# TOWN OF BROOKFIELD PARKS & REC

#### WINTER 2024 PROGRAM GUIDE





#### WINTER 2024 HIGHTLIGHTS

- Rec Basketball Grades 6-12
- UCONN Women's Basketball 2/19 •
- Community Magic Show 2/20
- Ice Skating at Danbury Arena 3/17
- CLES After School Programs
- Annual Egg Hunts

# Winter 2024



#### CONTACT US:

**Brookfield Parks & Recreation** 162 Whisconier Rd. Brookfield, CT 06804 203-775-7310 park&rec@brookfieldct.gov www.brookfieldparksandrec.com

#### OFFICE HOURS: Monday – Friday 8:30am - 4:30pm



Like us on Facebook for up to date information and announcements.

@ Brookfield, Connecticut Parks & Recreation

#### STAFF:

Laura Murphy **Director, Parks & Recreation** Dan Gagne **Recreation Supervisor** Liz Gavagan Burandt Administrative Assistant

#### PARKS STAFF:

Chris Rabuse Parks Supervisor Chris Shaw **Crew Leader** Rob Haggarty Parks Maintainer

#### Mike Schaniel Parks Maintainer **Trevor Skok**

Chris Montchal Parks Maintainer Seasonal Maintainer







#### COMMISSION MEMBERS:

Ed Butt, Chair Bryan Chnowski Renee Santiago, Vice Chair **Rob Blick** Cassie Dunn Tom Murphy Kylie D'Arcangelo Liz Gavagan Burandt, Recording Secretary

### MISSION STATEMENT:

It is the mission of the Brookfield Parks & Recreation Department to respond to the ever changing needs of our residents by providing the foundation for enhanced community interaction and enjoyment. To enhance the quality of life for all ages and abilities by providing healthy and affordable recreation opportunities with an emphasis on safe, attractive and well managed public properties, parks, and school grounds.



# Winter 2024





#### ONLINE REGISTRATION IS HERE!

WWW.BROOKFIELDPARKSANDREC.COM



Programs listed in this guide are online!

Visit the link above to visit our website where you can browse programs, register and pay.

In the spring of 2023, Brookfield Parks & Recreation began using MyRec Software to offer our own website and online registration. The site allows families to create their own household account, browse programs, register and pay online. Previous household information <u>did not</u> carry over to MyRec. <u>Families who have not participated in any programs since April 1st, 2023 will need to create a new account before registering</u>.

# IN THIS ISSUE: \*Click on the category to jump to that page.

Adult Arts	7-8	Adult Education	6
Adult Fitness	9-14	Affinity Esports	24-25
Ballet for Tots	16	<u>Community</u>	27
CLES After School	18-22	Fit 4 You Programs	14
<u>Get Out of Town</u>	5	Guitar & Drumming	16
Martial Arts	17	Rec Basketball Gr. 6-12	26
USA Sport Group Tot Programs	15	WMS After School	23
<u>YogaSpace</u>	12-13		





# ECIAL EVENTS

### COMMUNITY MAGIC SHOW WITH TOM O'BRIEN!

Our favorite magician will be back for a community show this February break! Join us with family and friends to start your day off with a laugh and some smiles. Tom has performed hundreds of shows and appeared on Fox 61 and WSFB's Better Connecticut. He is a master of his craft and is superb at entertaining children while teaching. He also teaches after school workshops for K-5 students in Brookfield. The show is free and open to Brookfield families.

Day: Tuesday

Dates: 2/20/24

**Time:** 10:00am—10:45am

# ICE SKATING AT DANBURY ARENA

Brookfield friends and neighbors are invited for some ice skating at Danbury Ice Arena! One rink will be rented out for Brookfield residents. Skate rentals are included for those who need them, but please bring your own if you have a pair. Also bring a helmet from home if you have one for protection. Light refreshments will be served. There is no charge for this event but you must RSVP. Plan on getting to the arena around 11:30am so you have time to enjoy the full time on the ice. Paid parking in the Patriot Garage at 21 Delay St.

Day: Sunday

Dates: 3/17/24

Dates: 3/23/24

Time: 11:45am—1:15pm

Location: Danbury Ice Arena

### FLASHLIGHT EGG HUNT

Just for Brookfield students in grades 3-5! The 24th annual hunt will be held on the grounds of Town Hall. Participants should bring their own flashlight. Bags will be provided for collecting. Cost is \$5 per child with a \$10 family max. Pre-registration and payment is required. Start time is 8:00pm sharp.

Day: Friday

Fee: \$5.00 (\$10.00 max/family)

Location: Brookfield Town Hall

# ANNUAL EGG HUNT

Join the Parks & Recreation Department on the grounds of Town Hall on Saturday, March 23rd for the 25th annual egg hunt! Students in grade 4 and below are invited to participate. Bags provided for egg collecting or bring your own. Cost is \$5 per child with a \$10 family max. Pre-registration and payment is required.

Day: Saturday Time: Ages 5 & under-10:00am Fee: \$5.00 (\$10.00 max/family)

Location: Brookfield Town Hall

Ages 6 & up-10:30am or 11:00am

Time: 8:00pm

Location: BHS Auditorium









Dates: 3/22/24

# **GET OUT OF TOWN**

### UCONN WOMEN VS. CREIGHTON AT XL CENTER

Brookfield Parks & Recreation is offering discounted tickets to an upcoming UCONN Women's basketball game. The game will take place at the XL Center in Hartford on Monday, February 19th with a 12noon tipoff. Feb. 19th is a winter vacation day for Brookfield Public Schools. The tickets are located in the upper bowl

along the sideline in the XL Center. Those purchasing tickets need to arrange their own transportation to and from the game. <u>Click here to visit the Brookfield Parks & Recreation portal to purchase tickets.</u>

Day: Monday

Fee: \$12.66/ticket

Dates: 2/19/24

Location: XL Center, Hartford, CT

# HUDSON RIVER CRUISE ON THE RIP VAN WINKLE

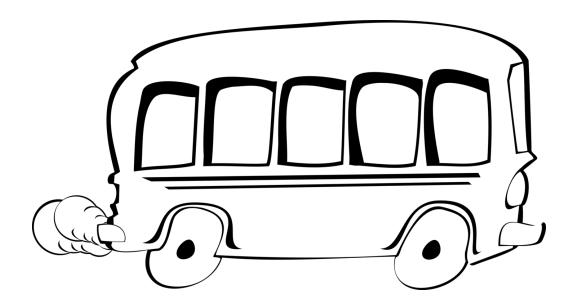
Enjoy a pre-cruise family style lunch with southern flare at Old Savannah Southern Table on the Kingston waterfront. Don't miss their famous friend chicken! After lunch, all aboard the Rip Van Winkle departing from Kingston, NY heading south to Hyde Park and return. The narrated cruise will take you by beautiful views of Hudson River Lighthouses, waterfront mansions and other amazing sites as you lazily glide along the river.

**Family Style Lunch Menu:** House Salad, Corn Bread, Herb Crusted Cod, Signature Friend Chicken, Seasonal Vegetable, Mashed Potato, Strawberry Shortcake, and Coffee.

Day: Sunday Dates: 7/14/24

Depart: 9:30am from Brookfield Town Hall, 100 Pocono Rd.

