

TOWN OF BROOKFIELD PARKS & REC

2024 FALL PROGRAM GUIDE



H I G H L I G H T S

- Halloween 5K / Kids Fun Run
- Scarecrow Decorating
- Trick or Treat at Town Hall
- Out of Town Trips

- Wreath Decorating
- Candy Cane Cleanup
- Letters to Santa
- Home for the Holidays Contest / Tour



FALL 2024

Brookfield Parks & Recreation
162 Whisconier Rd.
Brookfield, CT 06804
203-775-7310
www.brookfieldparksandrec.com

Office Hours:
Monday – Friday 8:30am – 4:30pm

Like us on Facebook for up to date information and announcements.
@ Brookfield, Connecticut
Parks & Recreation



This brochure contains abbreviated information on Brookfield Parks & Recreation programs, events, and general information. Full details, updates, descriptions, and registration available online at www.brookfieldparksandrec.com.

RECREATION STAFF:

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COMMISSION:


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Renee Santiago, Vice Chair Bryan Chnowski
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Cassie Dunn Brian Zimmerman
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Mission Statement

It is the mission of the Brookfield Parks & Recreation Department to respond to the ever-changing needs of our residents by providing the foundation for enhanced community interaction and enjoyment. To enhance the quality of life for all ages and abilities by providing healthy and affordable recreation opportunities with an emphasis on safe, attractive and well managed properties, parks, and school grounds.

FALL 2024

Program Enrichment with The Brookfield Library!

Take your program experience to a deeper level this fall! The Brookfield Public Library  will offer a reading list coinciding with various programs this fall to enrich your experience with a deeper level of understanding. Books lists are available at the website and will be emailed to participants when applicable.

Instructors Wanted!




Show us what you got! Brookfield Parks & Recreation is seeking enthusiastic individuals with a passion or expertise they would like to share with the community. All proposals welcome! Program ideas include adult education, art, fitness, social groups, after school and evening youth programs among others. Proposal forms are available online under department information or from the office.

Sponsorships:

32nd Annual Halloween 5k & Kids Fun Run:

Sunday, Oct. 20th 2024 USATF certified.

Sponsor \$200: At this level, sponsors name or logo is printed on the back of custom shirt given to each runner and included on advertising and social media for the race. You are invited to set up a table outdoors at the race. Deadline is 9/20/24. 

Community Supporter: Donations, gift certificates and merchandise are collected and used as refreshments, prizes or in swag bags for the race. Donors are recognized the day of the race and on online platforms. Deadline is 9/20/24.

Rec Basketball Team Sponsors: Parks &

Rec basketball leagues take place each winter with over 300 kids participating from grades 1-12. T-shirt sponsorships are available each season for local businesses and organizations who would like their name or logo featured on the front chest of each players shirt. Shirts are worn by all players throughout the season. 

Sponsorship: \$125 Additional Teams: \$100/each

2025 Sponsorships:

Cadigan Park Banners | Summer Concert Series

Sponsorships are available each year for banners at Cadigan Park, or be a part of our popular 'Concerts in the Park' series. To receive information on these sponsorships, please email parks@brookfieldct.gov

Special Events

Annual Scarecrow Decorating!



Bring out the family and play in the hay! We supply the hay, stakes, and directions...you bring the outfit! Create your own adult or child sized scarecrow to take home for the season! Free! Pre-registration is required before 9/30.

Day: Thursday

Date: 10/3

Time: 3:30pm-5:00pm **Location:** Town Hall Bandstand

Trick or Treat at Town Hall!



Our 22nd year of trick or treating at Brookfield Town Hall! Department offices will decorate and hand out candy to your little firefighter, princess or superhero! Participants are asked to bring a non-perishable, "kid-friendly" food item such as peanut butter, jelly, canned spaghetti, or ravioli for the food pantry OR a monetary donation for the Brookfield Emergency Fund. Pre-registration requested.

Day: Thursday

Date: 10/31

Time: 4:15pm-5:45pm

Location: Town Hall

Practical AI: Using ChatGPT in Daily Life

Unlock the fascinating world of Artificial Intelligence with our workshop that focuses on ChatGPT. Learn how ChatGPT can simplify your life by offering real-time language-based assistance, helping draft emails, generating creative content, and providing instant answers to a wide range of queries. Free! Pre-registration required.



Day: Tuesday

Date: 11/12

Time: 6:30pm-8:00pm **Location:** Town Hall Room

Wreath Decorating with Gail

Join us for a festive evening preparing for the holidays! Participants will receive a fresh wreath and all the fixings to decorate your own custom piece with a professional touch. Leading this workshop is Gail Noto of April Flowers who brings over 40 years experience in the floral industry.



