



be happier • build family
unity • feel great • take
care of latch key children
• reduce unemployment •
increase communication

• lose weight • diminish chance of disease • build self-
esteem • reduce stress • promote sensitivity to cultural di-
versity • eliminate loneliness • increase community pride
• reduce crime • provide safe places to play • generate reve-
nue • lower health care costs • meet friends • educate
children and adults • relax • keep business from leaving
• elevate personal growth • strengthen neighborhood involve-
ment • conquer boredom • provide child care • boost economy
• curb employee absenteeism • increase tourism • build
strong bodies • increase property value • attract new
business • preserve plant and animal wildlife • instill
teamwork • live longer • protect the environment • **create
memories** • clean air and water • boost employee
productivity • look better • enhance relationship skills •
decrease insurance premiums • control weight • offer

Spring & Summer 2023 Program Guide

Brookfield Parks and Recreation Presents:



CONCERTS

2023

IN THE PARK

June 16

DIRT ROAD PICKERS

Contemporary Rock

Claire A. Free MD Pediatrics
The Goddard School

June 23

GOLDRUSH

Blue Grass

Sippin Energy Products
Clayton's Mercantile
Supply Inc.

June 30

THE NOVEL TEASE

Pop Rock

*Sponsorship Open

July 7

JAMNESIA

Classic Rock

Dental Associates
ABC Fuel & Service LLC

July 14

FUTURE TENSE

Rock Dance

Southridge Technology
*Co-Sponsor Open

July 21

BOCK & BLU

Pontoon Rock

Brookfield Orthodontics
*Co-Sponsor Open

July 22

TALES OF JOY

Funky Party

Sandbox Daycare, Danbury
Sandbox too!, Danbury
Village Preschool of Bethel

August 4

GENERATION BLUES BAND

Blues

Brookfield Cares

August 11

Classic Rock

OLDER THAN DIRT

Hegarty Real Estate
*Co-Sponsor Open

August 18

ALREADY GONE

Eagles Tribute

Stephen Harding - Back to
School Healthy Snack Drive

August 25

DAN'S GARAGE

Classic Rock

Jim Eagan Insurance Agency
Matson Financial
Advisors, Inc.

Town Hall, 100 Pocono Road, Brookfield, CT

Concerts are scheduled Fridays starting at 6:30 PM at the Bandstand

Our gratitude to the Brookfield Lions Club for assisting with parking during these events!

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Spring/Summer 2023

CONTACT US:

Brookfield Parks & Recreation
162 Whisconier Rd.
Brookfield, CT 06804
203-775-7310
park&rec@brookfieldct.gov
www.brookfieldparksandrec.com

Office Hours:

Monday – Friday 8:30am – 4:30pm



Like us on Facebook for up to date information and announcements.
@ Brookfield, Connecticut Parks & Recreation

RECREATION STAFF:

Laura Murphy	Director, Parks & Recreation
Dan Gagne	Recreation Supervisor
Liz Gavagan Burandt	Administrative Assistant

PARKS STAFF:

Chris Rabuse	Parks Supervisor
Chris Shaw	Crew Leader
Rob Haggarty	Parks Maintainer
Mike Schaniel	Parks Maintainer
Chris Montchal	Parks Maintainer
Trevor Skok	Seasonal Maintainer

COMMISSION:

Ed Butt, Chair	Bryan Chnowski
Renee Santiago, Vice Chair	Rob Blick
Cassie Dunn	Tom Murphy
Robert Fisetto	Kylie D’Arcangelo
Liz Gavagan Burandt, Recording Secretary	

Mission Statement

It is the mission of the Brookfield Parks & Recreation Department to respond to the ever-changing needs of our residents by providing the foundation for enhanced community interaction and enjoyment. To enhance the quality of life for all ages and abilities by providing healthy and affordable recreation opportunities with an emphasis on safe, attractive and well managed public properties, parks, and school grounds.

A Letter from the Director

Dear Friends of Brookfield,

I am honored and excited to take on the role of director of Parks and Recreation, an incredible opportunity that speaks to my passions, skillset, and mission to provide recreation opportunities to all.



With the help of our staff, volunteers and sponsors, Brookfield Parks & Recreation has provided countless programs, community events and maintained beautiful recreational spaces. Our department enhances the quality of life for all ages in our community and I am thrilled to have the support an outstanding Commission as I lead this valued department through an exciting new chapter with all of you.

Over the last 15 years, I have dedicated my personal and professional talents toward making a positive change in the lives of surrounding communities. It is a journey that I began as a student-volunteer for the Waterbury YMCA during my undergraduate years at Western Connecticut State University. I continued my mission with the Town of New Milford, where I was the Director of Programs and Events. I'm currently pursuing a master's degree in Parks and Recreation with Public Administration to expand upon my practical skills.

Driven by my commitment to serve communities, I am eager to build upon the momentum that the department has created in town by collaborating with local organizations, schools, and businesses. As the new director, I will keep you informed of our progress and growth as we work toward achieving our strategic priorities for 2024 — including the improved use of data to evaluate our community's needs, the continued development of our staff, and the commitment to enhance programmatic viability and expansion.

Thank you again for your support, and I look forward to working with you.

Sincerely,

Laura Murphy
Director of Parks and Recreation

Online Registration

Brookfield Parks & Recreation is pleased to announce the launch of a new website that will provide updated information on programs and events. The MyRec software will also allow for online registration and payment! Residents can begin today by visiting the link below and creating your household account. Household information from our current software will not carry over to MyRec. Residents will need to enter their household, personal, and contact information. These accounts can be updated by you, the user, whenever any of your information changes. Once your account is created, register online!



Get Started! Create your account at:

www.brookfieldparksandrec.com

Special Events

Mini-Golf League

Adult and parent/child leagues are now forming! Test out your putt putt skills against friends and neighbors at JJ Stacks this spring. Teams of two can register for this weekly league with recorded scores and rankings kept. League play will be on Sundays at 1pm. Rotating foursomes will be scheduled each week so your duo will play alongside others. Teams will arrive, check in, play a round, and submit scores to Parks & Rec.



Day: Sunday

Time: 1:00pm

Spring League: 5/21—7/2 (6 wks ~ no golf 5/28)

Summer League: 7/23—8/27 (6 wks)

Fee: \$45.00/per duo

Place: JJ Stacks, 537 Federal Rd. Brookfield, CT

Special Events

CARE Fishing Trip at Town Park Beach

Brookfield Parks & Recreation is proud to partner with the DEEP Fisheries Division—CT Aquatic Resources Education (CARE) program to host a special fishing event at Brookfield Town Beach on June 7th from 4:30-7:30pm. Come join expert fishing instructors and learn how to get started fishing safely, legally, and successfully! Make memories with your families and friends, enjoy the outdoors and maybe bring home dinner. The CARE program supplies all bait, tackle, and instruction. All participants ages 16 and up **MUST** have a valid 2023 inland fishing license. Anglers under 16 are encouraged to register for a free Youth Fishing Passport. All participants for the fishing trip must learn the basics of fishing by completing the CARE program's self-paced 'Lets Go Fishing' online course and/or attend an Introduction to Fishing Zoom webinar prior to the fishing trip at Brookfield Town Park. Links to register for your license or passport as well as the online classes will be emailed in April. Minimum age to participate is 6 years old and all children are required to have a parent/guardian participate alongside them.



FISHING TRIP:

Day: Wednesday **Dates:** 6/7

Time: 4:30—7:30pm **Fee:** FREE

Place: Town Beach, 460 Candlewood Lake Rd.

DEEP Boater's Safety Course



Students of all ages successfully completing this course will satisfy the education requirements for the CT State Boating Certificate for life. Adults must present a picture ID (driver's license) at the first class. Children under age 16 must be accompanied by a parent and the parent must remain with the child for the duration of the class. (No charge for the parent to attend if not seeking certification.) Students should bring their conservation ID, lunch, water, pencil and paper for the class. There is an additional \$50 license fee to the State, payable online after successful completion of the class.

Day: Saturday

Dates: 5/6

Time: 8:30am - 4:30pm

Fee: \$20.00

Place: Brookfield Town Hall Seminar Room

Kids Craft Workshops

Mother's Day Craft Workshop



It's craft time for mothers and grandmothers with their little ones! Join us for this craft workshop where you will create a memorable keepsake. Parents and children will both complete crafts at the same time. Suitable for children ages 4-10.

Day: Saturday **Time:** 10:00—11:00am

Dates: 5/13 **Fee:** \$10.00pp

Location: Town Hall, 100 Pocono Rd.

Father's Day Craft Workshop



This craft workshop will allow dads and granddads the opportunity to create some fun and memorable keepsake crafts with kids or grandkids. Parents and children will both complete crafts at the same time. Suitable for children ages 4-10. \$10pp or \$20 max for 2+ kids.

Day: Saturday **Time:** 10:00—11:00am

Dates: 6/17 **Fee:** \$10.00pp

Location: Town Hall, 100 Pocono Rd.

Craft Kits—To Go!



Grab & go craft kits contain 4-5 themed crafts suitable for ages 3-10. These kits are perfect to have handy for rainy days or times of childhood boredom!

Some adult assistance required for younger crafters.

Fee: \$10 per kit

Pickup during business hours at:

162 Whisconier Rd. Brookfield. CT 06804

Mother's Day Kit—Pickup after 4/24

Father's Day Kit—Pickup after 5/30

Summer Season Craft Kit—Pickup after 5/30

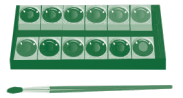
Summer Watercolor Classes



Summer classes with Victoria will be held on Tuesday evenings and Thursday mornings. Dates and locations for the class will be posted on the Brookfield Parks & Recreation website. Keep an eye out for more classes!

Adult Art Classes

Watercolor for Adults



Whether you are just starting out, or someone that has painted for a while, this class is to help students at every level.

Participants will learn to use color in exciting ways: the group will focus on color theory, learning to mix colors with the color wheel, mixing compliments, mix various grays, discussing how color can express a wide range of emotions, learn about value and intensity, and many different watercolor techniques. By the third class, you will have a painting to work on at your own speed while applying the knowledge you have learned. There will be demonstrations and individual attention each class. Each participant will work from a photo that inspires them or a still life you want to bring to class. All participants will walk away with a strong understanding of watercolor painting. A materials list will be emailed prior to the start of the class. Two class days and times offered.

Day: Tuesday **Dates:** 4/18—6/6 (8 wks)

Time: 5:30—7:30pm

Day: Thursday **Dates:** 4/20—6/8 (8 wks)

Time: 10:00am—12:00pm

Fee: \$120.00pp **Instructor:** Victoria Lange

Location: Senior Center (Tuesday)

Location: Town Hall/Community Room (Thursday)

Plein Air Watercolor



Come to the lake to paint! This is an ideal watercolor class for painters of all levels who enjoy the outdoors. There will be demos and lots of quality

painting time on your own. Victoria will give individual attention to all students working on drawing and watercolor techniques. Bring your own art supplies and get ready for a wonderful painting experience at the Lakeside Community Room!