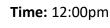
Fee: \$155.00pp Return: Approximately 6:00pm











# DULT EDUCATION



#### MAMA'S MIND MATTERS ~ NEW

Whether you're a new parent, planning for parenthood, a seasoned caregiver, or someone in your life is a parent and you'd like to delve into the world of maternal mental health, this is the class for you. Over an enlightening 8week period, we'll navigate through the signs and symptoms of perinatal mood and anxiety disorders. It's not just a class; it's an open space for discussion and unwavering support. Join us in understanding, empathizing, and empowering the maternal mental health experience. This course includes eight weeks of in-person learning, interactive classes, online member community, effective coping skills, and resources for your journey. This program is led by Carol Ann Murphy, a licensed mental health therapist for 10 years, specializing in the perinatal field.

Day: Saturday

Fee: \$300.00

**Instructor:** Carol Ann Murphy

**Date:** 2/10—3/30 (8 wks)

Location: Brookfield Town Hall, Room 135

Time: 9:00am—10:00am



#### PARLIAMO IN ITALIANO

Focusing on conversational Italian, students will learn the language through immersion and explanation of classical grammar. A portion of each class will be devoted to a cultural lesson such as holidays or other Italian historical elements. This class will focus on enjoying the Italian language and learning in a fun environment!

Day: Tuesday **Date:** 2/6—3/26 (8 wks) Time: 6:30pm-8:00pm Fee: \$144.00 Instructor: Chrys Prip Location: Brookfield Town Hall, Room 129

### WOMEN'S CIRCLES

Are you feeling on the outside looking in? Feeling alone in a crazy world that just keeps moving no matter how you are feeling? Do you know something is missing in your life and you can't put your finger on it? Then a woman's circle is perfect for you! When women gather, there is a collective power to heal, find our voice, to create a place to trust, love, and dream together. A women's circle is a safe space where we meet to share, meditate, create, play, and connect. Women's circles have been used throughout history to build community, friendships, and harmony for so many. When you participate in a circle, you will leave feeling free, loved, and peaceful just because you showed up! No expectations, no judgment. Come as you are and see! Take this time for yourself to be surrounded by the kindness and gentleness of other women. Come as a stranger, leave as a sister.

**Day:** Wednesday

Fee: \$78.00

**Date:** 1/24 to 2/28 (6 wks) Instructor: Kelly Viera

Time: 6:30pm-7:45pm Location: WMS Library



# ADULT. CHILD & INFANT CPR/AED/FIRST AID

This course covers CPR/AED and basic first aid for adults, infants and children in an approach that complements adult learning styles, hands-on practice and real-life scenarios. Upon completion, includes American Health & Safety Institute certification in Adult and Pediatric CPR/AED with basic first aid, valid for two years and pocket mask.

**Day:** Saturday

**Date:** 3/16

**Time:** 9:00am—2:00pm

Fee: \$119.00

Instructor: Charles Teich

Location: Town Hall Room, 100 Pocono Rd.



# **ADULT ARTS**

# WATERCOLOR WITH VICTORIA

Whether you are just starting out, or someone that has painted for a while, this class is perfect to meet you at your level. Participants will learn to use color in exciting ways: the group will focus on color theory, learning to mix colors with the color wheel, mixing compliments, mix various grays, discussing how color can express a wide range of emotions, learn about value and intensity, and many different watercolor techniques. By the third class, you will have a painting to work on at your own speed

while applying the knowledge you have learned. There will be demonstrations and individual attention each class. Each participant will work from a photo that inspires them or a still life you want to bring to class. All participants will walk away with a strong understanding of watercolor painting.

Victoria's classes are designed for all skill levels. Beginners, experienced artists and professionals can all participate! Come enjoy painting the beautiful changing colors around us each week.

<u>Winter 2024</u>	Fee: \$120.00 for 8 weeks	Instructor: Victoria Lange	
Day: Tuesday	Dates: 1/30—3/19 (8 wks)	<b>Time:</b> 5:30pm—7:30pm	Location: Brookfield Senior Center
Day: Thursday	Dates: 2/1—3/21 (8 wks)	Time: 10:00am—12:00pm	Location: Brookfield Town Hall, Room 129
<u>Spring 2024</u>	Fee: \$120.00 for 8 weeks	Instructor: Victoria Lange	
Day: Tuesday	Dates: 4/9—5/28 (8 wks)	Time: 5:30pm—7:30pm	Location: Brookfield Senior Center
Day: Thursday	Dates: 4/11—5/30 (8 wks)	Time: 10:00am—12:00pm	Location: Brookfield Town Hall, Room 129

# ACRYLIC CREATIONS

The theme for this program is 'think beyond the canvas'. Acrylics, a versatile medium, can be applied to a variety of surfaces resulting in very interesting and functional art. This program will be three sessions, each dedicated to a different surface. This class is designed for beginners and those with some painting experience. We will cover different painting

techniques, how-tos, and tips for turning ordinary, every day surfaces into art. All supplies and surfaces will be provided by the instructor for a materials fee of \$20.

 Day: Tuesday
 Dates: 2/27-3/12 (3 wks)

 Day: Thursday
 Dates: 2/29-3/14 (3 wks)

 Fee: \$60.00
 Instructor: Pamela Cassidy

Time: 10:30am—1:00pm Time: 5:30pm—8:00pm Location: Brookfield Town Hall, Room 129







# **ADULT ARTS**



### CROCHET ~ BABY CAP



What is old is new to you! Learn a lifelong skill this year that will teach you to create for yourself and others. This class will help you learn the basics of single and double crochet stitches while making a babies cap. These stitches will enable you to make many other items on your own such as blankets, scarfs and dishcloths, just to name a few! Participants should purchase and bring their own supplies including a size G crochet hook and one skein of Lion Brand or Red Heart yarn. Needles are available if you unable to obtain for the first class.

 Day: Wednesday
 Dates: 2/7—3/27 (8 wks)
 Fee:

 Time: 6:30pm—7:30pm
 Location: Town Hall Room, Room 119
 Instr

**Fee:** \$88.00

Instructor: Kathleen Huntington

# KNITTING ~ POT HOLDER/HOT PAD

Stick around to pick up another passive hobby that lasts a lifetime. Learn to knit and purl. Basic casting on, knitting, purl and binding off stitches will be taught while students create their own pot holder or hot pad. Participants should purchase and bring their own supplies including size 7 knitting needles and one skein of Lion Brand or Red Heart yarn. Needles are available if you are unable to purchase for the first class.

 Day: Wednesday
 Dates: 2/7—3/27 (8 wks)

 Time: 7:30pm—8:30pm
 Location: Town Hall Room, Room 119

Fee: \$88.00 Instructor: Kathleen Huntington

# (RAFT KITS TO GO!

Seasonal craft kits are available for purchase from the Parks & Recreation Department. Each kit contains 4-5 crafts with all materials and instructions included. Most crafts are pre-packaged and appropriate for ages 3-10. Some adult assistance may be required for younger crafters.

Fee: \$10 per kit

Pickup: Parks & Rec Office, 162 Whisconier Rd.

Kits Available After:

Valentine Kit: 2/1

St. Patrick's Day Kit: 3/1

Spring Kit: 3/21







# ULT FITNES

### TAI CHI QUAN FOR BEGINNERS

Tai Chi Quan is a fist system (Chinese boxing) that blends softness with energetic movement in accordance with the theory of yin and yang energies. It is suitable for everyone regardless of age, gender, and physical condition, even those suffering from chronic conditions.