Day: Thursday

Dates: 12/5 **Fee:** \$39

Location: WMS Café **Time:** 6:30pm-8:00pm

Elf on the Shelf Antics Kits

Ease the stress of planning your elf's antics with a pre-packaged kit with 10+ antics. Most supplies included. Other items found around the house.



Kits: \$15

Pickup: 12/2 at the Parks & Rec office

Halloween 5K

Halloween 5K and Kids Fun Run!

Come celebrate our 32nd year of the Brookfield Halloween 5K! This USATF certified chip-timed 5K will begin and end at the Brookfield Municipal Center, 100 Pocono Road, Brookfield CT.



USATF certified #CT06013JHP

Walkers, strollers and dogs on leash are welcome!

Sunday, October 20th 2024

8:00am Race Check-In

8:15am Kids Fun Run Start



9:00am Race Start



Save \$10 with early bird registration!

Ends Thursday, October 10th

Online Registration closes at 12:00pm on Saturday, October 19th

Race t-shirt included for the first 150 registered!

Costume Contest!

Post Race Raffle!

Awards in nine age groups!

8 and under	9-13	14-19
20-20	30-39	40-49
50-59	60-69	70+



Kids Fun Run Information:

The Kids Fun Run will be a 0.23 mile loop around the parking lot of our Town Hall Campus. Runners are encouraged to dress up in a costume they can run in.

All Kids Fun Run participants receive a prize!

Sponsor information available on page 2.

Call or email our office for more information.

Special Events

Home for the Holidays Contest & Tour



Show off your home decorating skills and hard work for all to enjoy! This season, all decorated Brookfield homes are invited to participate in a contest judged by neighbors! Voting for best classic display, most inflatables, and brightest home will take place with prizes to the winners! Home submission, prize and map details available online. Voting ends Sunday, 12/22. Displays are asked to be illuminated each evening from 5:00pm – 9:00pm, Wednesday 12/11 through Wednesday 12/25. Coordinated by the Brookfield Arts Commission and Brookfield Parks & Recreation.



Letters to Santa Make your child's Christmas magical with a genuine letter from Santa himself! Simply drop your child's personal letter into the North Pole Mailbox at the Parks & Recreation Office (162 Whisconier Road), or mail it to: Santa Claus Attn: Parks & Recreation Department, P.O. Box 5106, Brookfield, CT 06804. Be sure to include a self-addressed, stamped envelope so Santa can send a personalized reply just in time for Christmas. Letters will be accepted from December 2nd to December 13th. The mailbox will be available outside the Parks & Recreation Office on weekdays from 8:30am to 4:30pm, providing a perfect photo opportunity!



Holiday Singing & Signing with Ms. Janine



Musician/Author/Signer, Janine LaMendola "Ms. Janine" will be playing holiday themed children's music with sign language at Candlewood Lake Elementary this December! Join us for a free show open to all ages! Bring your blankets and cushion for this park style show.

Day: Saturday **Date:** 12/14
Time: 10:30am **Location:** CLES Room

Candy Cane Cleanup

Scavenger hunt time! Families are invited to Kids Kingdom Playground to help collect candy canes that were hidden around the Town Hall fields. Participate in groups to locate clues around the property and solve the peppermint mystery! This is an outdoor activity and may be impacted by snow. Free! Registration required.



Day: Saturday **Date:** 12/21
Time: 10:00am **Location:** Kids Kingdom

Get Out of Town

Ellis Island & Statue of Liberty Museum

Includes coach bus transportation, ferry ticket, entry to Ellis Island and Statue of Liberty Museum & audio guides for both. Ferry departs Liberty Park, NJ. Stops at Ellis Island & Statue of Liberty Island. Entry to Crown & Pedestal not included. Bring your lunch or buy on trip.

Day: Sunday **Time:** 7:45am—6:15pm
Date: 9/22 **Fee:** \$119 (\$109 ages 5-12)

New England Christmas Festival

The 38th annual New England Christmas Festival brings you the ONLY SHOPPING DAY you need to stock up on Holiday gifts for everyone on your list. It showcases 350 pop-up boutiques overflowing with American handmade gifts and specialty foods. This festival is a delightful blend of food festival within a craft festival, all set within the luxurious confines of the Mohegan Sun resort. Aisles overflowing with Treasures: Specialty foods, Seasonal decor, Distinctive Home Accessories, Fashion, Fine Jewelry, Adorable kids' clothing, spa products, and much more!

Day: Friday **Time:** 8:15am—6:00pm
Date: 11/8 **Fee:** \$113

WMS/BHS Ski Club

Registration opens Friday, Nov. 1st!