Day: Wednesday **Date:** 4/19—6/7 (8 wks)

Time: 10:00am—12:00pm **Fee:** \$120.00pp

Instructor: Victoria Lange

Location: Town Hall/Community Room

Adult Art Classes

Beginning Knitting

Learn to knit and purl. Basic casting on, knitting, purl and binding off stitches will be taught. Leave with a finished potholder or learn to make a beautiful scarf. Participants should purchase and bring their own supplies including size 7 knitting needles and one skein of Lion Brand or Red Heart yarn. Two skeins needed for the scarf project. Needles are available if you are unable to purchase for the first class.

Dates: 5/10—6/14 (6 wks) **Time:** 6:30—7:30pm

Day: Wednesday **Fee:** \$66.00pp

Instructor: Kathleen Huntington

Location: Town Hall Room, 100 Pocono Rd.



Beginning Crochet

Learn basic single and double crochet stitches. These basic stitches will enable you to make many items such as blankets, scarfs and dishcloths, just to name a few. Participants should purchase and bring their own supplies including a size G crochet hook and one or two skeins of Lion Brand or Red Heart yarn. Scarfs will require at least two skeins. Needles are available if you are unable to obtain for the first class.

Dates: 5/10—6/14 (6 wks) **Time:** 7:30—8:30pm

Day: Wednesday **Fee:** \$66.00pp

Instructor: Kathleen Huntington

Location: Town Hall Room, 100 Pocono Rd.

Painting with Acrylics



Interested in learning a new hobby or re-visiting one from the past? This class is designed for both beginners and those with some prior painting experience. Painted with Pam before? Come back and learn to paint something new. In this step-by-step class, you will create a seasonal painting, while learning a variety of techniques. Paints, mediums, and brushes will be provided by the instructor. Participants will need to purchase their surface, size and type will be communicated by the instructor prior to the start of class. Two days and times offered.

Day: Monday **Time:** 3:00—5:00pm

Date: 5/1—5/22 (4 wks)

Day: Tuesday **Time:** 5:30—7:30pm

Date: 5/2—5/23 (4 wks)

Instructor: Pamela Cassidy **Fee:** \$80.00pp

Place: Brookfield Town Hall

Adult Education

Adult, Child & Infant CPR/AED/First Aid



This course covers CPR/AED and basic first aid for adults, infants and children in an approach that complements adult learning styles, featuring hands-on practice and real-life scenarios. Upon completion, course includes American Health & Safety Institute certification in Adult and Pediatric CPR/AED with basic first aid, valid for two years and hard case pocket mask.

Day: Saturday **Date:** 5/6

Time: 9:00am—2:00pm **Fee:** \$119.00pp

Instructor: Charles Teich

Location: Town Hall Room 135, 100 Pocono Rd.

New ~ Walk, Talk, & Connect

Join us as we walk, talk, and connect for wellness this spring—it's that simple. Over the past few years, we have lost connections, distanced ourselves from others, and restructured our work situations. It's time to reconnect and get moving! This group will meet each week with the simple goal of connecting with others through meaningful conversation and movement. Meet new people, engage in meaningful conversation and by being physically active! This group is led by Kathy Kohler. Kathy is a personal trainer and believer that positive relationships can increase our overall health.



Day: Wednesday **Date:** 5/3—6/7 (6 wks)

Time: 9:30—10:30am **Fee:** \$56.00pp

Instructor: Kathy Kohler

Location: Town Hall Room 133, 100 Pocono Rd.

Summer Camps 2023!



Brookfield Parks & Recreation offers a variety of summer camps for ages 4+. Camp options range from art and STEM camps to sports and day camps!

Camp information begins on page 17.

Brookfield Facility Passes

Boat Ramp Passes

Williams Park Clay Tennis Courts

Town Park Beach Passes

Information available on pages 24 & 26.

Sunset Hill Golf Leagues

Ladies Golf League

A Ladies Golf League will begin play on Monday nights this summer. The first night will be May 15th with tee times beginning at 5pm and rotating foursomes each week. Specific tee times and pairings will be emailed each week. Those in the league will have handicaps kept, have the opportunity to earn clubhouse cash and join a group for social camaraderie! League entry fee is \$15.00 payable to Parks and Rec with greens fees paid at Sunset Hill each week you play.

Day: Monday **Dates:** Beginning May 15th

Time: 5:00pm **Fee:** \$15.00pp

Members Weekly: \$11 riding/\$2 walking

Non-Members Weekly: \$28 riding/\$19 walking

Senior Golf League ~ 55+

The senior golf league is back at Sunset Hill! Entering its 15th year, men and women age 55 and up can play with new friends and old, right here in Brookfield. The league anticipates a Tuesday, May 16th start that will continue on Tuesday mornings into early November, weather permitting. Your choice of 9 or 18 holes, riding or walking each week. Greens fees range from \$15—\$40 per week, paid when you play. A league entry fee of \$15.00 is payable to Parks and Rec due one week prior to league start.

Day: Tuesday **Dates:** Beginning May 16th

Time: Mornings **Fee:** \$15.00pp

Junior Golf League

This golf league provides juniors, ages 12-17, the opportunity to learn and play golf with friends. Play will begin on Tuesday, June 20th starting at 1:00pm and continue on Tuesdays for 8 weeks through August 15th. Students will be grouped by age and have their handicaps calculated.

“Clubhouse cash” will be awarded as prizes for students to purchase snacks, golf accessories, or more golf. Students need to provide their own clubs, balls and tees. Sneakers or golf shoes are acceptable footwear. A one time registration fee is paid to Parks & Rec prior to the league start and a weekly \$15 fee payable to Sunset Hill covers greens fees, prizes, etc.

Day: Tuesday **Dates:** 6/20—8/15 (8 wks)

Time: 1:00pm **Fee:** \$15.00pp



Tennis/Pickleball Lessons

Fairfield County Tennis (FCT)

Tennis Clinics for ages 3 & up

Weekly tennis lessons will be offered with FCT professionals at Cadigan Park. All skill levels are invited to join these clinics to learn and develop forehand, backhand, serve and volley skills. Whether you are ready to jump into the sport or want to hone your skills, these group lessons are designed for maximum participation and skill development to get you there! Quick start red and orange balls will be used for younger players. Age appropriate racquets are available for purchase from the instructor at the first meeting. All FCT lessons take place at Cadigan Park and may be cancelled for inclement weather.

Pee Wee: 3:15—4:00pm

Grades K-2: 4:00—5:00pm

Grades 3-5: 5:00—6:00pm

Grades 5-7: 5:00—6:00pm OR 6:00—7:00pm

Grades 8-10: 4:00—5:00pm OR 7:00—8:00pm

Adults: 7:00—8:00pm

Day: Fridays

Dates: 5/5—6/9 (no class 5/26)

Fee: \$90.00 Pee Wee/\$145.00pp Juniors & Adults

Place: Cadigan Park, 500 Candlewood Lake Rd.



Pickleball Lessons

Learn the fastest growing sport in America! Certified instructor Sharon Eisen will offer an absolute beginners session for those who have never played as well as an advanced beginner class for those looking to improve on their skills. Please dress for outdoor play and bring a water bottle. Classes will be postponed for inclement weather/wet courts.

Day: Tuesdays & Fridays **Time:** 2:30—4:00pm

Beginner Class: 4/25, 4/28, 5/2, 5/5

Ad. Beginner Class: 5/16, 5/19, 5/23, 5/26

Fee: \$100.00pp

Place: Cadigan Park



Adult Fitness

Adult Yoga in the Park



This mixed level class strings yoga postures together in a flowing, vinyasa style sequence of breath and movement. Class is infused with balance work and optional challenges; with modifications provided for all levels (beginners are welcome). The outdoor setting will allow you to connect with nature, improve your health, relax, unwind, and breathe in the fresh air. Class held on lawn at the Town Hall Bandstand or at CES if raining. Bring your own water, mat, blocks or straps if you have them and like to use them.

Day: Tuesday **Time:** 5:00—6:00pm

Dates: 4/25—5/23 (5 wks)

Place: Bandstand **Fee:** \$55.00pp

Instructor: Sharon Poarch RPT, RYT-200



Simply Slowly Stretch

Would you like to increase your flexibility? Strengthen the muscles that support your back and core?

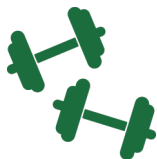
Through standing postures and floor work, you'll use the resistance of your own body to gently increase your flexibility, strength and stability. This program can be modified for all fitness levels. Participants should be comfortable working on the floor (mats). Bring a water bottle & mat or towel.

Day: Tuesday **Dates:** 4/18—6/6 (8 wks)

Time: 6:30—7:30pm **Fee:** \$88.00pp

Instructor: Phyllis Babuini

Place: CES Gym, 8 Obtuse Hill Rd.



Cardio Sculpt

This low impact class will use the concentrated resistance of bands and light weights to work your core, build muscle, and work on your positive posture and balance. Please bring two sets of weights; one lighter, one heavier (1, 3, or 5lb recommended) and a towel or mat for floor work. Be sure to wear sneakers and bring a water bottle, too.

Day: Thursday **Dates:** 4/20—6/8 (8 wks)

Time: 6:30—7:30pm **Fee:** \$88.00pp

Instructor: Phyllis Babuini

Place: CES Gym, 8 Obtuse Hill Rd.

Adult Fitness

Tai Chi Quan for Beginners



Tai Chi Quan is a fist system (Chinese boxing) that blends softness with energetic movement in accordance with the theory of yin and yang energies. It is suitable for everyone regardless of age, gender, and even physical condition. The characteristics of a Tai Chi Quan system are stillness, lightness, agility, slowness, relaxation of the entire body, with everything guided by using the mind and not force. It is performed in the moment, slowly with internal focus fully conscious of every breath and movement the body makes. The major benefits being overall fitness and health and ultimately increasing longevity. In older practitioners it is said to return the vigor of youth. This class is a newly expanded and enhanced 90 minute class that will introduce standing meditation, qi gong stretching for balance and strength along with the principals and theories of the Tai Chi form. No experience necessary.

Days: Friday **Time:** 6:30—8:00pm

Date: 4/21—6/2 (6 wks) **Fee:** \$66.00pp

Instructor: Vinny Candela **Place:** CES Gym

Intro to Meditation & Tai Chi Qigong

Qi gong is the art of moving Qi (life energy) around the body in a mindful way over time with concentrated effort and patience. It involves repeating different sequences of natural flowing poses using deep abdominal breathing to guide motions. Frequent or daily practice can keep the body energized, limber, relaxed, fit and healthy. It is suitable for everyone regardless of age, gender, physical condition, even those suffering from chronic conditions. Benefits of regular practice include stronger immune system, improved core strength and balance, reduces or eliminates bodily pain, reduces stress and anxiety, improves glucose metabolism and bone density, promotes more efficient waste elimination, can improve chronic headaches, insomnia and other neurological conditions. This class will explore standing meditation in static and dynamic flowing poses, simple mindful stretching and specific animal movements (crane, bear, deer, monkey and tiger) called animal frolics. No special equipment required. Suitable for all levels of experience. Class takes place at the Whisconier Middle School café.