The characteristics of a Tai Chi Quan system are stillness, lightness, agility, slowness, relaxation of the entire body, with everything guided by using the mind and not force. It is performed in the moment, slowly with internal focus fully conscious of every breath and movement the body makes. The major benefits being improved overall fitness and health and ultimately increasing longevity. In older practitioners it is said to return the vigor of youth.

This class will introduce standing meditation, gi gong stretching for balance and strength along with the principals and theories of the Tai Chi form. Wear flat sole shoes and loose clothing. No experience necessary.

Day: Monday Fee: \$120.00

Instructor: Vinny Candela

Dates: 1/29-3/25 (no class 2/19)

Time: 6:30pm-8:00pm Location: BHS Café

### TAI CHI QIGONG FOR HEALTH AND FITNESS

Qi gong is the art of moving Qi (life energy) around the body in a mindful way over time with concentrated effort and patience. It involves repeating different sequences of natural flowing poses using deep abdominal breathing to guide motions. Frequent practice can keep the body energized, limber, relaxed, fit and healthy. This class will explore standing meditation in static and dynamic flowing poses and simple mindful stretching. No special equipment required. Suitable for all levels of experience

Day: Friday Fee: \$48.00

Dates: 1/26-2/23 (no class 2/16) Instructor: Vinny Candela

Time: 6:30pm-7:30pm Location: WMS Café

### TAI CHI QIGONG: SWIMMING DRAGON

The Swimming Dragon is a 1,500 year old Taoist Yoga that has the power to improve our health, fitness and general well-being. It consists of a short cycle of movements specifically designed as a comprehensive care system for the internal organs. Some of the benefits include relieves neck, shoulder, low back, and hip pain by benefiting the spine, nervous system and meridians, and greatly enhances the body's ability to relax, reducing stress and the associated ailments. Standing Meditation will also be introduced. No special equipment is required. Please wear comfortable, loose clothes.

Day: Friday	Dates: 3/8—4/5 (no class 3/29)	Time: 6:30pm—7:30pm
<b>Fee:</b> \$48.00	Instructor: Vinny Candela	Location: WMS Café









# **ADULT FITNESS**



### TRAIN FOR A 5K



Are you interested in running a 5k road race (3.1 miles)? Are you a walker who wants to try running? Do you want to work on getting your fitness back, walking or running, in a group setting? Join Cassie Dunn in a group setting for a series of training runs this spring. Each participant will be given an individualized workout schedule to follow and new workouts will be introduced as you progress. Come dressed in layers to run & bring a water bottle. All levels of fitness welcome! The location for this class is the BHS track which is subject to change depending on availability. *Cassie Dunn is a former BHS cross country and track coach, a certified Road Runners Club of America Coach; NASM certified personal trainer, functional training specialist, Pilates and Spinning Instructor.* 

Days: Saturday

Fee: \$72.00

Dates: 4/6—5/11 Location: BHS Track Time: 8:00am— 9:00am Instructor: Cassie Dunn

# OPEN BASKETBALL

Monday night open gym for Brookfield residents and their guests age 18+. \$5.00pp each night at the door. There is no open gym on 1/15/24, 2/19/24 and on days when school is not in session or dismisses early because of inclement weather. Open gyms dates may be cancelled at any time due to weather, school programs or athletics.

Days: Monday

Fee: \$5.00/night

Dates: 11/13-3/25/24 Location: BHS Small Gym **Time:** 8:00pm— 9:30pm



### OPEN VOLLEYBALL

Wednesday night play for Brookfield residents and their guests age 18+. \$5 each night at the door. Open gym is canceled on days when school is not in session or dismisses early because of inclement weather. Open gyms dates may be cancelled at any time due to weather, school programs, or athletics.

Days: Wednesday

Fee: \$5.00/night

**Dates:** 11/1-4/10/24 **Location:** WMS Gym **Time:** 7:30pm – 9:00pm



# SUMMER SOFTBALL AT CADIGAN PARK

A men's softball league runs each summer with games taking place at Cadigan Park. New and returning teams interested in playing during the 2024 season should plan to attend the meeting on Tuesday, Feb. 20th at 6:30pm at Brookfield Town Hall. This is an informational meeting only, no deposits due. For more information or questions, contact League Director Jason Maxwell at <u>jamaxwell@hotmail.com</u>.

# DULT FITNESS

# SIMPLY SLOWLY STRETCH

Would you like to increase your flexibility? Strengthen the muscles that support your back and core? Through standing postures and floor work, you'll use the resistance of your own body to gently increase your flexibility, strength and stability. This program can be modified for all fitness levels. Participants should be comfortable working on the floor (mats). Bring a water bottle & mat or towel.

**Day:** Tuesday **Dates:** 2/6-4/2 (8 wks ~ no class 2/20) Instructor: Phyllis Babuini

Time: 6:30pm-7:30pm Location: WMS Room 1407

### ADULT YOGA

Fee: \$88.00

This mixed level class strings yoga postures together in a flowing, vinyasa style sequence of breath and movement, class infused with balance work and optional challenges, with modifications provided for all levels. Beginners encouraged to join! Wear comfortable clothes. Bring your own mat, water, blocks or straps if you have them and like to use them.

Day: Tuesday Dates: 1/23-3/26 (8 wks ~ no class 2/20, 3/19) Fee: \$88.00 Instructor: Sharon Poarch RPT, RYT-200

### FUNCTIONAL STRENGTH AND BALANCE

The class is geared towards helping individuals, ages 55+, maintain strong and healthy bodies as they age. Using dumbbells and body weight exercise, each class will work on upper and lower body strength, stability, balance and core strength to give participants a full body workout. This program is for all levels of fitness and can be modified for anyone. Please bring a mat, dumbbells, and water. Cassie Dunn is a former BHS cross country and track coach, a certified Road Runners Club of America Coach; NASM certified personal trainer, functional training specialist, Pilates and Spinning Instructor.

Days: Monday	<b>Dates:</b> 2/5—4/1 (8 wks ~ no class 2/19)	Time: 5:30—6:30pm
<b>Fee:</b> \$96.00	Instructor: Cassie Dunn	Location: WMS Room 1407

## DUST OFF YOUR DANCING SHOES!

Are you someone who used to dance and now feel like something is missing? Whether you stopped dancing a year ago, or 20 years ago, it is always a good time to jump back in! Join Alison DiPinto, a modern dancer of 35 years, to help you find that joy once again...because a dancer's got to dance no matter their age! Some knowledge of dance technique is required. Class will include a yoga inspired warm-up, modern/contemporary across the floor and center combinations that will have your body feeling good!

**Dates:** 1/23-3/26 (8 wks ~ no class 2/20, 2/27) **Day:** Tuesday Fee: \$88.00 Instructor: Alison DiPinto

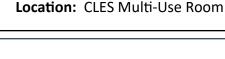
**Time:** 6:00pm—7:00pm Location: BHS Café











Time: 5:00pm—6:00pm





#### Class Location: YogaSpace 78 Stony Hill Rd, Bethel, CT 06801

### YOGA BASICS

The perfect class series for beginners or someone who is looking to bring their yoga "back to basics"! You will learn basic yoga poses (which will be modified based on your ability), as well as breathing and relaxation techniques in this comprehensive introduction to yoga. Engage in mindfulness, stress reduction, and energy awareness for a session that leaves you feeling empowered, relaxed and open. No experience necessary! Classes are ongoing. **Buy one, six class pass and attend any of the following classes over the course of eight weeks for \$79.00.** Mixing and matching of days is allowed.