A detailed flyer will be sent through the schools in mid-October and updates posted to our website.

Join us for fun-filled Friday nights at Mohawk Mountain in Cornwall, CT. This program provides lift tickets, coach bus transportation, and adult supervision on the bus and mountain. Students have the option of adding equipment rentals and/or lessons. This program is open to Whisconier & Brookfield High School Students and has limited seating. Separate buses leave and return to each school.

Day: Friday Nights **Dates:** Jan./Feb. 2025
Time: School dismissal – approximately 9:30pm
Place: Mohawk Mountain, Cornwall, CT

Ski Club Volunteers

Ski Club Volunteers are needed each winter to help out during trips. Non-Skiing parents welcome! Skiing parents ski for free. A parent meeting will be held in mid-December, date TBD.

Adult Art & Education

Watercolor with Victoria



Beginners and experienced artists are invited to this class, designed to meet you at your level! Participants will learn to use color in exciting ways: the group will focus on color theory, learn to mix colors with the color wheel, mix compliments, mix various grays, discuss how color can express a wide range of emotions, learn about value and intensity, and different watercolor techniques. \$136 for 8 weeks. Tuesday classes are held at the Senior Center. Thursday classes at the Community Room. Details online for late fall classes.

Evening: Tuesdays, 9/10—10/29 ~ 5:30pm-7:30pm

Morning: Thursdays, 9/12—10/31 ~ 10:00am-12:00pm

Acrylic Creations



This step-by-step class is designed for the beginner painter as well as those with some painting experience. All supplies and surfaces will be provided by the instructor for a materials fee of \$8 at first class. Two classes offered. **Instructor:** Pam Cassidy

Fall Theme: \$60.00 - Three class session. Create a colorful, fall-themed painting on an 11x14" canvas.

Morning: Tuesdays, 9/24—10/8 ~ 10:30am-1:00pm

Evening: Thursdays, 9/26—10/10 ~ 5:30pm-8:00pm

Snowman Palette: \$25 - One class session. Paint a whimsical snowman on a wood palette sign.

Morning: Tuesday, 11/12 ~ 10:00am-1:00pm

Evening: Thursday, 11/14 ~ 5:00pm-8:00pm

Writing through the Senses



Led by Kathleen Kryspin, local teacher and owner of the Writer's Studio in Sandy Hook. This class will utilize your senses to inspire your writing whether you are interested in memoir, travel writing, fiction, poetry, or creative journaling! No class 11/7.

Day: Thursdays

Dates: 10/10—11/14

Parliamo in Italiano



Focusing on conversational Italian, students will learn the language through immersion and explanation of classical grammar. A portion of each class will be devoted to a cultural lesson such as holidays or other Italian historical elements. Class taught by Chrys Prip.

Day: Thursdays

Date: 10/10—12/5

Time: 6:30pm— 8:00pm

Fee: \$144

Adult Education

Parenting Workshop



Don't miss this opportunity to transform your parenting journey in a **free** 90-minute workshop. Join Kelly Viera and Dr. Adena Blickstein to learn techniques to create healthier, happier relationships with your kids, discover strategies to reduce stress and enhance your parenting experience, and gain insights from Dr. Blickstein's holistic approach to nurturing authentic connections. Pre-registration requested.

Day: Thursday

Dates: 9/19

Time: 7:00pm—8:30pm

Location: WMS Library

Nourishing Body, Mind, & Spirit



This transformative 6-week program offers abundant resources that empower us to make new choices and navigate life's changes with ease, lightness, and freedom. Together we will experience heart-centered meditations, mindful awareness, compassion for self and others, clarity in decision making with certainty, and how to cultivate nourishing relationships with ourselves and others. *Please bring a journal and pen.*

Day: Tuesdays

Dates: 9/24—10/29

Time: 6:00pm—7:15pm

Fee: \$65

Instructor: Aurora Mary Kilai

Women's Circles



When women gather, there is a collective power to heal, find our voice, to create a place to trust, love, and dream together. A women's circle is a safe space where we meet to share, meditate, create, play, and connect. No expectations, no judgment. Come as you are and see! No meetings 11/6, 11/27.

Day: Wednesdays

Dates: 10/16—12/4

Time: 6:30pm—7:45pm

Fee: \$78

Instructor: Kelly Viera

Location: WMS Library

Adult, Child & Infant CPR/AED/First Aid

This course covers CPR/AED and basic first aid for adults, infants and children with hands-on practice and real-life scenarios. Upon completion, course includes American Health & Safety Institute certification in Adult and Pediatric CPR/AED with basic first aid, valid for two years and hard case pocket mask.