Days: Monday **Time:** 6:30—7:30pm

Date: 5/8—6/5 (4 wks ~ no class 5/29)

Instructor: Vinny Candela **Fee:** \$44.00pp

Adult Fitness

Train for a 5k

Are you interested in running a 5k road race (3.1 miles)? Are you a walker who wants to try running? Do you want to work on getting your fitness back, walking or running, in a group setting? Join Cassie Dunn in a group setting for a series of training runs this spring. Each participant will be given an individualized workout schedule to follow and new workouts will be introduced as you progress. Come dressed in layers to run & bring a water bottle. All levels of fitness welcome! The location for this class is the BHS track which is subject to change depending on availability. *Cassie Dunn is a former BHS cross country and track coach, a certified Road Runners Club of America Coach; NASM certified personal trainer, functional training specialist, Pilates and Spinning Instructor.*



Day: Saturday **Time:** 8:00—9:00am
Dates: 4/8—5/13 (6 wks) **Fee:** \$72.00pp
Place: BHS Track, 45 Long Meadow Hill Rd.

Functional Strength & Balance

The class is geared towards helping individuals, ages 55+, maintain strong and healthy bodies as they age. Using dumbbells and body weight exercise, each class will work on upper and lower body strength, stability, balance and core strength to give participants a full body workout. This program is for all levels of fitness and can be modified for anyone. Please bring a mat, dumbbells, and water.

Day: Monday **Time:** 5:30—6:30pm
Dates: 4/24—6/5 (no class 5/29)
Fee: \$72.00pp **Instructor:** Cassie Dunn
Place: HHES Upper Gym

Yoga on the Beach

Join our seasonal beach yoga for a serene, open air class on the beach. All levels are invited to this vinyasa style yoga practice to help build strength, flexibility and peace of mind. Wear comfortable clothing and bring your own yoga mat and towel. Park at Cadigan Park, 500 Candlewood Lake Road, and cross the street at the crosswalk to access the Town Park Beach. This class meets outdoors and may be cancelled due to inclement weather.



Day: Friday **Time:** 9:15—10:15am
Dates: 6/23—8/25 (9 wks ~ no class 7/21)
Instructor: Alison DiPinto **Fee:** \$99.00pp

Adult Fitness

Pilates Barre

Classes will consist of barre/mat Pilates & cardio elements to provide a total body workout! Mats are available for use but feel free to bring your own! Grip socks are required to be worn to prevent injury; socks are available for purchase.

Day: Wednesday **Time:** 5:15—6:00pm
Date: 4/26—5/17 (4 wks) **Fee:** \$80.00pp
Instructor: Christina Van de Water
Place: Fit for You Studio, 195 Federal Rd.



305 Fitness (Cardio Dance)



Join Christina for the most fun workout you've ever done. This class is a 45 minute cardio dance party that incorporates cardio, toning, followed by a cool down for an efficient total body workout. No dance experience necessary, please wear clean sneakers and bring water! Instructed by Christina Van de Water.

Day: Friday **Time:** 10:30—11:15am
Dates: 4/28—5/19 (4 wks) **Fee:** \$80.00pp
Place: Fit for You Studio, 195 Federal Rd.

Beginner Reformer with Christina

This class is perfect for beginner/intermediate level students! You will get a total body workout in using the reformer. This is a low impact form of strength training, for every body. Sticky socks required for safety.

Day: Monday **Time:** 10:00—10:45am
Dates: 4/24—5/15 (4 wks) **Fee:** \$140.00pp
Instructor: Christina Van de Water
Place: Fit for You Studio, 195 Federal Rd.

Barre Class with Krissy



Krissy's 45 minute barre classes are designed to give you a full body workout that will improve strength, flexibility, and endurance. Classes focus on proper form, alignment and are accessible and safe for all fitness levels. Krissy's goal is for clients to challenge their bodies, have fun, & move with greater ease in their daily life.

Day: Friday **Time:** 9:30—10:15am
Dates: 4/28—5/19 (4 wks) **Fee:** \$80.00pp
Instructor: Krissy Christensen

YOGASPACE

All YogaSpace classes are livestreamed and at
YogaSpace, 78 Stony Hill Rd., Bethel, CT.

www.yogaspace-ct.com



Yoga Basics

The perfect class series for beginners or someone who is looking to bring their yoga "back to basics"! You will learn basic yoga poses (which will be modified based on your ability), as well as breathing and relaxation techniques in this well-rounded introduction to yoga. We'll practice mindfulness, stress reduction, and energy awareness so that you'll leave feeling empowered, relaxed and open. No experience necessary! **Buy one, six class pass and attend any of the following classes for \$79.00.** Mixing and matching of days is allowed.

Day: Monday **Instructor:** Debbie Isaacs

Time: 12:00—1:15pm

Dates: Start 5/1 (*pick 6 classes over 8 weeks*)

Day: Wednesday **Instructor:** Debbie Isaacs

Time: 6:00—7:15pm

Dates: Start 5/3 (*pick 6 classes over 8 weeks*)

Day: Saturday **Instructor:** Heather Morgado

Time: 10:00—11:15am

Dates: Start 5/6 (*pick 6 classes over 8 weeks*)

Yin Restorative Yoga

The Yin practice focuses on postures that lengthen the muscles surrounding the hips, pelvis, and lower back. Postures are held with support for 3-5 minutes to stimulate tissue surrounding the joints, making Yin essential for injury prevention and joint health as we age. The class can bring you to a meditative physical and mental state and each class will end with seated meditation. All levels welcome.

Day: Tuesday **Time:** 7:30—8:45pm

Dates: Start 5/2 (*pick 6 classes over 8 weeks*)

Instructor: Rob Farella **Fee:** \$79.00pp



LYT Yoga

The LYT Yoga method was created to help Yogis find freedom through smarter, safer, and sustainable movement patterns that challenges both mentally and physically in the most enjoyable ways. All levels welcome! Beginner classes on Saturdays and Slow Flow on Wednesday evenings.

Day/Time: Wed/7:30pm ~ Sat/8:30am ~ Sun/10:30am

Dates: Start 5/3 (*pick 6 classes over 8 weeks*)

Instructor: Julie Glick **Fee:** \$79.00pp

YOGASPACE

INTRO STUDIO (\$36) & INTRO LIVE STREAM (\$20) PASSES

Take any 3 classes within 30 days. Pass activates at first class.

Art of Meditation

This 4-week meditation course is an excellent program for beginners as well as the seasoned practitioner who desires to go deeper and find more in their meditation. The course will help you rediscover your inner stillness and silence while building a deep understanding of the practice and its many values and benefits. Regular practice helps restore balance, generate deeper calm, boost health and healing, increase concentration & productivity, create greater joy, clarity, creativity & purpose. Meditation can open your eyes and improve your quality of life.

Day: Tuesday **Time:** 6:00—7:00pm

Dates: 5/2—5/23 (4 wks) **Fee:** \$49.00pp

Instructor: Rob Farella



Pre/Post Natal Yoga

This nurturing and fun gentle yoga class is designed to strengthen, stretch and embrace changes in a women's body during and after pregnancy. Soon to be moms and recent moms will learn what poses are appropriate for them, as well as meditation and breathing techniques to promote concentration, relaxation and renewed energy. Connect with other moms and build that special bond with your baby. Be prepared to practice yoga, but also know its completely fine to stop to attend to your baby. No experience necessary and permission from your doctor is highly recommended.

Day: Tuesday **Time:** 6:00—7:15pm

Dates: Start 5/2 (*pick 6 classes over 8 weeks*)

Instructor: Heather Morgado **Fee:** \$79.00pp

Discover Kundalini Yoga

The science of Kundalini Yoga is an ancient technology and is considered one of the most powerful and comprehensive forms and the fastest way to establish an aligned relationship between body, mind, and spirit. This is an introductory class and will review all the basics of Kundalini Yoga, including postures (asanas) dynamic movement, sound current (mantra) breath (pranayam) and meditation. All levels welcome. **\$79.00 for 6 classes.**

Day: Friday **Time:** 6:00—7:30pm

Dates: Start 5/5 (*pick 6 classes over 8 weeks*)

Instructor: Susan Shaner MA, MS, RYT, PCC

Musical Instrument Lessons

Drumming Lessons



Face the Music Together(!) with Don O'Keefe, private drum instructor and a Berklee College of Music Alumni with over 40 years experience performing and teaching. He believes that every drummer, teacher and student alike, has a voice to offer to the drumming community and those willing to put in the time can become proficient at the drums. Don can offer you or your kids the proper guidance on a musical journey! More information available online. Register via email.

Website: www.facethemusictogether.com

Email: faceTheMusicTogether@yahoo.com

Guitar Lessons

Have fun learning the fundamentals of guitar from our talented local singer, songwriter, and guitarist! Frank Enea, creator of "The Night Begins to Shine" and character on Cartoon Network's hit show "Teen Titans Go!" will offer in-person or virtual lessons. Playing guitar is a lifelong hobby and assists in a child's development, instills confidence, inspires creativity, and yeah, it's cool too! This one on one lesson is customized to meet the students own goals and skill sets. Lesson times will be set with Frank after registration. More info is available at www.satellitemusicstudios.com



Lessons: Four, 30-min. Lessons **Fee:** \$200.00pp

Music Together ~ Maracas Collection!



Spring classes now forming! The cornerstone of the Music Together® program is their Mixed-Age music class, for children from birth through age 5, and the grownups who love them! Gathering babies, toddlers, and preschoolers together makes each class fun for all. Each week, a trained Music Together teacher leads the class in singing, dancing, and playing songs that range from tender lullabies to boisterous jams using child-friendly percussion instruments. Details and registration available at www.mtdanbury.com

Spring Classes begin week of April 17th at the Brookfield Town Hall Bandstand.

Tuesday and Friday mornings at 10:00am

Ballet Programs

Recommended Attire:

Girls – leotard, tights, ballet shoes.

Boys – t-shirt, sweatpants, and ballet shoes.

Location for three ballet programs below:

Congregational Church Room



Ballet for Tots

This class will introduce boys and girls, ages 3-5, beginning ballet exercises in an energetic, creative, and nurturing way. Students are introduced to the world of dance through exercises that enhance musicality, performance and coordination. There will be a final performance at the end of the last class for family and friends. This is a drop-off class and all dancers need to be potty trained.

Day: Monday **Time:** 9:30—10:30am

Date: 4/24—6/5 (6 wks ~ no class 5/29)

Fee: \$90.00pp **Instructor:** Tatiana Prip

Ballet for K/1

This class will introduce boys and girls in grades K/1 to age appropriate beginning ballet exercises in an energetic, creative, and nurturing way. Students are introduced to the world of dance through exercises that enhance musicality, performance and coordination. There will be a final performance in the last class for family and friends.

Day: Saturday **Time:** 9:30—10:30am

Dates: 4/22—6/17 (6 wks ~ no class 5/6, 5/27, 6/3)

Fee: \$90.00pp **Instructor:** Tatiana Prip

Ballet for Gr. 2-4

This advanced ballet class will help students make significant progress in gaining strength and flexibility. Returning dancers welcome or new comers can jump right in and experience class for the first time. Each dancer will be challenged and guided through artistic and technical leaps at their own pace. Along with ballet technique, your dancer will learn about ballet history, music theory, classical ballet choreography, and French ballet terminology. Dancers are welcome to bring pins, a hair elastic, and a brush, and we will help them with their hair. There will be a short observation during the last class for family and friends.