Day: Monday	I
Day: Wednesday	
<b>Day:</b> Thursday	
Day: Saturday	I

Dates: January—April Dates: January—April Dates: January—April Dates: January—April Time: 12:00pm—1:15pm Time: 6:00pm—7:15pm Time: 9:30am—10:45am Time: 10:00am—11:15am Instructor: Debbie Isaacs Instructor: Debbie Isaacs Instructor: Debbie Isaacs Instructor: Heather Morgado

#### YIN RESTORATIVE YOGA

The Yin practice focuses on postures that lengthen the muscles surrounding the hips, pelvis, and lower back. Postures are held with support for 3-5 minutes to stimulate tissue surrounding the joints, making Yin essential for injury prevention and joint health as we age. The class can bring you to a meditative physical and mental state and each class will end with seated meditation. All levels welcome. Classes are ongoing. **Pick 6 classes over 8 weeks. \$79.00.** 

Day: Tuesday

Dates: January—April

**Time:** 7:30pm—9:00pm

Instructor: Rob Farella

### ART OF MEDITATION

This 4-week meditation course is an excellent program for beginners as well as the seasoned practitioner who desires to go deeper and find more in their meditation. The course will help you rediscover your inner stillness and silence while building a deep understanding of the practice and

Å

its many values and benefits. Regular practice helps restore balance, generate deeper calm, boost health and healing, increase concentration & productivity, create greater joy, clarity, creativity & purpose. Meditation can open your eyes and improve your quality of life. **\$49.00 for 4 week class.** 

Day: Tuesday

Dates: 1/9—1/30

**Time:** 6:00pm—7:00pm

Instructor: Rob Farella

#### Class Location: YogaSpace 78 Stony Hill Rd, Bethel, CT 06801

# LYT YOGA

The LYT Yoga method was created to help Yogis find freedom through smarter, safer, and sustainable movement patterns that challenges both mentally and physically in the most enjoyable ways. All levels welcome! Four classes offered. Beginner classes on Saturdays and Slow Flow on Wednesday evenings. Classes are ongoing. Pick six classes over eight weeks.

Day: MondayTime: 9:30am—10:45amDay: SaturdayTime: 8:30am—9:45amDay: WednesdayTime: 7:30pm—8:45pmDay: SundayTime: 10:30am—11:45amDates: January—AprilFee: \$79.00Instructor: Julie Glick

# PRE/POST NATAL YOGA

This nurturing and fun gentle yoga class is designed to strengthen, stretch and embrace changes in a women's body during and after pregnancy. Soon to be moms and recent moms will learn what poses are appropriate for them, as well as meditation and breathing techniques to promote concentration, relaxation and renewed energy. Connect with other moms and build that special bond with your baby. Be prepared to practice yoga, but also know its completely fine to stop to attend to your baby. No experience necessary and permission from your doctor is highly recommended. Classes are ongoing. Pick six classes over eight weeks.

Day: TuesdayDates: January—AprilTime: 6:00pm—7:15pmFee: \$79.00Instructor: Heather Morgado

# DISCOVER KUNDALINI YOGA

The science of Kundalini Yoga is an ancient technology and is considered one of the most powerful and comprehensive forms and the fastest way to establish an aligned relationship between body, mind, and spirit. This is an introductory class and will review all the basics of Kundalini Yoga, including postures (asanas) dynamic movement, sound current (mantra) breath (pranayam) and meditation. All levels welcome. Classes are ongoing. Pick six classes over eight weeks.

Day: FridayDates: January—AprilTime: 6:00pm—7:30pmFee: \$79.00Instructor: Susan Shaner MA, MS, RYT, PCC

INTRO PASSES: Intro to studio: \$36.00 Intro to Live Stream: \$20.00

Try any three classes over 30 days. Pass activates after your first class.





9





Class Location: Fit 4 You Studio, 195 Federal Rd. Brookfield, CT 06804

### BARRE CLASS WITH KRISSY

Krissy's 45 minute barre classes are designed to give you a full body workout that will improve strength, flexibility, and endurance. Classes focus on proper form, alignment and are accessible and safe for all fitness levels. Krissy's goal is for clients to challenge their bodies, have fun, & move with greater ease in their daily life. Participants must attend classes within date range, unless a makeup for inclement weather.

Day: Friday

**Dates:** 3/1—3/22 (4 wks)

Time: 9:30am—10:15am



#### Fee: \$80.00

Instructor: Krissy Christensen

### BEGINNER REFORMER WITH CHRISTINA

This class is perfect for beginner/intermediate students! You will get a total body workout in using the reformer. This, low impact form of strength training, is for all abilities. Sticky socks required for safety. Four classes offered. Participants must attend classes within date range, unless a makeup for inclement weather.

Day: MondayDates: 1/29-2/26 (no class 2/19)TimDay: MondayDates: 1/29-2/26 (no class 2/19)TimFee: \$140.00Instructor: Christina Van de Water

**Time:** 10:00am—10:45am

**Time:** 5:15pm—6:00pm



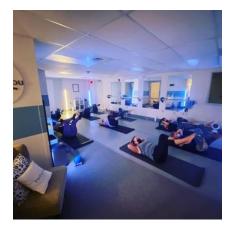
### BARRE

Classes will consist of barre/mat Pilates & cardio elements to provide a total body workout! Mats are available for use but feel free to bring your own! Grip socks are required to be worn to prevent injury; socks are available for purchase. Participants must attend classes within date range, unless a makeup for inclement weather.

 Day: Monday
 Date: 1/29-2/26 (no class 2/19)
 Time: 6:15pm-7:00pm

 Fee: \$80.00
 Instructor: Christina Van de Water









# **TOT PROGRAMS**







Brookfield Parks & Recreation is proud to partner with USA Sport Group to offer youth programs for tots, ages 2-6.

#### Spring & Summer 2024 Classes now posted!

Instructors are provided by USA Sport Group.

#### Visit www.usasportgroup.com for full details, schedules, and registration!

PRESCHOOL Multi-Sports: Parent & Me: Age 2-3 | T-Ball Squirts: Age 3-5 | Seniors: Age 5.5-6.9

Sports included: Lacrosse, Soccer, T-Ball, & Track & Field.

**Parent Assisted Squirts Multi-Sports** is a fun and positive introduction to a variety of sports for young children, with a helping hand from Mom or Dad! With a parent participating by their side, kids will have fun learning the fundamental skills of each sport through fun-based games and activities. This is an excellent opportunity for you to spend quality time together while easing your child into social situations with support and confidence.

**Squirts Multi-Sports** allows children to experience a variety of sports throughout the program. Our professional coaches ensure that children are engaged in fun, inclusive activities, in a positive learning environment. In addition to emphasizing the fundamentals of each sport, each activity is designed to improve hand-eye coordination, balance, agility, and movement. Classes include a series of fun challenges, structured activities, and scrimmages adapted to ensure everyone achieves success.

**Multi-Sports Senior Squirts** classes introduce beginners and those with some experience to a variety of different sports. Our professional sports coaches will ensure that children are engaged in fun, inclusive activities, in a positive learning environment.