Day: Saturday

Date: 11/9

Time: 9:00am—2:00pm

Fee: \$119



Adult Fitness

Dust off your Dancing Shoes!



Are you someone who used to dance and now feel like something is missing? Whether you stopped dancing a year ago, or 20 years ago, it is always a good time to jump back in! Join Alison DiPinto, a modern dancer of 35 years, to help you find that joy once again...because a dancer's got to dance no matter their age! Some knowledge of dance technique is required. Class will include a yoga inspired warm-up, modern/contemporary across the floor and center combinations that will have your body feeling good! No class 11/5.

Day: Tuesdays **Dates:** 9/24—11/19 (8 weeks)
Fee: \$88 **Time:** 6:00pm—7:00pm
Instructor: Alison DiPinto **Location:** BHS Café

Train for a 5k



Are you interested in running a 5k road race (3.1 miles)? Join Cassie Dunn in a group setting for a series of training runs this fall. Each participant will be given an individualized workout schedule with new routines as you progress. All levels of fitness welcome! Meet at BHS track.

Day: Saturdays **Dates:** 9/28—10/19 (4 weeks)
Fee: \$48 **Time:** 8:00am—9:00am

Functional Strength & Balance



The class is geared towards helping individuals, ages 55+, maintain strong and healthy bodies as they age. Using dumbbells and body weight exercise, each class will work on upper and lower body strength, stability, balance and core strength for a full body workout. No class 10/14.

Day: Mondays **Dates:** 9/30—11/25 (8 weeks)
Fee: \$96 **Time:** 5:30pm—6:30pm
Location: CLES **Instructor:** Cassie Dunn

Adult Yoga

Beginners welcome! This mixed level class strings together in a flowing, vinyasa style sequence of breath and movement. Class is infused with balance work and optional challenges; modifications for all levels. No class 11/5.



Day: Tuesdays **Dates:** 10/8—12/3 (8 weeks)
Fee: \$88 **Time:** 5:00pm—6:00pm
Instructor: Sharon Poarch RPT, RYT-200
Location: CLES

Adult Fitness

Tai Chi Quan for Beginners



Tai Chi Quan is a fist system (Chinese boxing) that blends softness with energetic movement in accordance with the theory of Yin and Yang energies. The slow gradual movements are rooted in ancient traditional Chinese Medicine to help reduce stress, increase balance, core strength and greatly improve overall health. Suitable for everyone regardless of age or physical condition.

Day: Mondays **Dates:** 10/21—12/9
Time: 6:30pm-8:00pm **Fee:** \$136
Instructor: Vinny Candela **Location:** BHS Cafe

Simply, Slowly, Stretch



Increase your flexibility and strengthen muscles that support your back and core! Through standing postures and floor work, you'll use the resistance of your own body to gently increase your flexibility, strength & stability. Modified for all fitness levels. No class 11/5.

Day: Tuesdays **Dates:** 10/1—11/26
Time: 6:30pm-7:30pm **Fee:** \$88
Instructor: Phyllis Babuini **Location:** CLES Room

Pickleball Power Classes



Next Level Pickleball will help you raise your game this fall! Workshops are offered at Cadigan Park that include a variety of experience levels, skill development and strategy for you to work on all aspects of your pickleball game. Fall classes will cover *Intro to Pickleball, Strengthen your Net Play, Pickleball Skills & Drills, Intermediate Pickleball, Round Robin with Instruction, Advanced Play* and end of season social. **Class are held Monday evenings.** Full descriptions and details are available online.

Fairfield County Tennis (FCT)



Weekly tennis lessons for adults will be offered with FCT instructors at Cadigan Park on Thursday nights. Whether you are ready to jump into the sport or want to hone your skills, these group lessons are designed for maximum participation and skill development to get you there! There is no class on 10/3.

Day: Thursdays **Dates:** 9/19—10/24
Time: 7:00pm—8:00pm **Fee:** \$145



YogaSpace classes take place at
YogaSpace, 78 Stony Hill Rd., Bethel, CT.

Art of Meditation

This 4-week meditation course is an excellent program for beginners as well as the seasoned practitioner who desires to go deeper and find more in their meditation. Classes offered Tuesdays, 10/8—10/29, from 6:00pm-7:00pm. Four week session for \$59.

Classes below: **\$99** (six classes over nine weeks)

Dates: : 9 weeks starts after 1st class.

Full class descriptions available online.



Yoga Basics

The perfect series for beginners or someone who is looking to bring their yoga “back to basics”! Classes offered weekly on Tuesday and Saturday mornings. Mixing of days allowed.