Day: Saturday **Time:** 10:30—11:30am

Dates: 4/22—6/17 (6 wks ~ no class 5/6, 5/27, 6/3)

Fee: \$90.00pp **Instructor:** Tatiana Prip

Spring Session Dates: Thursdays: 4/20—6/8 Saturdays: 4/22—6/17 Sundays: 4/23—6/18

Fee: \$205.00pp Location: Town Hall Activity Field & Cadigan Park (Thursday Afternoon Classes)

Squirts Multi-Sport (Ages 3-4; Sr. Ages 5-6)

This USSI program allows children to experience a different sport each week to introduce athletics for your future athlete! All sports are taught in a safe, structured and fun learning environment. Each session consists of games & activities designed to ensure learning & most importantly, FUN! Participants will experience lacrosse, soccer, t-ball, track & field & flag football.

Class Options:

- **Day:** Thursday **Time:** 5:00—5:50pm (Sr.)
- **Day:** Saturday **Time:** 9:00—9:50am
- **Day:** Saturday **Time:** 11:00—11:50am

Squirts T-Ball (Ages 3-4)

USSI T-Ball Squirts is a great way to introduce your young slugger to the game of baseball or softball. Open to boys and girls, the program will utilize fun games and activities to help develop their skills in hitting, throwing, base running, and fielding. At the end of each session, participants will apply these skills into realistic mini game situations.

Class Options:

- **Day:** Saturday **Time:** 10:00—10:50am
- **Day:** Sunday **Time:** 12:00—12:50pm

Parent & Me Soccer Squirts (Ages 2-3)

With a parent participating by their side, toddlers learn the fundamentals of soccer through a series of structured activities, fun-based games, and scrimmages. Each session focuses on maximizing participation and learning through a variety of games designed to stimulate a child's imagination and develop motor skills. Parents can spend quality time with their child while easing them into social situations with support and confidence.

Class Options:

- **Day:** Saturday **Time:** 9:00—9:50am
- **Day:** Sunday **Time:** 9:00—9:50am



www.ussportsinstitute.com

Parent & Me Multi-Sport Squirts (Ages 2-3)

With a parent participating by their side, this program will stimulate a child's imagination, develop motor skills and encourage social interaction. Children will experience a different sport each class, which may include soccer, lacrosse, T-ball & flag football.

Class Options:

- **Day:** Thursday **Time:** 4:00—4:50pm
- **Day:** Saturday **Time:** 10:00—10:50am
- **Day:** Sunday **Time:** 11:00—11:50am

Squirts Track & Field (3-4)

Track & Field Squirts introduces a child to the world of sports and athletics. Coaches ensure that children are engaged in fun, inclusive activities, in a positive learning environment. Each class focuses on the key skills of running, jumping, and throwing where players are encouraged to develop basic motor skills like balance, muscle control, and kinetic development. Lessons are taught through a series of fun challenges, structured activities, and scrimmages to ensure success.

Class Options:

- **Day:** Thursday **Time:** 1:00—1:50pm
- **Day:** Saturday **Time:** 11:00—11:50am

Squirts Basketball (Ages 3-4)

USSI's Basketball Squirts program for ages 3-4 is designed to introduce your child to the high energy game of basketball! Using proportionately sized basketballs, this program encourages players to develop motor skills and basic technique in passing, dribbling and shooting. Players will be taught through a series of fun challenges, structured activities and scrimmages.

- **Day:** Thursday **Time:** 2:00—2:50pm

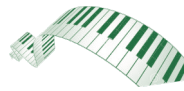
Squirts Lacrosse (Ages 3-4)

USSI's Lacrosse Squirts program for ages 3-4 encourages players to develop motor skills and basic lacrosse techniques in scooping, throwing, catching, shooting, and cradling. Players will be taught through a series of fun challenges, structured activities and scrimmages.

- **Day:** Sunday **Time:** 10:00—10:50am

Center After School

Learn to Play Piano!



The Village Music School Foundation will offer after school piano lessons for students in Kindergarten and 1st grade. This age appropriate curriculum includes singing, playing, analyzing, creating and listening to music. Students will learn the fundamentals of understanding music through popular songs and hand on experience that will lead the way for future musical exploration. Portable, roll-up pianos are provided and students can bring them home between classes. Pianos must be returned at the end.

Day: Monday **Time:** 3:30 – 4:15pm

Dates: 4/24—6/5 (6 wks ~ no class 5/29)

Place: CES Room **Fee:** \$180.00pp

Instructor: The Village Music School

Net Generation Tennis K/1



This program is for beginners or players on a path to develop their tennis skills in grades K/1. The program is taught with Net Generation games and lesson plans, a USTA national program for beginner and intermediate players. The class is highly interactive with all players constantly participating. Players should wear loose comfortable clothing and sneakers. Extra racquets are available.

Day: Monday **Time:** 3:30—4:30pm

Dates: 4/24—6/5 (6 wks ~ no class 5/29)

Fee: \$96.00pp **Place:** CES Gym

Instructor: David Mwanza

NEW ~ Nature's Playground



Join us for an exploration in the wonders of nature right in the center school playground! Each week, students will complete crafts, play nature-themed games, and conduct kid-friendly experiments right outside of school. Explore the courtyard and playground from an animal's point of a view in preparation for a summer of adventure! Classes will meet in the CES café on rainy days. Instructor Natalie Falci is a sophomore at U of Maine and camp counselor with Brookfield Parks & Recreation.

Day: Wednesday **Time:** 3:30—4:30pm

Dates: 5/10—6/7 (5 wks) **Fee:** \$55.00pp

Place: CES playground

Center After School

Wizards School of Magic K/1



Students in grades K & 1 will learn four magic tricks from full-time professional magician Tom O'Brien after school at Center School. Tom has performed hundreds of shows around Litchfield and Fairfield counties and appeared on Fox 61 and WSFB's Better Connecticut. Tom O'Brien is a master of his craft and is superb at entertaining children while teaching. Students will receive their own magic kits with props to perform at home, and a magic wand! Register before the spaces – alakazam – disappear!

Instructor: Tom O'Brien **Place:** CES Room

Abacadabra - Magic Workshop 1:

Friday, 4/28 **Time:** 3:30—4:30pm

Hocus Pocus – Magic Workshop 2:

Friday, 6/2 **Time:** 3:30—4:30pm

Fee: \$18.00/workshop



Ballet for K/1

This class will introduce boys and girls in grades K/1 to age appropriate beginning ballet exercises in an energetic, creative, and nurturing way. Students are introduced to the world of dance through exercises that enhance musicality, performance and coordination. There will be a final performance in the last class for family and friends. All students of this age are welcome even if they do not attend CES.

Recommended attire: Girls – leotard, tights, ballet shoes. Boys – t-shirt, sweatpants, and ballet shoes.

Day: Friday **Time:** 3:30—4:30pm

Dates: 4/21— 6/9 (6 wks ~ no class 5/5, 5/26)

Fee: \$78.00pp **Place:** CES Gym

Instructor: Tatiana Prip



TAG! You're It!

This high energy program will be a great way to end school day! This classic backyard game has hundreds of variations and includes capture the flag style games with teamwork and strategy! Each week the group will play the favorites and explore new ones. Please pack an extra water bottle for the class.

Day: Tuesday **Time:** 3:30—4:30pm

Dates: 5/2—6/6 (6 wks) **Fee:** \$72.00pp

Instructor: Natalie Falci **Place:** CES Gym

Center After School

Kids Yoga (Grades K/1)



Yoga fosters creativity, sharing, focus, self-esteem and rewards each student with a peaceful mind and body. This yoga class for grades K and 1 meets each child where they are and playfully invites them to improve strength, flexibility, and coordination through basic yoga poses. Children will learn strategies to improve focus and self-regulation, learning to calm their bodies down through self-awareness and breathing techniques. Through the practice of relaxation, yoga poses, partner and group poses, and yoga games children will learn self-respect and respect for others. Kids should wear comfortable clothes that are easy to move in and will participate barefoot. Please bring a water bottle; yoga mats will be provided. Instructor Sharon Poarch is a Physical Therapist with the Brookfield Schools with certifications as a yoga instructor.

Day: Tuesday **Date:** 4/25—5/23 (5 wks)
Time: 3:30—4:30pm **Fee:** \$50.00pp
Place: CES Music Room

Sports Celebrated



This long running program offers boys and girls in grades K/1 the opportunity to participate in a variety of sports related games and activities each week. These activities will help students to learn and develop their hand-eye coordination, balance and agility while teaching some of the basics of various sports and games. Pack an extra water bottle for the class. This program is led by Dan Gagne, Recreation Supervisor.

Day: Thursday **Time:** 3:30—4:30pm
Dates: 4/27—6/1 (6 wks) **Fee:** \$72.00pp
Place: CES Gym

Mad Science: Spring Fun Stem!



Come breeze into spring with Mad Science! You will learn about flowers the bloom, worms that wiggle, butterflies and birds that flutter, wind that blows, and ocean waves too! You will also gain an understanding about their senses, all while having a blast doing hands on science! Students will receive specially designed take home activities to extend the learning at home!

Day: Friday **Time:** 3:30 – 4:30pm
Dates: 4/28—6/9 (6 wks ~ no class 5/26)
Fee: \$155.00pp **Place:** CES Room

Center After School

Crafty Kids



Join Ms. Ashley each week after school to create fun crafts and kits to take home as decoration or gifts to friends and family.

Day: Monday **Time:** 3:30 – 4:30pm
Fee: \$72.00pp **Place:** CES Room
Dates: 4/24—6/5 (6 wks ~ no class 5/29)
Instructor: Ashley DeFreitas

HHES After School

Ballet for Gr. 2-4



This advanced ballet class will help students make significant progress in gaining strength and flexibility. Returning dancers welcome or new comers can jump right in and experience class for the first time. Each dancer will be challenged and guided through artistic and technical leaps at their own pace. Along with ballet technique, your dancer will learn about ballet history, music theory, classical ballet choreography, and French ballet terminology. At this level, dancers are encouraged to take more than one ballet class a week and will see a significant increase in ability. Dancers are welcome to bring pins, a hair elastic, and a brush, and we will help them with their hair. There will be a short observation during the last class for family and friends. Recommended attire: Girls – leotard, tights, ballet shoes and hair worn in a ballet bun or style pulled back off the face. Boys – t-shirt, athletic shorts/pants, and ballet shoes. No class 5/29.

Day: Monday **Dates:** 4/24—6/5 (6 wks)
Fee: \$78.00pp **Time:** 3:30 – 4:30pm
Place: HHES café **Instructor:** Tatiana Prip

Field Day Friday



Students in grades 2--4 are invited to this Friday afternoon program designed for fun! Each week, our summer camp director Ashley DeFreitas will lead various camp and gym style games such as tag, four corners, capture the flag, and relays will be played. Students should be ready to run and play! Wear sneakers and bring a water bottle.

Day: Friday **Time:** 3:30—4:30pm
Dates: 4/21—6/2 (6 wks ~ no class 5/26)
Fee: \$72.00pp **Place:** HHES Lower Gym

HHES After School

Robotics Codemaker 101



In our Robotics programs, kids learn how to build and program a variety of robots using LEGO® bricks and award-winning software. Kids bring their LEGO creations to life! Each theme-based session encourages creativity and imagination as kids brainstorm, build and experiment with amazing robots. Each day, there will also be free time to code, play with art and design projects, use LEGO's and gears, among other activities. Chromebooks are provided. This program is led by instructors from Sylvan Learning of Brookfield. Minimum 10 students.