PRESCHOOL Soccer: Parent Assisted: Age 2.5-3.9 | Squirts: Age 3-5.5 | Seniors: Age 5.5-6.9

**Parent Assisted Squirts Soccer** is a fun and positive introduction to soccer for young children with a helping hand from Mom or Dad participating by their side! Kids will have fun learning the fundamental skills of soccer through fun-based games and activities. This is an excellent opportunity for you to spend quality time together while easing your child into social situations with support and confidence.

**Soccer Squirts** is the perfect class for introducing a child to soccer. Our professional coaches ensure that children are engaged in fun, inclusive activities, in a positive learning environment. Players will learn the fundamental skills of soccer, including dribbling, passing, shooting, and defending. Classes will include a series of fun challenges, structured activities, and scrimmages adapted to ensure everyone achieves success.

**Soccer Senior Squirts** classes introduce beginners and those with some experience to the fundamentals of soccer. Each soccer session will focus on developing a particular skill or technique associated with the game of soccer including dribbling, passing, ball control, moves & turns, shielding the ball, positioning, and more. Players will learn the basic principles of soccer and will be encouraged to apply these skills to structured game scenarios, challenges, and scrimmages.

# ALL AGES

# BALLET FOR TOTS

This class will introduce boys and girls, ages 3-5, beginning ballet exercises in an energetic, creative, and nurturing way. Students are introduced to the world of dance through exercises that enhance musicality, performance and coordination. There will be a final performance at the end of the last class for family and friends. This is a drop-off class and all dancers need to be potty trained. This program takes place at the Congregational Church of Brookfield in Fellowship Hall.

 Day: Mondays
 Dates: 1/22-3/18 (8 wks ~ no class 2/19)

 Fee: \$120.00
 Instructor: Tatiana Prip

Time: 10:30am—11:30am

Location: Congregational Church of Brookfield

# HORSEBACK RIDING LESSONS

Brushy Hills' lesson program caters to students of all ages from beginners to seasoned veterans. Ev offers her lifetime of experience to hand tailored lessons to each rider's needs, ensuring that riders achieve their goals and full potential. Lessons are closely supervised in a safe and nurturing atmosphere that provides students with solid foundations, necessary skills to communicate properly with their horse and become good horsemen. Brushy Hill (15 Coachman's Dr. Southbury) has a large indoor facility and lessons are held year round. Hard hats will be provided. Once registered, call 203-470-4353 to schedule lesson date and time.

1 hour private lessons

4 Pack \$560, 8 Pack \$1,120.00

Fee: <u>½ hour private lessons</u>

4 Pack \$280, 8 Pack \$560.00

# DRUMMING LESSONS

Face the Music Together(!) with Don O'Keefe, private drum instructor and a Berklee College of Music Alum with over 40 years experience performing and teaching. He believes that every drummer,

teacher and student alike, has a voice to offer to the drumming community and those willing to put in the time can become proficient. Don can offer you or your kids the proper guidance on a musical journey! Register via email, <u>facethemusictogether@yahoo.com</u>or visit <u>www.facethemusictogether.com</u> for more info.

# GUITAR LESSONS



AGES 7 & UP

Have fun learning the fundamentals of guitar from our talented local singer, songwriter, and guitarist Frank Enea, creator of "The Night Begins to Shine" and character on Cartoon Network's hit show "Teen Titans Go!" Playing guitar is a lifelong hobby and assists in a child's development, instills confidence, inspires creativity, and yeah, it's cool too! This one on one lesson is customized to meet the students own goals and skill sets. **\$220 for 4, 30 minute lessons**. Lesson times will be set with Frank after registration. <u>www.satellitemusicstudios.com</u>







# ARTIAL ARTS

### WORLD CHAMPIONSHIP TAEKWONDO ~ AGES 4 & UP

Now more than ever before, Taekwondo is needed. Students can learn to be active, socialize, speak up, build confidence and self-esteem in a positive environment. Master Kris Hyun focuses on respect

and the love of the family. Taekwondo can also help children focus, become peaceful, and gain confidence needed for a healthy life. Registration includes two classes a week for four weeks. This program is open to first-time students only. Uniform included. Teen and adult classes offered as well! We have awesome Juniors and Adults students who will welcome you. Email wctbrookfield@gmail.com with any questions. See you at the Dojang! Ages 4—12: (choose any 2 times weekly)

Days: Mondays & Fridays at 4:40pm, Tuesdays at 6:00pm, Wednesdays at 4:00pm, Saturdays at 9:30am Junior & Adult 13+: (choose any 2 times weekly) Days: Tuesdays & Thursdays at 6:40pm or 7:20pm

Dates: Classes are ongoing ~ Start anytime!

Fee: \$149.00

Location: WCT, 317 Federal Rd.

### RAPADURA BRAZILIAN JIU-JITSU ~ AGES 5-12

This program is a game based learning experience. Children will be running, jumping and rolling their way through the fundamental movements of Jiu Jitsu. In this way, your children will learn muscle memory responses for a technique that will soon be second nature to them. This happens all while having fun with the added bonus of exercise! Registration through Parks & Rec is an introductory offer that includes the cost of your Gi uniform. Fee: \$210.00 (16 classes)

Day: Tuesdays & Thursdays Time: 5:30pm—6:15pm

**Dates:** Classes are ongoing ~ Start anytime! Instructor: Leo da Silva Location: Rapadura Gym, 117 Mount Pleasant Rd., Newtown

## RAPADURA BRAZILIAN JIU-JITSU ~ AGES 13+

This class incorporates drilling exercise rooted in fundamental movements of Jiu Jitsu as well as partner training. to focus on technique as well as conditioning and muscle memory. In this way all participants will develop quick recall of physical responses, to defend against their partners. All of these skills encourage self-esteem, friendship and most importantly the practice of patience. They will learn to be calm and think through the steps. Registration through Parks & Rec is an introductory offer that includes the cost of your Gi uniform. Fee: \$340.00 (24 classes)

**Day:** Monday, Wednesday, Friday **Time:** 6:30pm—8:00pm

**Dates:** Classes are ongoing ~ Start anytime! Instructor: Leo da Silva Location: Rapadura Gym, 117 Mount Pleasant Rd., Newtown

## RAPADURA KICKBOXING ~ AGES 14 +

The foundation of a good striker is cardio and endurance, this program provides ways to reach your individual fitness goals and continually challenge you to push through and reach levels you never thought possible. These fitness skills not only apply to overall health but are the foundation for all physical exercise. Instructor Tyler Stinson is an accomplished coach with years of experience in various size groups. Tyler is always evaluating progress and ability so each student is continually improving on an individual level, at the same time maintaining a group environment that is both fun and fit for all. Fee: \$145.00 (24 classes)

Day: Monday, Wednesday, Friday Time: 5:30pm—6:30pm

Dates: Classes are ongoing ~ Start anytime! Instructor: Leo da Silva Location: Rapadura Gym, 117 Mount Pleasant Rd., Newtown









### FOOD EXPLORERS: SURPRISE DESSERTS



**Grades 2-5:** Join Food Explorers for 4 weeks of sweet treats made with an undercover star; vegetables! Join Food Explorers for 4 weeks of deliciously sweet desserts all containing a surprise vegetable! We'll be making brownies, cake pops and cobbler. Recipes are nut free but do contain dairy, eggs and gluten. Ingredient substitutions are not possible.