Yin Yoga: Deepen your Practice

Designed to revitalize the body and mind. Experience a serene blend of physical and mental relaxation, guiding you into a meditative state, culminating in a serene seated meditation. All levels welcome. Classes offered Tuesdays, Oct.—Dec., from 7:30pm-9:00pm.

LYT Yoga

The LYT method was created to help Yogis find freedom through smarter, safer, and sustainable movement patterns that challenges mentally and physically in an enjoyable way. All abilities welcome! Three classes weekly on Monday/Saturday mornings and Tuesday evenings. Mixing of days allowed.

Pre/Post Natal Yoga

This nurturing and fun gentle yoga class is designed to strengthen, stretch and embrace changes in a women's body during and after pregnancy. Permission from your doctor is recommended. Classes offered Tuesdays, Oct.—Dec., from 6:00pm-7:15pm.



Yoga Freedom Pass

Explore a variety of classes! Take any six classes over 9 weeks from Oct.—Dec. Full schedule available at www.yogaspacespace-ct.com/schedule.

Intro Pass

Take any three classes over 30 days. Pass activates after first class. \$36. Full schedule available at www.yogaspacespace-ct.com/schedule.

Fit 4 You classes take place at
Fit 4 You Studio 195 Federal Rd., Brookfield, CT.

Barre Class with Krissy

Classes will consist of barre/mat Pilates & cardio elements to provide a total body workout! Mats are available for use but feel free to bring your own!

Day: Fridays

Date: 10/18—11/8

Time: 9:30am-10:15am

Fee: \$80

All Levels Reformer



Perfect for beginner/intermediate students! You will get a total body workout in using the reformer. This, low impact form of strength training, is for all abilities.

Day: Mondays w/ Alysa

Fee: \$140

Date: 10/21—11/11

Time: 5:15pm-6:15pm

Day: Wednesdays w/ Kathryn **Fee:** \$140

Date: 10/16—11/6

Time: 8:00-am-8:45am

Baby & Me Pilates



Pilates plus workout for mamas! Will incorporate pilates mat, barre, & athletic light cardio. Baby wearing is encouraged but not required Ages 0-18mos. Bring any toys or items that will help make class successful for you and your little one!

Day: Wednesdays

Date: 10/16—11/6

Time: 9:30am-10:10am

Fee: \$80

Instructor: Alysa O'Donovan

Open Gyms

Open Basketball



Join us for open shootaround and pickup basketball. Open to Brookfield residents (18+) and their guests. \$5 per person at the door. There is no open gym on 12/23, 12/30, 1/20, 2/17 and on snow days or early dismissal. Other dates may be cancelled at any time due to school programs or athletics.

Day: Mondays

Dates: 11/11/24—3/24/25

Location: BHS Old Gym

Time: 8:00pm-9:30pm

Open Volleyball



Drop-in play for Brookfield residents and their guests age 18+. \$5 each night at the door or buy a season pass for \$80. No open gym on 11/27, 12/25 and 1/1/25 and on snow days or early dismissal.

Day: Wednesdays

Dates: 11/6/24—4/9/25

Location: WMS Gym

Time: 7:30pm-9:00pm

Tot Programs

Music Together

Music Together
of Greater Danbury

Fiddle Song collection this fall! You'll learn twenty-five beloved Music Together songs and activities you can recreate at home. "Sounds of Fall" will mesmerize your child as the class expresses the sound and movement of leaves falling and birds chirping. In "Old King Cole" you will have you singing, drumming, and fiddling together! Details and registration at www.mtdanbury.com

Fall classes begin Thursday (9/19) & Friday (9/20)

10:00am classes behind Brookfield Town Hall

Preschool Classes with USA Sport Group

USA Sport Group offers programs for ages 2.5 to 7 years old. This fall, parent-assisted squirts (ages 2.5—3.5) squirts (ages: 3—5.5) and senior squirts (ages: 5—7) for both Soccer and Multi-Sport programs are offered behind Brookfield Town Hall.

Day: Saturdays


Date: 9/14—11/2



Day: Sundays

Date: 9/15—11/3

Ballet for Tots

 This class will introduce boys and girls, ages 3-5, beginning ballet exercises in an energetic, creative, and nurturing way. This is a drop-off program and all dancers need to be potty trained. Classes take place at the Congregational Church of Brookfield, 160 Whisconier Rd.

Day: Thursdays

Dates: 10/10—12/5

Time: 10:30am-11:30am

Fee: \$120

Instructor: Tatiana Prip

Creative Movement for Tots!



This six week program for ages 2-4 is all about developing gross motor skills while fostering coordination, balance and independence! Join us to move and socialize in a playful way! No class 10/14.