Day: Monday **Time:** 3:30—4:30pm
Dates: 4/24—6/5 (6 wks ~ no class 5/29)
Fee: \$160.00pp **Place:** HHES Room

Net Generation Tennis Gr. 2-4



This program is for beginners or players on a path to develop their tennis skills in grades 2-4. The program is taught with Net Generation games and lesson plans, a USTA national program. The class is highly interactive with all players constantly participating. Players should wear loose comfortable clothing and sneakers. Extra racquets are available for use.

Day: Wednesday **Time:** 3:30—4:30pm
Dates: 4/26—5/31 (6 wks) **Fee:** \$96.00pp
Place: HHES Lower Gym
Instructor: David Mwanza

Let's Make Music! ~ New!



Students in grades 2-4 are invited to join musician Premik Russel Tubbs in making music! Students will start in learning basic rhythms as the foundation for musical creativity. Along with learning how to create and play these rhythms, fundamentals of Jazz and American music history will be discussed. Premik is a professional musician who has toured and recorded with performers like Lady Gaga, James Taylor, Elton John, and Carlos Santana. He is a member of Sting's house band at his concerts for the rainforest and teaches in schools and libraries. Bring an instrument if you have one! Basic percussion tools are provided.

Day: Friday **Time:** 3:30—4:30pm
Dates: 4/28—6/9 (6 wks ~ no class 5/26)
Fee: \$72.00pp **Place:** HHES Room

HHES After School

Flag Football



Students in grades 2-4 will learn the rules and fundamentals in this non-contact class. Drills, activities and scrimmages will be played each week. Students have the choice of Tuesday or Thursday.

Day: Tuesday **Dates:** 4/25—5/30 (6 wks)
Day: Thursday **Dates:** 4/27—6/1 (6 wks)
Fee: \$66.00pp **Place:** HHES Lower Gym
Time: 3:30—4:30pm **Instructor:** Matt Cudney

Kids Yoga (Grades 2-4)



Yoga fosters creativity, sharing, focus, self-esteem and rewards each student with a peaceful mind and body. This yoga class meets each child where they are and playfully invites children to improve strength, flexibility, and coordination through basic yoga poses. Children will learn strategies to improve focus and self-regulation, learning to calm their bodies down through self-awareness and breathing techniques. Through the practice of relaxation, yoga poses, partner and group poses, and yoga games children will learn self-respect and respect for others. Kids should wear comfortable clothes that are easy to move in and will participate barefoot. Please bring a water bottle; yoga mats will be provided.

Day: Wednesday **Time:** 3:30 – 4:15pm
Dates: 4/26—5/24 (5 wks)
Fee: \$50.00pp **Place:** HHES Room
Instructor: Sharon Poarch RPT, RYT-200

Drawing Mixed Media



Paint Draw & More is proud to have perfected the art of igniting children's creative instincts. Our fun and informative drawing and painting classes for older students and tweens are specially designed to build on your child's knowledge of drawing and teach them technical skills as they develop their own unique style. This program will provide a variety of drawing and painting mediums, or students can choose to bring their own. We encourage students to work in black and white, or color; whichever best achieves their vision. More info at, www.georgetownarts.com/paint-draw-more

Day: Friday **Time:** 3:30—4:30pm
Dates: 4/21—5/19 (5 wks) **Fee:** \$120.00pp
Instructor: Heather Bennett **Place:** HHES Café

HHES After School

Wizards School of Magic 2-4



Students in grades 2-4 will learn four magic tricks from full-time professional magician Tom O'Brien after school at Huckleberry.

Tom has performed hundreds of shows and appeared on Fox 61 and WSFB's Better Connecticut. Tom O'Brien is a master of his craft and is superb at entertaining children while teaching. Students will receive their own magic kits containing props to perform at home, and a magic wand! Register before the spaces – alakazam – disappear!

Abacadabra - Magic Workshop 1:

Tuesday, 5/2 **Time:** 3:30 – 4:30pm

Hocus Pocus – Magic Workshop 2:

Tuesday, 6/6 **Time:** 3:30 – 4:30pm

Fee: \$18.00/workshop **Place:** HHES Room

Find Your Happy Place

Are you prepared to make new friends, play games, use your mind to create and learn some really awesome life lessons? Then this journey is for you. Boys and girls will visit topics on gratitude, positive-thinking, self-love, self-esteem building, resilience, good decision-making and compassion. Each week, discover a different topic through games, crafts, writing, role-playing, and meditation. Come join this voyage and learn about yourself and the connection to the others around you!



Day: Thursday **Time:** 3:30—4:30pm

Dates: 4/27—6/1 (6 wks) **Fee:** \$72.00pp

Place: HHES Classroom **Instructor:** Kelly Viera

WMS After School

Watercolor Fun!

Each week, budding artists will create a visually fun and appealing new masterpiece with pencil, permanent black sharpie marker, and watercolors! Students will follow the instructors step by step process with ample time to complete each one. Projects will cover everything from still life to dreamy landscape scenes.

Days: Thursday **Dates:** 5/4—5/25 (4 wks)

Time: 2:45—3:45pm **Fee:** \$120.00pp

Place: WMS Room

WMS After School

Net Generation Tennis Gr. 5-8



This program is for beginners or players on a path to develop their tennis skills in grades 5-8. The program is taught with Net Generation games and lesson plans, a USTA national program for beginner and intermediate players. The class is highly interactive with all players constantly participating. Players should wear loose comfortable clothing and sneakers. Extra racquets are available for use.

Day: Thursday **Time:** 2:45—3:45pm

Dates: 4/27—6/1 (6 wks) **Fee:** \$96.00pp

Instructor: David Mwanza **Place:** WMS Gym

Robotics Codemaker 101



In our Robotics programs, kids learn how to build and program a variety of robots using LEGO® bricks and award-winning software. Kids bring their LEGO creations to life! Each theme-based session encourages creativity and imagination as kids brainstorm, build and experiment with amazing robots. There will also be free time to code, play with art and design projects, use LEGO's and gears, among other activities. Chromebooks are provided however if a student would like to load class software for use at home, they can bring their own laptops with necessary passwords. This program is led by instructors from Sylvan Learning of Brookfield.

Day: Thursday **Time:** 2:45—3:45pm

Dates: 4/27—6/1 (6 wks)

Fee: \$160.00pp **Place:** WMS

Guitar Group Lessons



Have fun learning the fundamentals of guitar from a talented local singer, songwriter, and guitarist! Frank Enea, creator of "The Night Begins to Shine" and character on Cartoon Networks hit show "Teen Titans Go!" will offer after school lessons. Playing guitar is a lifelong hobby and assists in a child's development, instills confidence, inspires creativity, and yeah, it's cool too! This group lesson is customized to meet the student's own goals and skill sets. More info available at www.satellitemusicstudios.com

Day: Wednesday **Time:** 2:45—3:30pm

Dates: 5/3—6/7 (6 wks) **Fee:** \$195.00pp

Place: WMS Music Room **Instructor:** Frank Enea

Day Camps

Camp PeeWee

Ages 4 & Entering Kindergarten

Camp PeeWee offers young and first time campers the opportunity to join a fun-filled day camp right in town. Alongside Camp Bobcat, campers will participate in new and familiar activities like arts & crafts, games, story time, and daily theme activities with friends new and old! Special events and performers each week will highlight your campers experience. This camp will take place at Whisconier Middle School. Counselor to camper ratio will be 6 to 1 at the most for this camp.

Days: Monday—Friday **Weeks:** Listed below

Time: 9:00am – 12:30pm **Fee:** \$140.00pp

Place: WMS, 17 W. Whisconier Rd., Brookfield.



Camp Bobcat

Entering Grades 1-5

Camp Bobcat will be held at Whisconier Middle School this summer for boys and girls entering grades 1– 5. This half day camp features all of your classic summer camp memory makers! Organized activities, sports, and arts & crafts projects will fill the morning. There are also periods built into each day for campers to have free and creative play with friends on the playground. The half day experience is perfect for those who may be new to a camp setting! Returning campers are sure to find new activities, themes, and experiences as well. Special events, performers and workshops will help frame each week with its own theme. Group sizes will be limited and a camper to counselor ratio of 8 to 1. Thursday is beach day! For grades 2-5, camp will be at the Town Park Beach on Thursdays with drop off and pick up at Cadigan Park.



Days: Monday—Friday **Weeks:** Listed below

Time: 9:00am – 12:30pm **Fee:** \$140.00pp

Place: WMS, 17 W. Whisconier Rd., Brookfield.

Camp Weeks

Week 1: June 19th -23rd **Week 2:** June 26th-30th

Week 3: July 3rd-7th* **Week 4:** July 10th-14th

Week 5: July 17th-21st **Week 6:** July 24th-28th

Week 7: July 31st-Aug. 4th **Week 8:** Aug. 7th-11th

Week 9 *Camp Cadicopia Only: Aug. 14th –18th

*July 4th week will run Monday, Wednesday—Friday at a discounted rate of \$112.00pp.

Day Camps

Camp Cadicopia

Entering Grades 3-6

Camp Cadicopia is a day camp open to boys and girls entering grades 3-6 that takes place at Cadigan Park and the Town Park Beach. Experienced counselors lead this camp which offers structured games and activities, arts and crafts, sports, and lots of free play including beach activities and swimming! Each morning, camp starts at the Cadigan Pavilion where campers have time for board games and free play. A group activity follows before everyone heads to the beach! In the afternoon, camp heads back across the street to the park to utilize the turf fields, tennis and basketball courts. This summer, themes in nature, sports and fitness, the arts, and culture will frame each week with special activities, crafts, and games. A weekly trip to local entertainment venues and Friday pizza lunch is included!



Days: Monday - Friday **Weeks:** Listed below

Time: 9:00am – 5:00pm **Fee:** \$260.00pp

Place: Cadigan Park, 500 Candlewood Lake Rd.

Early Drop Off/Late Pickup Available:

Early drop-off (8-9am) and late pick-up (5-6pm) is available for families at an additional cost. Please indicate this option at time of registrations.

Early drop-off: \$25/week **Late pick-up:** \$25/week

Afternoon Only at Cadicopia:

For students with morning activities! Limited space available each week. Trip and Friday lunch included.

Time: 12:00-5:00pm **Fee:** \$135.00/week

Counselor in Training

Ages 14 & 15

Boys & girls, ages 14 and 15, are invited to join our CIT program that will teach them the skills needed to become successful camp counselors. CITs learn by doing and will gain lots of child care experience! Each CIT is paired with a Camp PeeWee or Camp Bobcat counselor group and help facilitate games, supervise play and mentor campers. CITs receive a t-shirt and handout resources to take home. Limited spots available each week. This program does not guarantee future employment.

Days: Monday - Friday **Weeks:** See left.

Time: 9:00am – 12:30pm **Fee:** \$75.00pp

Place: WMS, 17 W. Whisconier Rd., Brookfield.

Day Camps

Camp Voyager

Entering Grades 6-9



Camp Voyager will offer select weeks this summer! This travel camp for boys and girls entering grades 6-9 meet Mon.-Thurs. on select weeks for adventures in CT and NY. The camp is led by experienced, college-aged counselors with a camper to counselor ratio of 8:1. Each day is a new destination! This summer, the group will visit state parks and beaches, go bowling and play mini-golf, get wet at various water venues, attend a baseball game, and visit Lake Compounce! All trips, bus transportation, and a t-shirt are included in the fee. School busses and coach busses will be used for select, longer trips. Weekly schedules will not be available until the camp week approaches. We do our best to ensure that each week provides a variety of activities and experiences. Full schedules, detailed letter to parents, and expectations will be emailed to parents the week prior to camp. Morning drop off location TBD. Pickup at Cadigan Park.

