Functional Fitness program is here! Perfect for children aged 6–9 years, this 5-week program introduces functional movements in a safe, supportive, and exciting environment. Through playful exercises, your kids will develop strength, coordination, balance, and confidence—building the foundation for a lifetime of healthy habits.



**Days:** Thursdays      **Dates:** 2/13—3/13

**Time:** 4:15pm—5:00pm      **Fee:** \$125

**Location:** Forma Athletics, 500 Federal Rd.

## Futsal & Street Soccer

Join us for a fun street soccer program! At Futsal & Street Soccer, our objective is to increase your personal skills to the next level while increasing your affection and appreciation for soccer. The priority in Street Soccer is to motivate players in an environment that is conducive to learning. A Futsal ball is smaller and heavier, allowing the player to easily command the ball and in return build confidence that seamlessly transforms to a soccer game. This process produces skillful players.



**Days:** Fridays      **Dates:** 1/31—3/21

**Time:** 3:45pm-4:45pm (Grades K-2) \*After-School

**Time:** 5:00pm-6:00pm (Ages 6-9)

**Time:** 6:00pm-7:00pm (Ages 10-13)

**Fee:** \$132

**Location:** CLES

## Affinity Esports

Affinity Esports offers in studio programs for ages 7-17 at their Sandy Hook Studio. Programs include *Gaming & Esports Foundations, Game Creation, Coding, Content Creation and Video Editing*, among others. Full program listing and details are available on [www.brookfieldparksandrec.com](http://www.brookfieldparksandrec.com).



## Youth Programs

### Rec Basketball ~ Grades 6-12

Rec basketball for boys & girls in grades 6+ begins the first Saturday in January. Evaluations are held the first two weeks and teams are formed by our supervisors. Each week, teams practice for 30 minutes followed by a 1-hour game. Times vary depending on overall enrollment. Generally, boys in grades 6/7 play at 8:00am or 9:30am, boys in grades 8/9 at 11:00am or 12:30pm, and boys in grades 10-12 at 2:30pm or 3:45pm. Girls play at 12:00pm or 1:30pm. *Rec leagues rely on adult volunteer coaches who are vital for the leagues to run. If you are able to assist as a coach, please let us know at the time of registration for your child.*



**Day:** Saturdays      **Dates:** 1/4—3/8  
**Times:** Varies      **Fee:** \$112.50

### Spring Musical: Matilda!

Calling all actors, singers, stagehands, costume & set designers! Students in grades 4-8 are invited to join this year's immersive production of Matilda!



Brookfield Parks & Recreation is looking for energetic students who are interested in learning about all aspects of musical theater by putting on their own show! This program is designed to give everyone hands-on experience in both backstage and on-stage parts of the show. Led by Director Stacey Snyder, students will learn about the various roles in a show, identify areas they are interested in helping, and work together with other students to put everything together! Those interested in lead roles will audition.

**Rehearsal Days:** Mondays & Wednesdays

**Rehearsal Dates:** 2/3/25—4/9/25

**Time:** 5:00pm—8:00pm

**Location:** Whisconier Middle School

**Performance Dates:** April 25th & 26th at 7:00pm

**Performance Location:** BHS Auditorium

**Fee:** \$325 per person (25% multi-child discount)

### Net Generation Tennis

The after school program at Whisconier Middle School is taught with Net Generation games and lesson plans, a USTA national program. The class is interactive with all players constantly participating. No class 3/4, 3/18.

**Day:** Tuesdays      **Dates:** 2/25—4/8

**Time:** 2:45pm—3:45pm      **Fee:** \$108



## Youth Programs

### Small Talk Socials



Join Dr. Traci Casey's fun and interactive social skills group! Your child will learn how to boost their confidence and connect with others through engaging games and creative projects. We'll explore the world of conversation, active listening, and friendship. Children will learn to start and maintain conversations, work effectively with others, and feel more comfortable in social situations. In just four short weeks, your child will learn the skills they need to build friendships and thrive in any social setting.

**Day:** Wednesday

**Dates:** 3/5—3/26

**Grades K-2:** 5:00pm—5:45pm

**Fee:** \$150

**Grades 3-5:** 6:00pm—6:45pm

**Location:** Candlewood Lake Elementary School

### Minecraft & Roblox Explorers

Discover creativity, teamwork, and problem-solving in this exciting class! Participants will explore the dynamic worlds of Minecraft and Roblox, developing soft skills like communication and adaptability through engaging activities. Guided by experienced coaches, students will form lasting friendships while unlocking their digital creativity. Parents will also gain insights on supporting their child's growth in these virtual spaces.



**Day:** Wednesdays

**Dates:** 1/22—2/19

**Time:** 3:30pm—5:15pm

**Fee:** \$130.00

### Gaming & Esports Foundations: Fortnite

In this class, kids will develop essential life skills like teamwork, communication, and leadership while enjoying Fortnite and other popular games like Minecraft and Rocket League. Guided by experienced mentors, participants will explore the world of gaming in a supportive environment, with a focus on online safety, sportsmanship, and balanced wellness. Through structured gameplay and insights into esports, this program helps kids elevate their passion for gaming while building valuable soft skills for their future.