Day: Mondays

Time: 2:30pm-3:15pm

Dates: 9/23—11/4

Fee: \$90

Instructor: Dani Gelfand

Sensory Play Exploration!



Join Sensory on Wheels for a child-led sensory play experience. For ages 18 months to 5 years, a caregiver/parent will participate alongside their little one in Harvest Sensory Play! For grades K-6, parents can drop off or hang out for a STEM Sensory Potion Play. Additional details online.

Day: Saturday

Date: 10/19

Fee: \$20 (18ms-5) \$30 (Gr. K-6)

Location: Bandstand

Time: 10:00am-10:45am (18ms-5 years)

Time: 12:00pm-1:00pm (Gr. K-6)

8

Music Lessons

Guitar Lessons



Have fun learning the fundamentals of guitar from our talented local singer, songwriter, and guitarist! Frank Enea, creator of "The Night Begins to Shine" and character on hit show "Teen Titans Go!" offers lessons in Brookfield.

Lessons: Four, 30-min. lessons

Fee: \$220

Drumming Lessons



Face the Music Together(!) with Don O'Keefe, private drum instructor and Berklee College of Music Alumni with over 40 years experience performing and teaching. Don can offer you or your kids the proper guidance on a musical journey. He believes that those who put in the time can become proficient drummers!

Website: www.facethemusicitogether.com

Email: facethemusicitogether@yahoo.com

Martial Arts

Intro to Taekwondo ~ Ages 4 & up



Master Kris focuses on respect and the love of the family. Taekwondo teaches much more than kicks, punches, and defense. It can also help children focus, become peaceful, and gain the confidence needed in school and life in a fun way! Registration through Parks & Rec is for first time students only. Uniform included. Teens adults are welcome! Class day and time options listed online.

Fee: \$149 **Place:** WCT, 317 Federal Rd., Brookfield

Rapadura Jiu Jitsu & Kickboxing



Rapadura Gym in Hawleyville presents an introductory offer for new students interested in Jiu Jitsu and Kickboxing, uniform included! Students will develop quick recall of physical responses. All of these skills encourage self-esteem, friendship and the practice of patience. Learn to be calm and think through the steps! Full program details online.

Place: Rapadura, 117 Mount Pleasant Rd., Newtown

Candlewood Lake & Whisconier After School Programs

Candlewood Lake Elementary School: After School programs are offered for students in Grades K-5 at Candlewood Lake Elementary School. Full descriptions, details and registration are available online. After registration, parents must update their Pikmykid account indicating their child will stay after school for the program. Parents pickup at the conclusion of the program.

Program descriptions, details and registration are available at www.brookfieldparksandrec.com

CLES After School	MON.	Ballet	Kids Yoga	Flag Football	Intro to Lacrosse		
		Grades K & 1	Grades 2-4	Gr. 2 & 3	Gr. 3-5		
	TUES.	Ballet	Kids Yoga	Food Explorers	Dodgeball	Tennis	
		Grades K & 1	Grades K & 1	Grades 2-5	Gr. 4 & 5	Gr. K-3	
	WED.	Circle of Friends	Tennis	Addition youth programs in the evening are listed below and on page 10.			
		Girls Grades 2-5	Gr. 4 & 5				
	THUR.	Magic Workshops	Drawing Mixed Media	Flag Football	Intro to Lacrosse	Chess	
		Grades 1-4 & 3-5	Grades K-2	Grades 4 & 5	Gr. K—2	Gr. 3-5	
	FRI.	Ballet	Drawing Mixed Media	Futsal Soccer			
		Grades 2-5	Grades 3-5	Grades K-2			
WMS After School	MON.	Net Generation Tennis ~ 2:45—3:45pm				Gr. 6-8	
		Gaming & Esports Foundations ~ 2:45—4:30pm *Info on next page.				Gr. 6-8	
	TUES.	Fierce Females: Embrace Your Power and Change the Game!				Gr. 6-8	

Fairfield County Tennis (FCT) Clinics

Weekly tennis lessons for ages 3+ will be offered at Cadigan Park. Whether you are ready to jump into the sport or want to hone your skills, these group lessons are designed for maximum participation and skill development! Quick start red/orange balls will be used for younger players. Lessons may be cancelled for inclement weather. Classes are Thursdays 9/19—10/24 (no 10/3).



PeeWee: 3:15pm-4:00pm **Grades K-2:** 4:00pm-5:00pm

Grades 3-5: 5:00pm-6:00pm **Grades 5-7:** 6:00pm-7:00pm

Grades 8-10: 7:00pm-8:00pm

Fee: \$145 (\$90/PeeWee)

Youth Field Hockey

Join us for a fun and engaging fall field hockey season! All skill levels are invited to join this program designed to enhance skills, foster teamwork, and ignite a passion for the game. Open to all from grades K-7. Program led by Delta Field Hockey.