Days: Monday—Thursday **Fee:** \$315.00/week
Time: 9:00am—5:00pm

Week 1: June 26th-29th **Week 2:** July 10th-13th
Week 3: July 24th-27th **Week 4:** Aug. 7th-10th

Early Drop Off/Late Pickup Available:

Early drop-off (8-9am) and late pick-up (5-6pm) is available for families at an additional cost. Please indicate this option at to time of registrations.

Early drop-off: \$25/week **Late pick-up:** \$25/week

Sport Camps

Kevin McGinniss' Slamma Jamma

Basketball Clinic



For students entering grades 1-9! Participants will receive individual and group instruction on all aspects of the game of basketball as taught by Coach

Kevin McGinniss and his assistants. This co-ed camp also features a shirt for every player, games, and contests. All campers should bring a water bottle and snacks. Campers are grouped by age and ability.

Days: Monday - Friday **Time:** 8:30am-12:00pm

Dates: 7/10—7/14 **Fee:** \$135.00pp

Place: BHS, 45 Long Meadow Hill Rd., Brookfield.

Sport Camps

Junior Volleyball Clinic



This camp is perfect for boys and girls who want to learn and develop basic skills of the game! Students entering grades 5—8 are invited to the BHS gyms to work on serving, setting, and hitting through activities, drills and games. Fun games and challenges will be played each day! This camp is great for those who want to have fun with friends as well as those working towards trying out for the high school team. Bring a snack and water bottle each day. Camp shirt included.

Days: Monday - Friday **Dates:** 7/17—7/21

Time: 8:30am – 12:00pm **Fee:** \$110.00pp

Volleyball Clinic

This recreational volleyball camp is designed for boys and girls in grades 9-12 who are looking to improve their game and keep their skills up in the summer. Beginners are welcome and will learn the basics of passing, setting, hitting, serving, blocking, and court positioning. Conditioning will be a daily aspect of camp as well. Campers should bring a water bottle, snack, and lunch each day. The camp runs for two weeks. Participants may register for individual weeks for \$115pp. Camp t-shirt included.

Days: Monday - Friday **Dates:** 7/24—8/4

Time: 9:00am – 1:00pm **Fee:** \$230.00pp

Place: BHS, 45 Long Meadow Hill Rd., Brkfd.

Beach Volleyball Clinics



Grades 5-6 & 7-8

This weekly clinic will allow young volleyball players new to the game the opportunity to learn and develop foundational volleyball skills and returning players to work on conditioning for the fall season. No experience necessary! Weekly activities, drills, and games will work on ball control, setting, spiking, rules, and teamwork. Outdoor and indoor rules will be taught. Players should wear comfortable athletic clothing and sneakers. Bring a water bottle! This clinic is coached by Westconn Volleyball Player, Abbi Debes and will be held at the Town Park Beach.

Day: Wednesdays **Dates:** 6/28—8/2 (6 wks)

Grades 5/6: 5:00-6:00pm

Grades 7/8: 6:00-7:00pm

Fee: \$72.00pp

Place: Town Beach, 500 Candlewood Lake Rd.,

Sport Camps

Tennisclubz Tennis Clinics



Tennisclubz junior mini camps are back again this year at Brookfield High School Tennis Courts for EIGHT WEEKS! Campers, ages 5-15, are invited to join our qualified and trained instructors to work interactively to improve their tennis game. Students will learn and improve upon fundamental tennis strokes and the skills and etiquette necessary to become successful tennis players. USTA Net Generation activities and lesson plans will be used as the basis for instruction each day. Campers should wear sneakers, athletic clothing, bring a racquet, water bottle & two snacks each day. Wednesdays are retro days! Wear your retro tennis gear and bring old racquets if you have them. Fridays are fun-filled with on and off court games, team activities and an award ceremony. One camp T-shirt for the summer is included in the fee. In case of inclement weather, a day may be cancelled.

Days: Monday - Friday **Fee:** \$200.00pp
Week 1: 6/19—6/23 **Week 2:** 6/26—6/30
Week 3: 7/10—7/14 **Week 4:** 7/17—7/21
Week 5: 7/24—7/28 **Week 6:** 7/31—8/4
Week 7: 8/7—8/11 **Week 8:** 8/14—8/18
Time: 8:30am – 12:00pm
Place: BHS Courts, 45 Long Meadow Hill Rd.

Skyhawks

Mini-Hawk Multi Sports Clinic



This multi-sport program, for ages 4-6, was developed to give campers a positive first step into athletics! The essentials of baseball, basketball, and soccer are taught in a safe, structured environment with lots of encouragement and a big focus on fun! The Mini-Hawk games and activities are designed to allow campers to explore balance, movement, hand-eye coordination, and skill development at their own pace. Skyhawks staff members are trained to handle the specific needs of young athletes. Camper to coach ratio will not exceed 8:1. Campers should wear weather appropriate clothing for outdoor play, sneakers and bring along 2 snacks and a water bottle each day. In case of rain, this program will meet in the gym.

Days: Monday - Friday **Dates:** 8/7—8/11
Time: 9:00am – 12:00pm **Fee:** \$145.00pp
Place: Whisconier Middle School Back Fields

Skyhawks Multi Sports Clinic



The Skyhawks multi-sport camp, for ages 7-11, was designed to introduce young athletes, ages 7—11, to a variety of sports in one setting. Four sports are combined into one, fun-filled week! Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of multiple sports along with valuable life lessons such as respect, teamwork, and self-discipline. Campers should wear weather appropriate clothing for outdoor play, sneakers and bring along lunch, 2 snacks and a water bottle each day. In case of rain, this program will meet in the gym.

Days: Monday - Friday **Dates:** 8/7—8/11
Time: 9:00am – 2:30pm **Fee:** \$185.00pp
Place: Whisconier Middle School Back Fields

Dance Workshops

Dance Workshop program dates and details are located on the top of page 21.

All campers should bring water and a healthy, peanut-free snack each day. Camps include dance or acting technique, crafts, a snack and story time, and a short observation for family and friends on the final day of camp. Campers are encouraged to attend multiple camps to have the most fun and see the most growth! Campers taking both morning and afternoon sessions are welcome to bring their lunch and eat with friends. Dancers must be potty trained. No prior experience is necessary to participate.

Magical Realms Ballet ~ Ages 3-5

Every day brings adventure and dance in new magical locations like the Mermaid Grotto, Unicornland, and the Magic Kingdom. Dancers will learn ballet fundamentals in a nurturing and encouraging environment.



Unicorn Ballet ~ Ages 3-5

Join us for the Magical Unicorn Camp where each day is an exciting adventure in a magical Rainbow Unicorn Land. Dancers in this preschool class will learn ballet fundamentals in a nurturing and encouraging setting.

Land of the Sweets ~ Grades K/1

Join the Sugar Plum Fairy and Clara on a journey through the Land of the Sweets, visiting Candy Canes, Hot Chocolate, Marzipan and other confectionary dancers. Dancers will learn choreography from the Nutcracker ballet and dance to Tchaikovsky's score.

Enchanted Kingdom Ballet ~ Grades K/1

Calling all magical dancers! Whether your favorite character travel by air on a magic carpet or swims under the sea...lives in an enchanted forest or dwells under a spell of a charmed castle, you don't want to miss this magical ballet camp filled with adventure!



Midsummer Fairies ~ Grades K/1

Join this journey full of fun and fairy dust! Dancers will have enchanting days where magic and movement have them dancing like fairies from their favorite stories.

Princess Ballet ~ Grades K/1

Come pirouette with us this summer for a week of dance, games, acting, crafts and more! Days will be themed around favorites Elsa, Jasmine, and Moana. Dancers will learn about ballet and themselves in a fun nurturing setting!

Dance Workshops

Contemporary Dance ~ Grades 1-4

Learn contemporary, modern, and jazz dance styles that encourage dancers to explore emotions and express themselves! Spend time working on technique along with musicality and performance qualities.

Hip Hop Jazz Dance ~ Grades 1-4

For grades 1-4. Join us a exciting, high-energy dance camp! Dancers will develop hip hop and commercial dance skills while learning fun and fast-paced combos. All music will have clean lyrics.



Acting Workshop ~ Grades 1-4

Join theatre camp this summer! These young actors will play theatre games, learn movement for the stage, beginning vocal exercises and character development. This camp is open to new and experienced actors.

Broadway Bonanza! ~ Grades 1-4

This fun-filled, fast paced theatre camp will incorporate the basics of acting, singing, and dancing! No experience necessary!

Magnificent Jewels Ballet ~ Grades 2-4

In this camp, you'll dance your way through the day as diamonds, emeralds, and rubies as you learn about George Balanchine's ballet, 'Jewels'. Dancers will learn the Balanchine style which involves quick movements. Sparkle through five days of crafts, dance & fun!

Nutcracker-Palooza Dance ~ Grades 2-4

Join us for this fun & exciting kick-off to every dancer's favorite season—Nutcracker season! Dancers will learn choreography from favorite roles in the Nutcracker while also making friends and improving ballet technique.

Sleeping Beauty Ballet ~ Grades 2-4

Your dancer is invited to Princess Aurora's Birthday Celebration! In this ballet camp based on the classic "Sleeping Beauty", dancers will learn to grand jete like the villainess, Caraboss, and pirouette like the heroine, Lilac Fairy.

Dress Attire: Female Ballet/Contemp—ballet slippers, tights, leotards. Male Ballet/Conemp—tshirt, shorts, ballet slippers. Hip Hop/Acting/Broadway—close fitting, comfortable clothing and sneakers. All long hair should be in a pony tail or braids. Ballet dancers in K/1 and up should have a bun.

Dance Workshops

Dance Workshops

Dance Workshop Summer Details:

All Dance Workshops: \$129.00/week

Dates: Morning Workshops: 9:15-11:45am

6/19—6/23	Magical Realms
6/26—6/30	Magnificent Jewels
7/3—7/7	Acting Workshop
7/10—7/14	Midsummer Fairies
7/17—7/21	Sleeping Beauty Ballet
7/24—7/28	Land of the Sweets Ballet
7/31—8/4	Unicorn Ballet
8/7—8/11	Nutcracker-Palooza Ballet

Afternoon Workshops: 12:00-2:30pm

Princess Ballet
Contemporary Dance
None
Broadway Bonanza
Hip Hop Jazz Dance
Acting Workshop
Enchanted Kingdom Ballet
Contemporary Dance



Attire: Female—ballet slippers, tights and leotards Male—T-shirt, shorts and ballet slippers. Additional information will be emailed prior to each camp session.

Location: BHS or WMS. To be communicated prior to start.