**Day:** Thursday **Fee:** \$92.00 Time: 3:30pm—4:45pm Location: CLES Classroom **Dates:** 1/25–2/15 (4 wks) **Instructor:** Food Explorers Instructor Ashley

### FOOD EXPLORERS: CHEESE PLEASE

**Grades 2-5:** Join Food Explorers for 4 weeks of deliciously cheesy recipes! We'll be making three cheese pizza bites, personal nachos, fried mozzarella bites, and cheesy smashed potatoes. Recipes are nut free but do contain dairy, eggs and gluten. Ingredient substitutions are not possible.

Day: Tuesday Fee: \$92.00 Time: 3:30pm—4:45pm Location: CLES Classroom

Dates: 2/27—3/19 (4 wks) Instructor: Food Explorers Instructor Michelle

#### FOOD EXPLORERS: SPRING DESSERTS

**Grades 2-5:** Join Food Explorers for a 4 week dessert class! We'll be making blueberry trifles, fruit tarts, fruit cobbler, and ambrosia. All recipes are nut free but will contain dairy, eggs and gluten. Ingredient substitutions are not possible.

Day: ThursdayTime: 3:30pm-4:45pmDates: 3/7-4/11 (No class 3/14, 3/28)Fee: \$92.00Location: CLES ClassroomInstructor: Food Explorers Instructor Ashley

### WIZARDS SCHOOL OF MAGIC

Students at CLES are invited to join an after school lesson in wizardry. Full time professional magician Tom O'Brien will teach the your aspiring magician four new magic tricks. Tom has performed hundreds of shows and appeared on Fox 61 and WSFB's Better Connecticut. He is a master of his craft and is superb at entertaining children while teaching. Students will receive magic kits containing props to perform at home, and a magic wand! Tom is constantly changing his program so tricks are rarely repeated in workshops.

Register before the spaces – alakazaam – disappear!

Time: 3:30pm—4:30pmFee: \$18/workshopLocation: CLES ClassroomGrades K-2: TuesdaysGrades 3-5: FridaysImage: Cles ClassroomAbracadabra Workshop: 2/6Abracadabra Workshop: 2/9Image: Cles ClassroomHocus Pocus Workshop: 3/26Hocus Pocus Workshop: 4/5Image: Cles Classroom

## INTRO TO LACROSSE

The after school lacrosse program will introduce kids to the game in a fun learning environment. They will learn the basics of how to cradle the ball, scoop, throw, pass, defense, and offense. This program is for beginners looking to try out the game of lacrosse while having fun doing different drills. This program is led by Holli Carl, who has vast experience in coaching all age levels. All equipment provided, as well as a Brookfield Lacrosse shirt for your child to wear, just make sure your child wears sneakers and athletic wear.

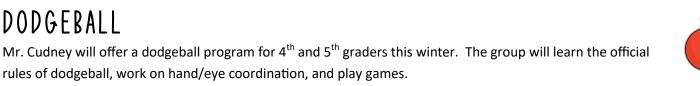
Grades K-2: Day: Thursday **Dates:** 1/25-3/21 (8 wks ~ no class 3/14) **Time:** 3:30pm – 4:30pm Grades 3-5: Day: Friday **Dates:** 1/26-4/4 (8 wks ~ no class 2/16, 3/15, 3/29) Time: 3:30pm- 4:30pm Fee: \$96.00 Location: CLES Gym/Gross Motor Room Instructor: Holli Carl

### FLAG FOOTBALL

Students in grades 2-3 and 4-5 will learn the rules and fundamentals in this non-contact class with Mr. Cudney. Drills, activities and scrimmages will be played each week.

Grades 2-3: Day: Monday Grades 4-5: Day: Thursday Fee: \$66.00

**Time:** 3:30pm—4:45pm Time: 3:30pm-4:45pm Location: CLES Gym/Gross Motor Room Dates: 2/5-3/18 (6 wks ~ no class 2/19) Dates: 2/8-3/21 (6 wks ~ no class 3/14) Instructor: Matt Cudney



Day: Tuesday

**Time:** 3:30pm – 4:45pm Fee: \$66.00

Location: CLES Gross Motor Room

Dates: 2/6-3/19 (no class 2/20)

**Instructor:** Matt Cudney

# NET GENERATION TENNIS

The program is for new and semi experienced players who are looking to learn skills and also continue to improve their current skills. Net Generation, a USTA national program, games and lesson plans are followed. The class is highly interactive with constant participation. Players should wear loose comfortable clothing and sneakers. Bring your racquet! Extras available.

Grades K-3: Day: Tuesday Grades 4-5: Day: Wednesday Fee: \$144.00

**Dates:** 1/30-3/26 (8 wks~ no class 2/20) Dates: 1/31-3/20 (8 wks) Location: CLES Gym

**Time:** 3:30pm—4:30pm Time: 3:30pm-4:30pm Instructor: David Mwanza









### KIDS YOGA



Yoga fosters creativity, sharing, focus, self-esteem and rewards each student with a peaceful mind and body. This yoga class meets each child where they are and playfully invites children to improve strength, flexibility, and coordination through basic yoga poses. Children will learn strategies to improve focus and self-regulation, learning to calm their bodies down through self-awareness and breathing techniques. Through the practice of relaxation, yoga poses, partner and group poses, and yoga games children will learn self-respect and respect for others. Kids should wear comfortable clothes that are easy to move in and will participate barefoot. Please bring a water bottle; yoga mats will be provided.

<u>Grades K-1:</u> Day: Tuesday <u>Grades 2-5:</u> Day: Monday Instructor: Sharon Poarch Dates: 1/23—3/26 (8 wks ~ no class 2/20, 3/19) Dates: 1/22—3/25 (9 wks ~ no class 2/19) Location: CLES Classroom Time: 3:30pm – 4:30pm Time: 3:30pm – 4:30pm Fee: \$80.00 (\$90.00 Gr. 2-5)

### CHESS CLUB ~ NEW

Knights unite! Boys & girls in grades 3-5 are invited to join our after school chess club to learn the game and play against friends! Students who have not played before will be taught the moves and basic strategy. Those who know how to play will play against others each week to improve their ability.

Day: TuesdayDates: 2/6-3/19 (6 wks ~ no class 2/20)Time: 3:30pm-4:30pmInstructor: Michelle FrenchLocation: CLES ClassroomFee: \$72.00

### LEARN TO PLAY PIANO!

The Village Music School Foundation will offer after school piano lessons for students

in Kindergarten through 5th grade. This age appropriate curriculum includes singing, playing, analyzing, creating and listening to music. Students will learn the fundamentals of understanding music through popular songs and hand on experience that will lead the way for future musical exploration. Portable, roll-up pianos are provided and students can bring them home between classes. Pianos must be returned at the end.

<u>Grades K-2:</u> Day: Monday <u>Grades 3-5:</u> Day: Tuesday Fee: \$232.00 Dates: 1/29—3/25 (8 wks ~ no class 2/19) Dates: 1/30—3/26 (8 wks ~ no class 2/20) Location: CLES Classroom Time: 3:30pm– 4:15pm Time: 3:30pm – 4:15pm Instructor: Village Music School Instructor





### CONTEMPORARY DANCE WORKSHOP—FOUR DAY

Join us for this four-day contemporary workshop for students in grades 1-5. Learn contemporary, modern, and jazz dance styles that encourage dancers to explore emotions and express themselves! Dancers will spend time working on their technique, exploring performance qualities, and developing the fundamentals of musicality. Dancers should wear a leotard and tight-fitting leggings and should have their hair pulled back into a tight ponytail or bun. Friends and Family will be invited for a short observation on the final day!