Days: Tuesdays **Dates:** 9/17—10/22

Time: 5:00pm-6:15pm **Fee:** \$150

Location: WMS Front Field

Futsal & Street Soccer

Check out this program that will accelerate your soccer skills through high speed, high volume ball touches and maneuvering in tight spaces.

Days: Fridays **Dates:** 11/8—12/20

Time: 5:00pm-6:00pm (Ages 6-9)

Time: 6:00pm-7:00pm (Ages 10-13)

Fee: \$132

Location: CLES



Youth Wrestling Program

This Brookfield Youth Wrestling Program is open to all in grades 2-8. No prior wrestling experience is necessary. This program will emphasize enhancing proper techniques, strength, and coordination skills and cover all aspects of wrestling. This program is led by Josh Levine, USA Wrestling Certified.



Days: Mondays & Thursdays

Location: CLES

Fall: 11/4—12/9

Winter: 1/2—2/6

Grades 2-4: 5:30pm-6:30pm

Fee: \$100

Grades 5-8: 6:45pm-8:15pm

Fee: \$120

Youth Programs

Affinity Esports

Students in grades 6-8 can stay after school on Mondays for **Gaming & Esports**



Foundations! Join us to explore games like Minecraft, Rocket League, Super Smash Bros, and Mario Kart in a social, encouraging environment. Each day focuses on a key skill - character development, teamwork, communication, problem-solving, and leadership.

Minecraft & Roblox Explorers for ages 7-17 will be offered in the evenings on Monday nights. Embark on a journey of creativity, friendship, and skill-building! Gamers will explore the collaborative worlds of Minecraft and Roblox, discovering the joy of creative expression and problem-solving. This unique program not only fosters digital creativity but also emphasizes the development of essential soft skills like communication, teamwork, and adaptability.

Day: Mondays **Date:** 9/23—11/4

Gaming & Esports Foundations: 2:45pm-4:30pm

Minecraft & Roblox Explorers: 4:45pm-6:30pm

Affinity Esports offers **in-studio** classes at their Newtown Studio. Fall classes: *Gaming & Esports Foundations, Game Creation & Coding, Content Creation & Live Streaming, Pixel Art & Game Design, Game Level Creation & Design, Video Editing, Minecraft & Roblox Explorers*, winter break, and after-school and drop-in programs. Sessions begin the week of Sept. 16th & Nov. 4th. Class details listed online.

The Lion, the Witch, and the Wardrobe

Students in grades 4-8 are invited to join a fall coffeehouse production! In this beautiful adaption for the stage, participants will receive student centered acting coaching and directing, while learning the makings of a play using teamwork and problem-solving throughout. This program will end with a full play performance.



Day: Mondays & Wednesdays **Fee:** \$175

Dates: 9/23—11/13 (no meeting 10/14)

Times: 5:00pm-7:00pm **Location:** WMS Room

Spring Musical: Matilda!

Our spring musical will be Matilda! Students can perform or be a crew technician (or both!) and receive student centered guidance, acting coaching, and directing, while learning the theater process through teamwork and problem-solving. Musical details and dates will be updated online in November.

REC Basketball

Rec Basketball Leagues rely on adult volunteer coaches who are vital for the leagues to run. If you are able to assist as a coach, please let us know at the time of registration for your child.

Rec Basketball ~ Grades K & 1



Basketball for the youngest age groups will start Dec. 14th! K & 1st grade basketball is a coed, 45-minute instructional program to learn and develop the fundamental skills of basketball. Children will be split into 'teams' who they will practice with each week. Seeking parent coaches for this age!

Day: Saturdays **Dates:** 12/14—2/22

Times: K: 8:00am-8:45am **1st Gr.:** 10:45am-11:30am

Fee: \$90 **Location:** CLES

Rec Basketball ~ Grades 2-5



These age groups begin the first Saturday in December! Separate boys and girls teams are formed in leagues that combine grades 2/3 and 4/5. League formats depend on the number of overall participants. Basketball takes place at both CLES and WMS on Saturdays. Times will vary week to week and take place in the morning or early afternoon. Each week, teams will have a 30 minute practice followed by a one hour game. A weekday practice will be added after teams are formed and begin in January.

Day: Saturdays **Dates:** 12/7—2/22

Times: Varies **Fee:** \$125

Rec Basketball ~ Grades 6-12

Rec basketball for boys & girls in grades 6+ begins the first Saturday in January.

Evaluations are held the first two weeks and teams formed by our supervisors.