**Day:** Wednesdays

**Dates:** 1/22—2/19

**Time:** 5:30pm—7:15pm

**Fee:** \$130.00



## Community

### Brookfield Library

**Teddy Bear Sleepover:** Friday, January 31st

Bring your favorite stuffed animal in for stories and crafts. Leave your furry friend overnight for a sleepover! Pickup the next day.

**Take Your Child to the Library Day**



Sat., February 1st: Special activities include “Donuts with Grown-Ups” at 10:30am and “Creating Musical Readers” at 2:00pm with the Waterbury Symphony Orchestra.

All programs and special events are listed online at [www.brookfieldlibrary.org](http://www.brookfieldlibrary.org). Registration is required for all programs online or by calling (203) 775-6241.

### Brookfield Fire Marshall

Only working smoke and carbon monoxide detectors save lives. Have you tested your alarms lately? It is recommended that you test alarms monthly, change the batteries yearly, and replace the alarm every ten years. For more information, contact the office at 203-775-7306 or at [www.facebook.com/BrookfieldFMO](http://www.facebook.com/BrookfieldFMO).

### Brookfield Lions Club



The Brookfield Lions Club has many community events this Spring. Look forward to our Pancake Breakfast at BHS on Sunday, April 6; Shred Day in early May, after tax season; the Memorial Day Parade on Sunday, May 25 and STRIDES to Cure Diabetes 5-Miler Road Race on Sunday, June 1. Please visit our website <https://e-clubhouse.org/sites/brookfieldct/> for more information about this great volunteer organization!

### Brookfield Senior Center



Join us at the Senior Center for daily exercise, life-long learning, lunch and socialization. Our membership is growing! Visit [www.brookfieldct.gov/senior-center](http://www.brookfieldct.gov/senior-center) to get our up-to-date newsletter, monthly program registration and lunch registration, or visit us in person to grab the latest information.

### Brookfield Social Services/Food Pantry

The Brookfield Social Services Department provides assistance to individuals and families of all ages who live in Brookfield. The department offers services and referrals as well as assistance in applying for local, state and federal social services programs. Services include energy assistance, food pantry, holiday & back to school programs, free and reduced lunch, support for seniors and behavioral and community support services. Please call 203-775-7312 for an appointment.

## Youth Sports Orgs.

### Brookfield Baseball & Softball Association (BBSA)



[www.brookfieldbbsa.com](http://www.brookfieldbbsa.com)

Registration for the 2025 season is now open! BBSA offers rec and travel programs for ages 4-15 (baseball) and softball rec leagues for ages 4-12. Details and registration online.

### Brookfield Basketball Association (BBA)

Travel Basketball for grades 4-8

[www.bbabrookfield.com](http://www.bbabrookfield.com)



### Brookfield Flag Football League

Registration begins February 1st

Brookfieldffl@gmail.com ~ 770-885-8177

<https://leagues.teamlinkt.com/brookfieldflagfootballleaguecorp>



### Brookfield Lacrosse Club

[www.brookfieldlacrosseclub.org/](http://www.brookfieldlacrosseclub.org/)

Registration is open for Winter Clinics which start January 11th for grades 2nd-8th. Cost \$150

Registration for Spring Season is open for grades 1st-8th, visit the website for more information and registration.



### Brookfield Pop Warner Football & Cheer

<https://clubs.bluesombrero.com/brookfieldpopwarner>

Pop Warner flag football registration will open on February 15th for boys and girls, grades 1-8. Season begins in May.



Registration for fall 2025 Pop Warner and Cheer will open in May with the season starting 8/1/25. Visit the website for more information.

### Brookfield Soccer Club

[www.brookfieldsoccer.org](http://www.brookfieldsoccer.org)

**Winter Training:** Begins 1/6/25—2/26/25

Open to boys & girls U8—U16

**Spring Travel:** Registration Deadline: 2/1/25

Open to boys & girls born between 2010-2016

Season starts week of 3/17—weather permitting

**Spring Recreational:** Registration Deadline: 4/1/25

Open to boys & girls born between 2011-2021

Season starts week of 4/7—weather permitting

Full details and registration online!





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P.O. Box 5106 Brookfield, CT 06804

## POSTAL PATRON

BROOKFIELD, CT 06804



*The Brookfield Parks & Recreation Department does not discriminate on the basis of race, color, national origin, gender, religion, age or disability in provision of programs and services. Individuals with disabilities are encouraged to register.*

*The Brookfield Parks & Recreation Department is complying with the Americans with Disabilities Act (ADA) Public Law 101336. The law addresses issues of accessibility of facilities and programs. Provisions of reasonable program accommodations will be made on a case-by-case basis to allow people with disabilities to participate in and benefit from programs. Documentation of disability is required when requesting reasonable modifications.*

## WHAT'S INSIDE...

### PRESENTING THE 2025 WINTER PROGRAM GUIDE!

Inside your will find information and details on upcoming special events, trips, fitness, tot, youth, and adult programs. Information has been abbreviated for the purpose of space and printing. Full details and updates for all items listed in this brochure are available online at [www.brookfieldparksandrec.com](http://www.brookfieldparksandrec.com)

*\*Program dates and times are subject to change. Please check our website for the most current information.*

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