Day: Monday—Thursday Fee: \$60.00 Dates: 1/8—1/11 (4 days) Location: CLES Multi-Use Room Time: 3:30pm—5:00pm Instructor: Tatiana and Chrys Prip



# BALLET

This class will introduce boys and girls to age appropriate beginning ballet exercises in an energetic, creative, and nurturing way. Students begin to explore the world of dance through exercises that enhance musicality, performance and coordination.

For grades 2-5, the advanced ballet class will help students make significant progress in gaining strength and flexibility. Returning dancers welcome or new comers can jump right in and experience class for the first time. Each dancer will be challenged and guided through artistic and technical leaps at their own pace. Along with ballet technique, your dancer will learn about ballet history, music theory, classical ballet choreography, and French ballet terminology.

Dancers in these classes need to have their hair pulled back in a pony tail, braids, or bun. Dancers are welcome to bring pins, a hair elastic, and a brush, and the instructors will help them with their hair.

There will be a final performance in the last class for family and friends.

Recommended attire: Girls – leotard, tights, ballet shoes. Boys – t-shirt, sweatpants, and ballet shoes.

Ballet for Grades K-1:	<b>Time:</b> 3:30pm—4:30pm	<b>Fee:</b> \$104.00	Location: CLES Room	
Day: Mondays	<b>Dates:</b> 1/22—3/18 (8 wks ~ no	Dates: 1/22—3/18 (8 wks ~ no class 2/19)		
Day: Tuesdays	Dates: 1/23—3/19 (8 wks ~ no class 2/20)			
Ballet for Grades 2-5:	Time: 3:30pm—4:30pm	<b>Fee:</b> \$104.00	Location: CLES Multi-Use	
Day: Fridays Dates: 1/26-4/4 (8 wks ~ no class 2/16, 3/15, 3/29)				
Instructor: Tatiana and Chrys Prip				



### DRAWING MIXED MEDIA

Paint, Draw & More! drawing classes teach young artists to draw what they see, to enhance their drawings with their own ideas and concepts, and to use different materials in creative ways. Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. Our grade 3-5 classes are specially designed to build on your child's knowledge of drawing, and to teach them technical skills to develop their unique style. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. Classes are kept small to ensure each student gets proper attention to work at their ability. We use the highest quality materials we can to help our students obtain the best results for their efforts. www.georgetownarts.com/paint-draw-more

Grades K-2:	Instructor: Steve Burke	Location: CLES Classroom	<b>Fee:</b> \$96.00
Session 1:	Day: Thursday	Dates: 1/25-2/15 (4 wks)	Time: 3:30pm—4:30pm
Session 2:	Day: Thursday	Dates: 2/29-4/4 (4 wks ~ no class 3/14, 3/28)	Time: 3:30pm—4:30pm
Grades 3-5:	Instructor: Susan Jackson	Location: CLES Classroom	<b>Fee:</b> \$96.00
Session 1:	Day: Friday	Dates: 1/26—2/23 (4 wks ~ no class 2/16)	Time: 3:30pm—4:30pm
Session 2:	Day: Friday	Dates: 3/8-4/12 (4 wks ~ no class 3/15, 3/29)	Time: 3:30pm—4:30pm

### STEPPING UP: GIRLS PREPARING FOR MIDDLE SCHOOL

Being in **5th grade** and getting ready for middle school can be scary. Wouldn't it be even easier if you knew you won't be the only one feeling like this? In the program, we will work on friendship, confidence, compassion, emotions, and learning how to handle stress in healthy ways. In 8 weeks girls will unite to see how similar they are as they learn strategies to make life transitions easier. We will meditate, move, practice some mindfulness, create, and much more. Girls will get to meet and bond with a middle girl in a bonus class.

Day: Tuesdays Fee: \$120.00

Location: CLES Classroom

Dates: 1/30 to 3/19 (7 wks ~ no class 2/20)

Time: 3:30pm – 4:45pm Instructor: Kelly Viera

## (IRCLE OF FRIENDS (2 - 5TH GRADERS)

Whether you are outgoing or like to keep to yourself, this after school group will help students develop and strengthen connection with others. Girls in grades 2-5 will learn the importance of true friendship, how to be compassionate, how to be their own hero, and how to deal with emotions. We will create a foundation for confidence and empowerment. The group will learn and practice meditation, activities, games, crafts, and teamwork projects to achieve our goals.

 Day: Wednesday
 Dates: 1/31 to 3/6 (6 wks)

 Fee: \$120.00
 Place: CLES Classroom

Time: 3:30pm – 4:30pm Instructor: Kelly Viera



# WMS After School

### YOUTH WRESTLING PROGRAM

This Brookfield Youth Wrestling Program is open to boys and girls in grades 5-8 and no prior wrestling experience is necessary. The program will emphasize enhancing proper techniques, strength, and coordination skills and cover takedowns, escapes, reversals, pinning combinations and tilts. Techniques are taught in sequence to help wrestlers learn and understand. Participants should wear sneakers, shorts, and a t-shirt. Everyone will receive a Brookfield Wrestling shirt. This program is led by Josh Levine, USA Wrestling Certified.

Dates: 1/8—2/12/24 (No class 1/15) Fee: \$120.00 Day: Mondays & Thursdays Location: CLES Gross Motor Room Time: 7:00pm-8:00pm

### FIERCE FEMALES

Being in Female in middle school can be complicated and messy! This program, for grades 6-8, will travel the roads of understanding, clarity, managing stress, focus, self-respect, self-reflection, emotions, and empowerment. Together, the group will play, interact, discuss and laugh through the topics that mean the most to students and celebrate being perfectly imperfect. Join us to create, connect, laugh and grow together.

Day: Thursday Fee: \$120.00

Dates: 2/1 to 3/7 (6 wks) Location: WMS Library Time: 2:45pm—4:00pm Instructor: Kelly Viera



### FEARLESS FEMALE PAJAMA SPA PARTY

Don't miss our first MHP Pajama Spa Party! This is an exciting way for young girls in 1st to 8th grade to relax, have fun, and learn about self care. The group will make natural face masks and body scrub with all natural ingredients and talk about self care and the importance of scheduling time every week for them. This instills a sense of confidence and the importance of having down time to recharge. Get cozy in pajamas and slippers for you time!

Day: Saturday Fee: \$25.00

Dates: January 13th Location: WMS Café Time: 1:00pm—2:30pm Instructor: Kelly Viera

# MUSICAL: ANNIE!

Calling all actors, singers, stagehands, costume & set designers!

Students in grades 4-8 are invited to join this years immersive production of Annie Jr. Brookfield Parks & Recreation is looking for energetic boys and girls who are interested in learning about all aspects of musical theater by putting on their own show! This program is designed to give everyone hands-on experience in both backstage and on-stage parts of the show. Led by director Stacey Snyder, students will learn about the various roles in a show, identify areas they are interested in helping, and work together with other students to put everything together! Auditions will be held for lead roles. Participants presence on stage, whether large or small, depends on their interest.