STEAM Programs

Sylvan Learning Robotics & Codemaker Workshop—Grades K-5

 Your child will have a blast using robotics to explore real-world challenges and investigate possible solutions. This Robotics and Science program offers fun, hands-on experiences that get kids excited about the world around them. Learn how to build and program robots with LEGO bricks and software. Aspiring coders will dive into creating animated stories and interactive experiences while learning essential programming concepts with Scratch. This drag-and-drop, creative environment, developed by MIT, uses sprites and code blocks to set a foundation of computational thinking—an essential skill in this tech driven world—enhanced by bright visuals and engaging designs. Each day, there will also be free time to code, play with art and design projects, and use LEGO's and gears among other activities. Campers should bring a snack, lunch and refillable water bottle each day. Chrome books are provided for the campers; however, if a camper would like to load class software for use at home, they can bring their laptops and any passwords needed to load software. Camp is led by instructors from Sylvan Learning of Brookfield.

Day: Monday – Friday **Dates:** 7/10—7/14

Time: 9:00am - 2:30pm **Fee:** \$329.00pp

Place: Brookfield High School

STEAM Programs

Paint, Draw & More! Workshop Grades 1-4



It's time for summer art! We look forward to seeing you again or if you have not tried Paint, Draw & More's fun, fun, fun art programs, now's the time. Parent say, *"We loved the class! Tons of cool art projects and many masterpieces to display at the end."*-AHC. *"Thank you so much for a wonderful week of art! My daughters loved every minute of their time"*-SLF Paint, Draw & More! allows students to express their creativity while learning technical skills that help them blossom and build self-esteem through their artistic accomplishments. Whether students continue in the arts or choose another path, this creative development will enhance their intellectual growth and understanding of math, history, and the sciences.

Activities will take place indoors and outdoors depending on the weather. Each day is comprised of a full day of creating fine art, some of which will include drawing, painting, maskmaking, weaving, sculpture, bookmaking, cartooning, collage, print-making, fiber arts, puppet making and group projects. Storytelling, music making, and movement will also be added as time allows. A compilation of the week's activities may end up in an art show or small performance for the parents. Students will have snack time, lunch break, and play art & theater games. Limited to 12 students.

Day: Monday – Friday **Time:** 8:30am - 2:30pm

Dates: 8/7—8/11 **Fee:** \$370.00pp

Place: Brookfield High School

STEAM Programs

Eyes 4 Learning Workshops

Building up S.T.E.A.M Using LEGO® (Ages 5-6)

Children will work independently and cooperatively as they begin to explore simple machines using LEGO® early childhood materials. Your child will work with and bring home evidence based lab sheets to share with family and continue the learning process outside of camp. Projects may include spin tops, motorcycles, and hockey players. Each day will include instruction, free builds and snack time.



Day: Monday – Friday **Time:** 7:45-10:45am

Dates: 6/26—6/30 (5 days) **Fee:** \$160.00pp

Place: Brookfield High School

S.T.E.A.M Works Using LEGO® (Ages 7-10)

Children work with standard LEGO® materials to problem solve pre-engineering challenges involving structure, levers, gears, pulleys, and other elements of simple machines. Your child will have the opportunity to work with and bring home evidence based lab sheets to share with family and continue the learning process outside of camp. Projects may include draw-bridges, flywheel cars, and amusement park rides. Each day will include instruction, free builds and snack time.

Day: Monday – Friday **Time:** 11:45-2:45pm

Dates: 6/26—6/30 (5 days) **Fee:** \$160.00pp

Place: Brookfield High School

Mad Science Workshop



Jurassic “Dig” Ventures: Come travel to the Jurassic times with Mad Science! We will get deep and have a real life big dig to see what we can discover! Campers will excavate fossils and examine big bones to learn all about dinosaurs and different animals that may or may not be around today. Find ancient artifacts such as arrowheads, coins, and jewelry that will help us understand how items were over time. Using the process of mummification, we will learn different ways to preserve items. This camp will include a ton of make and take home projects such as fossil reproductions and time capsules. Campers receive a Mad Science Lab coat and goggles.

Day: Monday – Friday **Dates:** 7/24—7/28

Half Day: 8:30—11:30am **Fee:** \$240.00pp

Full Day: 8:30—2:30pm **Fee:** \$390.00pp

Place: Brookfield High School

Youth Fitness

Intro to Taekwondo ~ Ages 4 & up

Now more than ever before, Taekwondo is needed. Students can learn to socialize, speak up, build confidence and self-esteem. Master Kris focuses on respect and the love of the family. Taekwondo teaches much more than kicks, punches, and defense. It can also help children focus, become peaceful, and gain the confidence needed in school and life in a fun way while making new friends with similar interests. Two classes a week for four weeks. This program is open to first time students only. Uniforms included. Teen and parents are welcome as well. We have an awesome Juniors and Adults students who will welcome you. Email wctbrookfield@gmail.com with any questions. See you at the Dojang!



Ages 4—12: (choose any 2 times weekly)

Days: Mon., Wed., Fri. at 4:30pm ~ Tue. at 5:50pm

Junior & Adult 13+: (choose any 2 times weekly)

Days: Tue. & Thur. at 6:30pm or 7:10pm

Dates: Classes on-going ~ Start Anytime!

Fee: \$129.00pp

Place: WCT, [317 Federal Rd., Brookfield.](#)

NEW ~ ‘Cats on the Run

Let’s get moving! Students entering grades 6-8, who are interested in running, are encouraged to join this fun group for an introduction! In addition to games, challenges, and gathering with like-minded peers, the group will learn about proper technique, nutrition, and hydration during each session. This program is led by BHS Cross Country Coaches Alene Lofink and Ed Butt (who also coaches girls’ indoor and outdoor track). Students should bring a water bottle and wear weather appropriate running attire and running shoes. In case of inclement weather, indoor instruction will be planned. Each participant will receive a custom tech tee and reusable water bottle.

Day: Tuesday & Thursday **Time:** 8:30—10:00am

Dates: 7/11—8/17 (12 classes)

Fee: \$120.00pp

Place: Town Hall Fields & BHS Track

Riding Camps & Lessons

Riding Camps and Lessons are held at:

Brushy Hill Farm, 15 Coachmans Dr., Southbury.

For more information, please contact:

Ev at 203-470-4353 or brushyhillfarm@gmail.com.

Visit the website at www.brushyhillfarmct.com.

Summer Riding Camp Ages 3+

This program welcomes riders of all ability levels. Camp includes daily riding lessons, basic horsemanship, farm safety, grooming, horse care, and tacking up. Camp is filled with horse related games, contests, professional demonstration, and prizes! During the daily riding lessons, beginners will have a 1:1 ratio with a leader while intermediate and advanced levels will have a 1:3 ratio. Brushy Hill's indoor facility allows camp to be held rain or shine. Orientation for parents will be held the Monday starting each week at 8:30am. Long pants, shoes with a heel, snacks and drinks are required each day. Brushy Hill Farm will provide helmets.



Days: Monday - Friday **Time:** 9:00am – 12:30pm

Fee: \$295.00/week

Week 1: June 19-23 **Week 6:** July 24-28

Week 2: June 26-30 **Week 7:** July 31-Aug. 4

Week 3: July 3-7 **Week 8:** August 7-11

Week 4: July 10-14 **Week 9:** August 14-18

Week 5: July 17-21 **Week 10:** August 21-25

Horseback Riding Lessons

Brushy Hills lesson program caters to students of all ages from beginners to seasoned veterans. Ev offers her lifetime of experience and extensive knowledge of the sport to help young riders. The program is hand tailored to each rider's needs to ensure that everyone may achieve their goals and full potential. Lessons are closely supervised in a safe and nurturing atmosphere and will provide students with solid foundations, the necessary skills to communicate properly with their horse and become good horsemen. Long pants & shoes with heel are recommended. Hard hats will be provided. Once registered, call 203-470-4353 to schedule lesson date and time.

Fee: ½ hour private lessons

4 Pack \$280, 8 Pack \$560.00

1 hour private lessons

4 Pack \$560, 8 Pack \$1,120.00



Brookfield Muskrats Swim Team

The Brookfield Muskrats is one of Brookfield's longest running programs. Any child, age 6 to 16, that is able to swim 25 yards is encouraged to join. Brookfield



Muskrats is a great first experience in competitive swimming and an opportunity for all children to enjoy the comradery of a team sport and improve their skills through frequent, small group interaction. Daily practices are designed to teach new skills, improve existing skills, and develop strength and endurance.

The season will begin on Monday, June 19th and continue through the end of July. Daily practices are held Monday through Friday at the Town Park Beach. (No practice Tuesday 7/4). The team participates in four or five weekday meets each season, both home and away. Away meets are scheduled with other local teams in the Stateline Swim League and are no more than a 30 minute drive from Brookfield. During the meets, swimmers are placed into events and compete against others of similar age and ability. At the end of the season, the team hosts a pot-luck picnic, to celebrate the team and recognize each swimmer.

This is a summer swim team with an emphasis on fun and we expect for swimmers to miss practices and/or meets to go on vacation and attend other activities. If a swimmer is attending Camp Cadicopia with us, arrangements will be made with staff to get swimmers back and forth from camp to practice.

There will be an orientation meeting for the parents of new and returning swimmers before the season begins in June. Season schedules and handbooks will be available at this time. Practice times vary depending on age group and may change from times advertised below depending on enrollment. A swimmer's age is as of July 1, 2023. *The purchase of a beach pass is required to register for the Muskrats.* All swimmers receive a Muskrats team t-shirt and swim cap.

Muskrats Fee: \$150.00pp/\$300.00 family max

Practices: 10 and under: 10:30—11:15am

11 and over: 11:30am —12:30pm

All swimmers new to the team must be able to swim 25 yards and will be evaluated by the team coach on the first day of the program. It is recommended that swimmers be at Red Cross Level 4 or above to join the Brookfield Muskrats.

Town Park Beach & Swim Lessons

TOWN BEACH SEASON PASSES

Come enjoy our beautiful Town Park Beach located at 460 Candlewood Lake Rd. Swimming, basketball, sand volleyball, plentiful picnic seating, BBQ grills, restrooms, individual and family changing rooms and more await you. All passes are for Brookfield Residents only. For purposes of these passes, a family is defined as two married adults and dependents living in the same household. Brookfield Parks & Recreation reserves the right to ask for proof of age and residency. *New residents must provide proof of residency in person at the Parks & Recreation Office.*

Passes will be sold beginning May 1st, 2023.

Family Pass: \$140.00

Individual Pass: \$90.00

Senior Family (Age 65+ and up to 4 grandchildren): \$110.00

Senior Individual (Age 65+): FREE **Daily Guest:** \$10.00

U.S.C.G. approved personal floatation devices are permitted for use by non-swimmers. They must be properly fitted Type 3 vests or Puddle Jumpers®.



2023 TOWN PARK BEACH HOURS:

MEMORIAL DAY WEEKEND: May 27—May 29

Saturday, May 27 10:00am—6:00pm

Sunday, May 28 10:00am—6:00pm

Monday, May 29 10:00am—6:00pm

SUMMER SEASON: June 15—August 20

Weekdays 10:00am—6:00pm

Saturdays 10:00am—6:00pm

Sundays 10:00am—6:00pm

EARLY SEASON: May 30—June 14

Weekdays Closed

Saturdays 10:00am—6:00pm

Sundays 10:00am—6:00pm

LATE SUMMER SEASON: August 21—September 4

Weekdays Closed

Saturdays 10:00am—6:00pm

Sundays 10:00am—6:00pm

Labor Day (Mon. 9/4) 10:00am—6:00pm

SWIM LESSON INFORMATION

Swim Lesson registration will open on May 1st, 2023

Held at the Town Park Beach, group lessons will run Monday through Thursday for a total of 4, 30 minute classes.