Each week, teams practice for 30 minutes followed by a 1-hour game. All games at BHS. Times vary depending on overall enrollment. Generally, boys in grades 6/7 play at 8:00am or 9:30am, boys in grades 8/9 at 11:00am or 12:30pm, and boys in grades 10-12 at 2:30pm or 3:45pm. Girls will most likely play at 12:00pm or 1:30pm.

Day: Saturdays **Dates:** 1/4—3/8

Times: Varies **Fee:** \$112.50

Community

Brookfield Conservation Commission

Questions regarding the conservation commission can be directed to the Land Use Dept. 203-775-7316.



Invasive Plant Removal

All ages welcome to help remove invasive plants at Williams Park and plant new native flora. Meet in parking lot at 183 Whisconier Rd.

Dates: September 7th & October 5th

Time: 9:00am—12:00pm

Brookfield Volunteer Fire Company

Trunk or Treat—Saturday, Oct. 26th 5:00pm-7:00pm

Location: Firehouse— 92 Pocono Rd. Brookfield

Presented by Brookfield Public Schoolwide PTO and Brookfield Volunteer Fire Company. Donations for nonperishable food items will be collected to benefit Brookfield Social Services.



Santa Visits on a Fire Truck!

*BROOKFIELD RESIDENTS ONLY: Register to have Santa visit your house this season!

Dates: Sunday 12/8 & Saturday 12/14

Times: Starting at 9:00am until we are done!

Suggested donation: \$25 per family/household

Registration: www.brookfieldfire.com and at the Brookfield Volunteer Fire Company Facebook page. Direct questions to santavisits@brookfieldfire.com.

Brookfield Education Foundation



Mark your calendars! BEF Thanks for Giving Gala will be held Friday, Nov. 22, 2024 at the Candlewood Inn.

<https://www.brookfieldeducationfoundation.org/>

Brookfield Town Hall Tree Lighting

SAVE THE DATE: SATURDAY, DECEMBER 7th

The Brookfield Girls Scouts are proud to continue the tradition of hosting our annual tree lighting with songs, crafts, treats and a visit with Santa! More details will be available later this fall.



Community

YOUTH SPORTS ORGANIZATIONS:

Brookfield Baseball & Softball Association (BBSA)

www.brookfieldbbsa.com

Steve Harding Sr. – President

proff1960@aol.com ~ 203-770-4424

Brookfield Pop Warner Football & Cheer

<https://clubs.bluesombrero.com/brookfieldpopwarner>

Jeannine Palmer—President

brookfieldcheer.palmer@gmail.com

Brookfield Lacrosse Club

www.brookfieldlacrosseclub.org/

Holli Carl—Girls President

hollicarl0925@gmail.com

Brookfield Soccer Club

www.brookfieldsoccer.org

Brookfield Basketball Association (BBA)

Travel Basketball for grades 4-8

www.bbabrookfield.com

brookfieldbbapresident@gmail.com

Parks

Brookfield Municipal Center 100 Pocono Rd.

Cadigan Park 465 Candlewood Lake Rd.

Grey's Bridge Field 7 Old Grays Bridge Rd.

Town Park Beach 460 Candlewood Lake Rd.

Still River Greenway 63 Silvermine Rd.

Williams Park 183 Whisconier Rd.

Brookfield Conservation Commission

Properties include Burr Farm, Brookfield Nature Center, Happy Landings, Lillinonah Woods, Gurski Farm, Erikson Farm, and Old Bridge Sanctuary. Property locations and trail maps available online.

www.brookfieldct.gov/conservation-commission

BOSLI Properties

Birch Rocks Sanctuary & Kahlo Trail



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P.O. Box 5106 Brookfield, CT 06804

POSTAL PATRON

BROOKFIELD, CT 06804



The Brookfield Parks & Recreation Department does not discriminate on the basis of race, color, national origin, gender, religion, age or disability in provision of programs and services. Individuals with disabilities are encouraged to register.

The Brookfield Parks & Recreation Department is complying with the Americans with Disabilities Act (ADA) Public Law 101336. The law addresses issues of accessibility of facilities and programs. Provisions of reasonable program accommodations will be made on a case-by-case basis to allow people with disabilities to participate in and benefit from programs. Documentation of disability is required when requesting reasonable modifications.

WHAT'S INSIDE...

PRESENTING THE 2024 FALL PROGRAM GUIDE!

Inside your will find information and details on upcoming programs, special events, trips, rec basketball, and ski club. Some information has been abbreviated for the purpose of space and printing. Full details and updates for all items listed in this brochure are available online at www.brookfieldparksandrec.com

**Program dates and times are subject to change. Please check our website for the most current information.*

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