Day: Mondays & Wednesdays Fee: \$325.00 **Dates:** 2/5—4/24 (*no meeting 2/19, 4/15, 4/17*) **Time:** 5:00pm—7:30pm **Location:** WMS Seminar Room



23

# **AFFINITY ESPORTS**



Affinity Esports is on a mission to create safe spaces for happier and healthier gaming experiences. <u>Full class descriptions and details are available online by clicking here.</u>

All classes listed below are held at the Affinity Esports studio at 27 Glen Rd., Suite 408, Newtown, CT 06482.

## GAMING FOUNDATIONS (AGES 7-13)

This class offers an overview of gaming, including digital content creation, game creation, and competitive organized gaming (also known as esports). Participants will experience a variety of games such as Minecraft, Rocket League, Fall Guys, Super Smash Bros, and Mario Kart in a



collaborative setting, emphasizing character-building, communication, and teamwork. This class is

perfect for young enthusiasts to discover their digital passions and potential future pathways, while emphasizing the importance of balance, wellness, and basic internet safety.

Day: Monday

**B Session:** 2/26-4/1 (6 wks)

**Time:** 4:45pm—6:30pm

### GAME (REATION, MODDING & CODING (AGES 7-13)

This class will require your child to problem-solve, be creative, think critically, and hone basic computer skills to achieve their game creation goals. Start by learning code basics through Scratch, the world's largest coding community and visual coding language for children, to create their own games. Participants will also practice coding through a variety of fun challenges and coding courses in Minecraft Education Edition and Roblox.

**Day:** Tuesday A Session: 1/9–2/13 (6 wks)

A Session: 1/8–2/12 (6 wks)

Time: 4:45pm—6:30pm B Session: 2/27—4/2 (6 wks) Fee: \$240.00

Fee: \$195.00

### CONTENT CREATION & STREAMING (AGES 7-17)

Join us for our Beginner Content Creation and Streaming class, where your child can learn the fundamentals and develop skills necessary to become a successful content creator. In this class, they will have the opportunity to explore their creativity, build their personal brand, and produce unique content. Students will receive an overview of hardware and software requirements, streaming platforms, lighting, audio, video editing, graphic design, and more. They will learn how to configure their setup, get behind the camera and microphone, and share the final results online with family and friends.

Day: Wednesday	<b>Time:</b> 4:45pm—6:30pm	<b>Fee:</b> \$225.00
A Session: 1/10—2/14 (6 wks)	<b>B Session:</b> 2/28—4/3 (6 wks)	

# **AFFINITY ESPORTS**



Affinity Esports is on a mission to create safe spaces for happier and healthier gaming experiences. Full class descriptions and details are available online by clicking here.

All classes listed below are held at the Affinity Esports studio at 27 Glen Rd., Suite 408, Newtown, CT 06482.

### ADVANCED GAME (REATION, MODDING & CODING (AGES 12-17)

Enroll your child in our Intermediate Game Creation, Modding, and Coding program, where they will collaborate with others to problem-solve, develop creative solutions, think critically, and gain a more advanced understanding of computational thinking and execution. This course is anchored in Game Maker Studio, where they will expand their coding knowledge by building, collaborating, and sharing their own unique games.



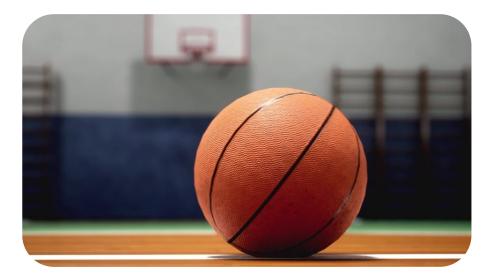
**Day:** Thursday **A Session:** 1/11–2/15 (6 wks) **Time:** 4:45pm—6:30pm **B Session:** 2/29—4/4 (6 wks) Fee: \$240.00





# **REC BASKETBALL**







#### LEAGUE DETAILS:

Location: Brookfield High School Gyms Day: Saturdays Dates: 1/6/24—3/2/24 (9 weeks) Registration Fee: \$108.00

#### **LEAGUE SUPERVISORS:**

Steve Kolitz Jason Maxwell Desirae Smyser Officials: High School Certified Officials

## GIRLS BASKETBALL ~ GRADES 6-9

This recreational basketball league for girls in grades 6-9 focuses on participation and fun, not competition. All skill levels are welcome as well as new players who are looking to spend time with friends and stay active. Evaluations will be held the first week of the program to help our supervisors determine teams. Schedules will then be provided for the remainder of the season. Teams will meet each Saturday and practice for 30 minutes followed by a 60 minutes of game play. This is an intramural league. All games are held at Brookfield High School and are officiated by high school certified officials. Game times vary from week to week but generally start at 12:00pm or 1:30pm each week. Late season playoffs or makeups may be held on weeknights.

### BOYS BASKETBALL ~ GRADES 6 & 7, 8 & 9, 10-12

Boys rec basketball leagues for WMS and BHS students will take place on Saturdays at Brookfield High School. Leagues will begin on January 6th. Game times on Saturday and format of the league vary based on the number of participants. Generally, evaluations will be held over the first week or two followed by a regular season schedule and single elimination playoff. This is an intramural league and all games are played in Brookfield. Boys in grades 6-7 will have 8:00am or 9:30am start times. Boys in grades 8-9 play at 11:00am or 12:30pm and boys in grades 10-12 play at 2:30pm or 3:45pm.





Click here for a full community organization contact list.

#### **YOUTH SPORTS ORGANIZATIONS:**

Brookfield Baseball & Softball Association (BBSA) www.brookfieldbbsa.com Steve Harding Sr. – President proff1960@aol.com ~ 203-770-4424

Brookfield Pop Warner Football & Cheer www.brookfieldpopwarner.com Jeannine Palmer—President: brookfieldcheer.palmer@gmail.com

#### **Brookfield Lacrosse Club**

<u>www.brookfieldlacrosseclub.org</u> Jeff Praissman – Boys President - <u>jpraissman@gmail.com</u> Holli Carl—Girls President—<u>hollicarl0925@gmail.com</u>

Brookfield Soccer Club www.brookfieldsoccer.org Sam Ramzy-Registrar - registrar@brookfieldsoccer.org

Brookfield Basketball Association (BBA) www.bbabrookfield.com Chris Travis - brookfieldbbapresident@gmail.com

#### **Brookfield Parent Support Network**

For parents concerned about their kids who struggle with anxiety, depression and/or emotional dysregulation. For more information, please email <u>brookfieldpsn@ymhproject.org</u>. Sponsored by Brookfield Cares, Brookfield.

# SPONSORSHIPS

### CADIGAN PARK BANNERS

Banners are available for local sponsorship at Cadigan Park. The 3' x 6' banners are displayed from April—October and are uniform in color, white print on forest green background. If you are interested in receiving information on 2024 sponsorships for Cadigan Park Banners please email <u>Park&Rec@brookfieldct.gov</u>

SPONSOR HERE

### SUMMER CONCERT SERIES

Sponsors are sought each summer to assist in putting on our "Concerts in the Park" at the Town Hall Bandstand. These concerts take place on Friday nights throughout the summer and draw in 300-500 people from the local area. Depending on the sponsorship option chosen, contributors are included in spring/summer program guide, recognized at the concert and can set up a table to promote their business or organization. If you are interested in receiving information on summer concert series sponsorships, please email <u>Park&Rec@brookfieldct.gov</u>.