Should a class be cancelled due to weather, a make-up class will be offered on Friday.

A family beach pass is required in order to register for swim lessons.

Registrations will not be accepted once a session begins.

SESSION INFORMATION

Day: Monday—Thursday (Friday is makeup day)

Session 1: July 3—7 **Session 2:** July 10—13 **Session 3:** July 17—20 **Session 4:** July 24—27

Fee: \$40.00 (1 child) \$75.00 (2 children) \$110 (Family Max)

* No lessons July 4th

Swim Levels	Ages	Description
Pre-School Level	Ages 3/4)	Basic instruction and water introduction w/o parent
Level 1-Water Exploration	Ages 5+	Aquatics orientation with supported floating/kicking
Level 2-Primary Skills		Expanded fundamental locomotion & safety skills
Level 3-Stroke Readiness		Increase swimming competency, safety/rescue
Level 4-Stroke Development		Develop confidence and competency in strokes
Level 5-Refinement		Refinement of crawl, back, breast & side strokes

TIMES	10:30-11:00am	11:15—11:45am	12:15—12:45am	12:45-1:15pm	1:15-1:45pm	2:00-2:30pm
Instructor 1	Level 1	Level 3	Pre-School	—	Level 2	Pre-School
Instructor 2	Level 2	Pre-School	Level 1	—	Level 1	Level 4

Rental Facilities

Lakeside Community Room



460 Candlewood Lake Road

The Lakeside Community Room at the Town Park Beach is an ideal location to host casual meetings, birthday parties, baby showers, retirement parties and other celebrations for groups of up to 50 people. The seasonal, climate controlled main room measures 26' x 24', and features spectacular views of Candlewood Lake. Weather permitting your reservation includes use of the adjacent 12'x40' stone patio as well as the other amenities in the park including a modified basketball court & sand volleyball court.

Reservations are accepted for three consecutive hours. Set up is permitted one hour prior to your scheduled reservation and clean up for up to one hour after. Set up and clean up times are provided as a courtesy and are not to be used as additional event time. Fee for use by Brookfield residents is \$200.00. Additional fees apply for events with swimming or extended hours. Due to Fire Code restrictions all events must end by dusk. No indoor cooking permitted.

Cadigan Pavilion



500 Candlewood Lake Road

Cadigan Park is located directly across the street from the Town Beach on Candlewood Lake Rd. The pavilion offers a great outdoor location for a birthday party or cookout. Reservations limited to groups of 50. Includes use of picnic tables and BBQ grills. Electric available. The park also has tennis courts, a basketball court, and athletic fields the group can use if available. During the summer season, your reservation includes use of the Town Beach amenities (across the street) during regular beach hours.

Rental Facilities

Town Hall Bandstand



100 Pocono Road

Located in close proximity to the Kids Kingdom Playground, the Bandstand is frequently reserved for children's birthday parties. Reservations include use of two picnic tables under the Bandstand, use of playground (along with general public) and use of athletic fields if available. No charcoal grills permitted. Gas grills are permitted on brick apron in front of Bandstand.

Renting Facilities:

Those interested in renting a Brookfield Parks & Recreation facility should complete the Facility Rental Form located online www.brookfieldparksandrec.com. These seasonal facilities are available on a first come, first serve basis and can be reserved up to six months in advance for residents, and three months in advance for non-residents.

Frequently Asked Questions:

Q: How do I schedule my event?

Visit www.brookfieldparksandrec.com

A: Before completing your reservation form, call our office at 203-775-7310 to check the day and time. If the date is available, complete & return the form to our office. Credit card payment can be taken by phone.

Q: How much is a rental?

A: Rental fees vary by location and resident/non-resident or business use. Reservation information at www.brookfieldparksandrec.com

Q: Is a deposit required?

A: A refundable, \$75.00 deposit is required with all reservations. Deposits are refunded provided the facility is left clean and undamaged. Cancellations within two weeks of an event results in lost deposits.

Q: Is insurance required?

A: Yes, a certificate of insurance (general liability) is required. This is often available through your Insurance carrier.

*Additional information and FAQ's are available at www.brookfieldparksandrec.com

Facility Passes

Boat Ramp Season Pass

Boat ramp passes are available to Brookfield residents and/or Brookfield homeowners. **Residents MUST provide their current boat AND trailer registrations to Parks & Recreation in person at our office (162 Whisconier Rd.) to obtain your pass.** Copies from prior years are not kept on file.



Trailer Boat: \$140.00

Senior Pass—Trailer: \$85.00

One Day (In-Office Only): \$25.00

Car Top Vessel: \$70.00

Senior Pass—Car Top: \$50.00

Williams Park Tennis Season Pass



Williams Park features two well-maintained Har-Tru clay courts. Season passes are available to Brookfield residents and allow users to reserve up to two hours a day a week in advance. Details on reservations will be made available to pass holders via email in advance of the season. Courts are expected to open Memorial Day Weekend and will remain open through October or as long as the weather permits.

Household Tennis Pass: \$120.00

Senior Tennis Pass: \$85.00



Mother's Day WeCare 5K Presented by Brookfield High School NHS Sunday, May 14, 2023 • 9:00 AM start Brookfield High School • 45 Long Meadow Hill Road

We're proud to be supporting Brookfield resident **Thomas Mix and his family**, sharing the miracle of their story. Dedicated to curing all types of blood cancer, the Leukemia and Lymphoma Society is the largest non-profit health organization dedicated to funding blood cancer research, and providing education and patient services.

REGISTRATION:

\$25 online @ RunSignUp.com by Wednesday, May 10 at noon

- Chip timing • Walkers, joggers and strollers welcome
- T-shirt to first 100 registrants & dozens of door prizes!
- Pick up race day packets after 8am on race day
- Water and snacks will be available
- Overall times will be tracked and posted at GraystoneRacing.net



AWARDS:

- Overall Male and Overall Female: 1st, 2nd, 3rd place
- First Place Female in each age group: 8 and under, 9-13, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79
- First Place Male in each age group: 8 and under, 9-13, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79
- TROPHIES awarded to each first place team: Mother/Daughter and Grandmother/Granddaughter*
- TROPHIES awarded to each first place team: Mother/Son and Grandmother/Grandson*

*Runners must enter together as a team, pay as individuals. Teams are not eligible for individual awards.

COURSE ROUTE:

Brookfield High School - Long Meadow Hill Rd - Hop Brook Rd (cone turnaround) - Long Meadow Hill Rd - Brookfield High School



To register **by mail** by **May 8**. Send with check payable to "BHS, Student Activity Fund" to:
Brookfield High School - NHS • 45 Long Meadow Hill Road • Brookfield CT 06804

Name _____ AGE _____ SEX _____
Address _____
City, State, Zip _____
Telephone _____ Email: _____ Adult T-shirt size preferred? Circle: S M L XL
Team Category and Participant Names: **M/D, M/S, G/D, G/S** _____

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Community

YOUTH SPORTS ORGANIZATIONS:

Brookfield Baseball & Softball Association (BBSA)

www.brookfieldbbsa.com

Steve Harding Sr. – President

proff1960@aol.com ~ 203-770-4424

Brookfield Pop Warner Football & Cheer

www.brookfieldpopwarner.com

David Alger - President - david.a.alger@gmail.com

Brookfield Lacrosse Club

www.brookfield-lax.org

Jeff Praissman – Boys President

jpraissman@gmail.com

Holli Carl—Girls President

Brookfield Soccer Club www.brookfieldsoccer.org

Sam Ramzy-Registrar

registrar@brookfieldsoccer.org

Brookfield Basketball Association (BBA)

www.bbabrookfield.com

Chris Travis - brookfieldbbapresident@gmail.com

Brookfield Conservation Commission



The Brookfield Conservation Commission will hold programs this spring on invasive species education and removal, Earth Day, Trails Day, and No Mow May.

Save our Native Plants, 6:00pm—4/18, 6/22, 9/21

Invasive Plant Removal at Williams Park, 9am-12pm

Dates: 4/15, 5/6, 6/24, 7/22, 9/23, 10/14

Rain Dates: Next Day

Earth Day 2023, 10am-1pm —4/22 at Erickson Farm

No May May—May 2023 in your yard!

Trails Day, 10am-12pm—6/3 at Birch Rocks Preserve

City Nature Challenge—4/28—5/1

Program details and information will be posted on the

[Friends of Brookfield Conservation Commission](#)

Facebook Group.

Spring into Summer Block Party

Brookfield Town Center 4 Business will host the 3rd annual event on June 4th from 11:30am - 4:00pm. Stop in and visit town vendors, enjoy live music, food, arts & crafts, performing arts, fun, games, and more!



Fee: FREE **Location:** Old Route 7, Brookfield

Community

Frequently Requested Contact Information



Boy Scouts	Ken Witmyer	ken.witmyer@gmail.com
	Airielle Smith	aerielle.smith@yahoo.com

Cub Scouts	Sara Vannucci	
	Katie Rose	Cscout135@gmail.com
	Orie	

Brookfield Education Foundation (BEF)

brookfieldeducationfoundation@gmail.com

Conservation Commission	Land Use Office	(203) 775-7316
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Garden Club	brookfieldgardenclub@yahoo.com
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Girl Scouts	https://www.gsfc.org
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Brookfield Lion's Club	Alan Peck—President	
	Membership Info—	diezemann@sbcglobal.net

MOMS Club® of Brookfield	themomsclubofbrookfield@gmail.com
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Senior Center	(203) 775-5308
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Social Services	(203) 775-7312
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Women's Club of Brookfield	Cynthia Buzcek	(203) 470-7291
	Laura Pizzirusso	(203) 775-6283



Brookfield Lions Club

Annual Earth Day Project

Our Lions Club members will be joining with the Brookfield High School Leos in a town-wide cleanup.

Cadigan Park ~ Brookfield High School

Still River Greenway ~ Lillinonah Woods

For more information, please contact:

Karl Noivadhana: knoivadhana@att.net



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RECREATION STAFF:

Laura Murphy, Parks & Recreation Director

Dan Gagne, Recreation Supervisor

Liz Gavagan Burandt, Administrative Assistant



The Brookfield Parks & Recreation Department does not discriminate on the basis of race, color, national origin, gender, religion, age or disability in provision of programs and services. Individuals with disabilities are encouraged to register.

PARKS MAINTENANCE STAFF:

Chris Rabuse Parks Supervisor

Chris Shaw Crew Leader

Rob Haggarty Parks Maintainer

Mike Schaniel Parks Maintainer

Chris Montchal Parks Maintainer

Trevor Skok Seasonal Maintainer

The Brookfield Parks & Recreation Department is complying with the Americans with Disabilities Act (ADA) Public Law 101336. The law addresses issues of accessibility of facilities and programs. Provisions of reasonable program accommodations will be made on a case-by-case basis to allow people with disabilities to participate in and benefit from programs. Documentation of disability is required when requesting reasonable modifications.

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Register ONLINE now for spring programs!

Log on to our new website below to get started! Create your account at:

www.brookfieldparksandrec.com

Questions? Call 203-775-7310 or email parks&rec@brookfieldct.gov